

Reminding "Seasoned Citizens" to continue to laugh, learn and love their lives...

How I feel affects other people !!!

I have a different man-made calendar with different celebratory days this month:

May 1 May Day (Mexico Labor Day) May 2 Eastern Orthodox Easter May 4 National Teachers Day May 5 Battle of Puebla (Cinco de Mayo) May 9 MOTHER'S DAY (IS IT EVER NOT???) May 10 MOTHER'S DAY (Mexico)

May 15 Armed Forces Day May 24 Victoria Day (Canada) May 22 National Maritime Day May 31 MEMORIAL DAY (IS IT EVER NOT???)

Don't reduce your celebration(s) to calendar moments.

To book Sporty to share his powerful and joy-filled message with your group: <u>www.sportyking.com</u> If you or someone you know would like to receive a copy of this newsletter by email, send request to <u>Sporty@sportyking.com</u>

So NOW it's time to take a seat... Clean yourself up... Enjoy!!! MAY is 1 of the 12 best months for loving, living and laughing... Even in a Second Pandemic Year!!!

HEALTH WARNING!!!



UNDERESTIMATE THE HEALING POWER OF LISTENING TO YOUR FAVORITE MUSIC ON FULL BLAST WHILE DANCING AROUND THE HOUSE LIKE AN IDIOT.

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The Anniversary

A woman awakes during the night to find that her husband is not in bed. She puts on her robe and goes downstairs to look for him. She finds him sitting at the kitchen table with a hot cup of Cocoa in front of him. He appears to be in deep thought, just staring at the wall. She watches as he wiped a tear from his eye and takes a sip of his Hot Cocoa.

"What's the matter, dear?" she whispers as she steps into the room, "Why are you down here at this time of night?" The husband looks up from his Cocoa, "It's the 20th anniversary

The husband looks up from his Cocoa, "It's the 20th anniversary of the day we met."

She can't believe he has remembered, and starts to tear up. The husband continues, "Do you remember 20 years ago when we started dating? I was 18 and you were only 16," he says solemnly. Once again, the wife is touched to tears, thinking that her husband is so caring and sensitive. "Yes, I do," she replies. The husband pauses. The words were not coming easily.

"Do you remember when your father caught us in the back seat of my car?"

"Yes, I remember," said the wife, lowering herself into a chair beside him.

The husband continued. "Do you remember when he shoved the shotgun in my face and said, 'Either you marry my daughter or I will send you to prison for 20 years?"

"I remember that too," she replied softly.

He wiped another tear from his cheek and said, "I would have gotten out today."

~ Husband Unknown (Case Unsolved ...)

~ Thanks Roberta/CW]

M.A.Y. (Many Adore You)



Not only can 'No' be a full sentence... It is often the beginning of the next: No Explanation Necessary!' And to assure you that I don't be-~ Sporty King

Sometimes we feel the need to "explain-to-justify" our denial of someone's request when, in truth, they really don't care about our reason because it doesn't make their want/need go away. Their "not caring" is not necessarily bitter. Their new 'need' simply turns into their next option. lieve it's bitter feel free to replace 'someone's... they... [and] their' with 'Sporty.' I'm comfortable with being denied because I can't

count how many times I haven't gotten what I wanted nor been able to give when I wanted to.

What I have done is learned to 'hear' KNOW in recognizing that I had to seek another option ... believing that God will supply that ram in the bush as I appreciate how he wants me to satisfy my need. Believe me I KNOW that's not easy! That's why I do it.

Sometimes we try to 'reach' people How I feel affects other people !!! by 'judging' them. WHAT??? Think about it... have you ever tried to figure out what to say based on someone's age, education, gender, relationship status, religion, sex, size, etc.? Innocent enough we all have and please continue to do so with compassion. What you don't want to do is forget is that there is someone in your audience who has 'judged' you on the same criteria and decided you're not gonna

If you try too hard to **REACH** people you increase your chances of overshooting them. You don't have to be everyone's messenger! ~ Sporty King

'reach' them. Stay your authentic self and let the people who want you as a messenger enjoy and appreciate you.



If you don't understand scripture it'll get used against you and you won't be ready to use it. Never does it say there is no battle. Being YOU gives US the best chance to be used properly.

The Battle is NOT yours. Yet, sometimes you are the Lord's main weapon.

Every moment is an opportunity for you to enjoy making AN-OTHER good decision. You've made so many, yet sometimes get caught in others' acceptance and focus on the bad ones. Keep reminding yourself that the game of Life cannot be played from the stands. You've got to get on the court, field, floor, case... and in control of the gift you possess. You've got to decide to be in it for the long run

If you're tall enough to get on the ride you have to decide whether or not you're going to play the game. ~ Sporty King

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How I feel affects other people !!! Ultimately the only way we are going to be able to live is together. Wanna start today? ~ Sporty King



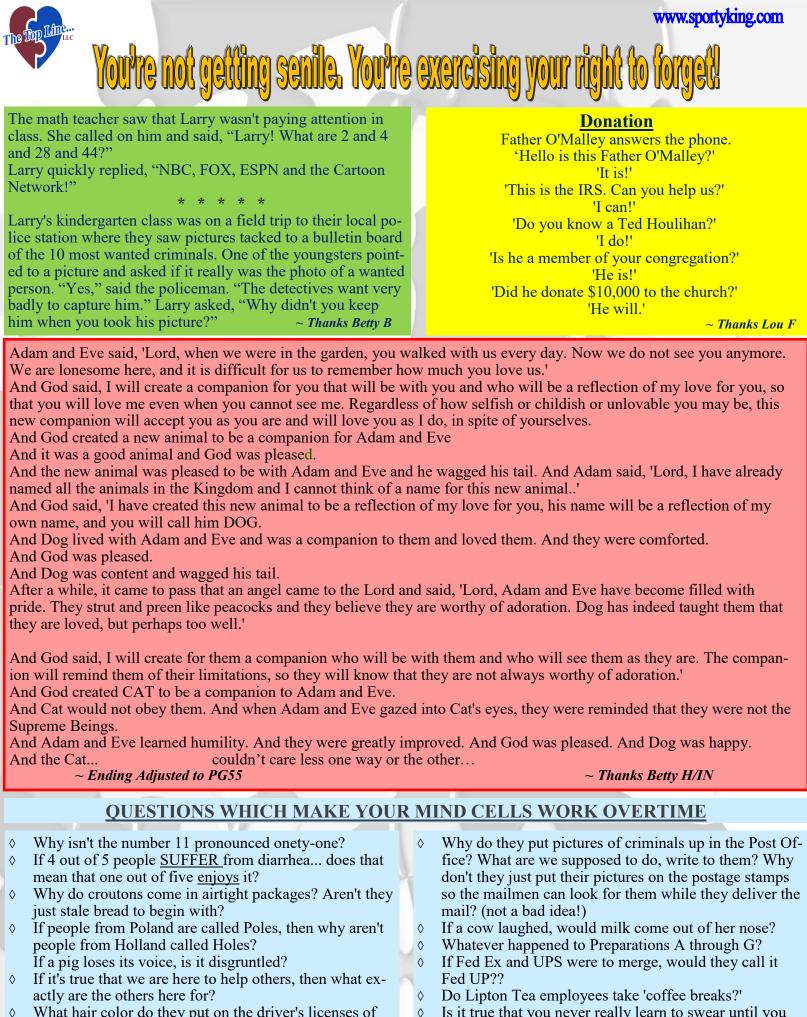
G.O.A.L.S. (Gifts Our Angels Love Sharing) You attract what you portray. Don't just start with the (wo)man in the mirror. Stay with her/him!!! ~ Sporty King

If I can't talk about my storm while I'm in it, I've already given in. Sporty King

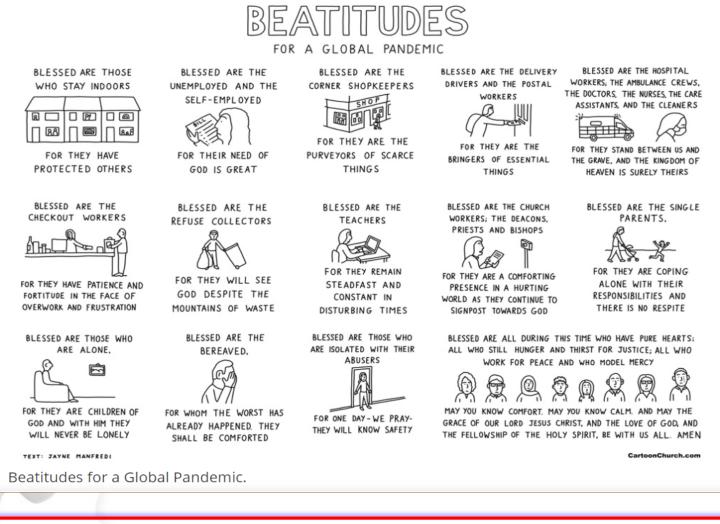
When you learn **HOW to embrace failure** you recognize that you're actually just holding onto a lesson called 're-direct!' ~ Sporty King

How I feel affects other people !!! the Hop Line. 'Strong,' like wisdom, is in retrospect. Remember to look back and see how you've handled the storms. ~ Sporty King





- What hair color do they put on the driver's licenses of bald men? (I have wondered this for years!!!)
- ◊ Is it true that you never really learn to swear until you learn to drive? ~ Maxine





How I Feel Affects Other People!!!

Keep up with the kids...

moth.er (muTH'.er) n.

I explained that you are at your strongest I laughed and told them you are unique. Yesterday someone tried to define you. Whenever you seem to be weak

You put on "new hats" spontaneously You are somebody's sister and friend. And that though you are my mother, You work magic again and again.

that your touch is comforting. that your voice is soothing... that your wisdom is pure... I helped them understand

See, I'll always be your biggest fan For you'll always be one of a kind. (I hope you don't mind) Oh, I went on and on.

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I never published this poem in a book. It was created when I tried my hand at starting a line of Greeting Cards I'm gonna put my hand back in that jar this year. Be on the lookout. AND

Expect to hear about my Inspirational Card Option:

It can be used as a game... an insert for mailing.. I can't wait to read about your creative uses!!! And will be available for purchase ASAP positive Ac-Firmations[®] for sharing. They're in production NOW **Passing Thoughts...**

(As Soon As Printed)

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Don't complain about young people having something for them. ~ Sporty King at the same time it so easy while you're doing LOL How I Feel Affects Ot













