

Sincerely Help, Inspire & Nurture Excellence OK, it's just an acronym, but does it make sense?

You see, what we see
And what we say
Carry over into others' lives
And impacts their day

So we must measure our words Recognize the spirits they touch Know our words have a lingering effect They can be too few... or even too much..

(Understand W.O.R.D.S.)
What Others Remember & Digest Strengthen Spirits
So often our actions are based on what we hear
If you prophesize failure and hopelessness

For words go into the spirit
Then we share them with the next in line
If you speak of joy and the blessing of the next step
You'll find that your walk is fine

When you speak, speak of excellence
For perfection cannot be reached
Make it your goal to preach what you practice
Beyond practicing what you preach

So as you find ways to help people
Start out by helping yourself
Exercise your mind... your body...
And please exercise your spiritual health

For each of us must keep growing Keep finding new ways to enjoy your stay God has brought us beyond a new year S.H.I.N.E. and celebrate a Happy New Day