

... How I feel affects other people!!!



Dedicated to the ladies at Joliet Junior College  
Learn To Earn '99 Thursday, April 1, 1999  
Our theme word was SELF. Most of the capitalized words  
beginning with 1 of those 4 letters were volunteered  
by the women during our class...

# The Journey Within

My next Step Surprised (even) me. . .  
on the outside it was bold without a care  
my Smile . . . my walk . . . my actions  
aimed at the Success so many have come to fear.

For the challenge to maintain and repeat this pace  
has damaged many a Fickle Spirit and Erased a Lazy disposition.  
Fortunately, my path continues to Feed  
and Fulfill my Stride to Excellence through Education

And as the vision of my Fruitful ascension takes it's Shape  
I Feel Empowered to describe myself in words that Emulate my Splendor:  
. . . Smart . . . Energetic . . . Likable . . . Funny . . .  
even Stupendous . . . Effervescent . . . Luxurious and Fabulous,  
as this heightened interior awareness  
decorates a Lavish Exterior of Sensitivity.

My Surroundings' adjustment to my rejuvenated Lifestyle  
allows itself to Freeze in its tracks  
while my Focus on the prize cushions my every Step

Family, Friends and Fantasy Strengthen my commitment to Survive...  
as my Search to Flourish, rather than Exist,  
becomes the passion that keeps me alive.

My road widens in anticipation of the Emotional celebration  
of a heart Flushed with Love, Excitement  
and Stimulating thoughts of myself that Suddenly become captured  
as the reality that guides my Faith-Filled Landing in Everlasting Silence.

And, yes, this is only the beginning.

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I added some while creating and also tried to have them in a row  
(S-E-L-F) as often as possible. I was able to do so several times.  
How many can you find?

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