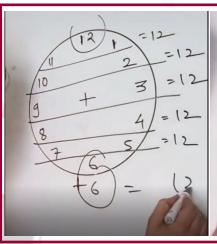
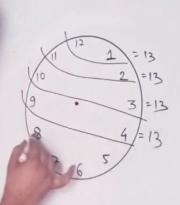
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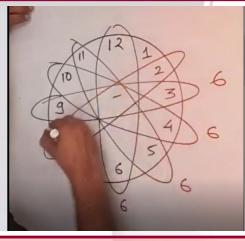
# The Golden Brick **August 2021**

### How I Feel Affects Other People!!!

Reminding "Seasoned Citizens" to continue to laugh, learn and love their lives...







IT ALL **ADDS UP** NOW! TIME 4 THE GBR!!! ~ Thanks Sue S & **Betty H/IN** 

To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

Clean yourself up... Enjoy!!! for loving, living and laughing... Even in a Second Pandemic Year!!!

So NOW it's time to take a seat... **AUGUST** is 1 of the 12 best months

#### **HEALTH WARNING!!!**



As we get older, we think differently, don't we? This letter was sent to the principal's office after the school had sponsored a luncheon for the elderly. An elderly lady received a new radio at the lunch as a prize and was writing to say thank you. This story is a credit to all humankind .... especially if you are familiar with the elderly and their ways. Forward to anyone you know who might need a lift today.

#### Dear Lincoln Elementary,

God bless you for the beautiful radio I won at your recent Senior Citizens luncheon. I am 85 years old and live at the Springer Home for the Aged. All of my family has passed away. I am all alone now and it's nice to know that someone is thinking of me. God bless you for your kindness to an old forgotten lady.

My roommate is 95 and has always had her own radio, but before I received one, she would never let me listen to hers, even when she was napping. The other day her radio fell off the nightstand and broke into a lot of pieces. It was awful and she was in tears.

Her distress over the broken radio touched me and I knew this was God's way of answering my prayers. She asked me if she could listen to mine, and I told her Hell No! (PG55)

Thank you for that opportunity.

Sincerely, Agnes

~ Unknown (Listener!)

~ Thanks Sue S & Betty H/IN You own the front page this month! @

#### A.U.G.U.S.T.

Always Understand God Understands! Stay Tough!



# You're not getting senile. You're exercising your right to forget







you are the best is an insult!"

### YOU ARE NOT ALONE!!! EVERYONE'S GOT SOME KIND OF CHALLENGE AND VICTORY!!! How I feet affects other people!!!



'Mr. Clark, I have reviewed this case very carefully,' the divorce Court Judge said, 'And I've decided to give your wife \$775 a week,' 'That's very fair, your honor,' the husband said. 'And every now and then I'll try to send her a few bucks myself.'

You can't anticipate
who God will save
and you never know
who his spies are,
because they don't hide...
you choose
not to recognize them.

~ Sporty King



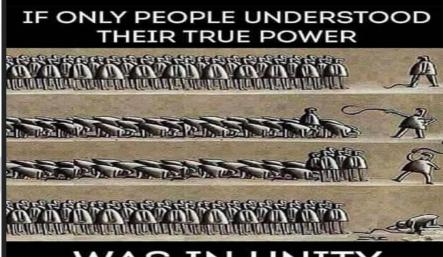
Your choice of words make a difference in the lives of those you touch, seen and unseen. My friend, Ramona H/Chi, used her ABC's of positive words to celebrate Christmas in July.

You may have to look closely to see some of her words... yet THAT's what positivity is about: Looking Closely!!!

How I feel affects other people!!!

Put yourself first... take care of your PMS (Physical, Mental and Spiritual) self, so that you CAN take care of those you love.

Many people enjoy
and admire
your honesty,
until you tell the truth
about them.
Stay Honest!!!



#### WAS IN UNITY

What do you call someone with no body and no nose? *Nobody knows.* 

If you don't take care of yourself **Physically**, how will you be able to help a loved one up if they fall? **Mentally**... give life changing advice in tough times? **Spiritually**... encourage someone to keep the faith following your example?



# The Golden Brick

How I feel affects other people!!! chAllenges HAVE to come at you ALL at once, or they have no chance of overcoming you

All at the same time... remember a time where you didn't have your rent money, your car broke down, your relationship broke UP, you loss your job or best friend (human or animal), and you burned the toast!!!

Alone... 4 out of 5 of those are enough to put your joy on hold for a long time.

Yet... Alone... each of them brought you temporary discomfort (didn't you just smile?).

Together... God and You have paid, fixed and found a way to help you remember that he is ALL you need.

Alone... you'll have to figure the toast thing out!

Imagine thinking so highly of yourself that you're a blessing to others.

So many have twisted that to sound self-centered. Yet part of the blessing is in how you make other people feel THROUGH you. Someone needs to see your unrelenting confidence just so they can muster up enough hope. Do

How I feel affects other people!!! When I fall it will be such a long flight to the bottom I'll have time to learn to fly. I guess that's what being an angel is all about. © Morning... Noon... & Night... ~ Sporty King

that person and, most importantly, yourself the favor of flying high and shining low... with what you know!

How I feel affects other people!!! It's rarely about, "If they can do it I can do it!" It's ultimately about, "I am willing to find a way to do it." ~ Sporty King Have you been inspired by someone else's accomplishment, and credited them for your success? There's always someone to give partial credit to. Yet be sure to shift the focus to your achievement and appreciate them as a step on your ladder. Realize that that was a step on their ladder.

How I feel affects other people!!!

Many people enjoy and admire your honesty, until you tell the truth about them. **Stay Honest!!!** 

~ Sporty King

you think the more you'll think of!

How I feel affects other people!!!

The more

~ Sporty King

Why spend time on giving the Devil "credit" for being busy, when you can proclaim how ultimately fruitless his efforts will be? Focus on giving God the glory for what he keeps doing to set you free.

How I feel affects other people!!! atan is still behind me trying harder to catch up, because I'm so much more easily moving toward the finish line. Meanwhile, my seeing the hurdles as properly placed by God will remain my strength, and fuel my endurance. ~ Sporty King

How I feel affects other people!!! I cannot tell you how happy I am

that all didn't go

the way I planned...

Have you ever been so thankful and overjoyed with Plan B?

From July 6-10, 2010 I drove from Chicago to Charlotte to begin my new life. On the way: 1) My car's engine broke down unworthy of repair, so I had to buy a new one on auction

2) While waiting for that happy ending I sat through a power

outage for several hours in Corbin, KY

3) When that was over my high school Brother, Marvin, came to pick me up from '80 miles away' Knoxville, TN (where I would buy the car)

4) July 8 I drove back to Corbin, transferred the tires from my old car to the new (same model) and gifted the old one to the mechanic who didn't charge me for the diagnosis or storage... to sell for parts

5) Resuming my drive to Charlotte got a call from Sheila Quinn Funderburke about filling a spot on a new grant for the Urban League that following week. So much for me getting here on July 7, 2010!!! Think about 3-5 parts in your Plan "C" that you can smile about?

Have you ever said something so fast that you surprised yourself about how right you were? The truth really is that we know more than we give ourselves credit for. Yet when we grasp and acknowledge that truth what will surprise us next is how many others give us credit, and bless us with a hearty 'Thank You!'

How I feel affects other people!!! If you've noticed a difference in your life, it's because you just grew one day older.

© Starting Today...

Staying positive takes work, not luck. A surprise is good every now and then. Just don't forget that you've worked hard and good things 'will' seem to come more naturally.

Imagine that your thoughts have been focused on the positive things and blessings weaving through your life. How much more blessed will you feel? How much more passionately will you say, "God is Good!"?



# You're not getting senile. You're exercising your right to forg

#### A Lawyer and a Senior

A lawyer and a senior citizen are sitting next to each other on a long flight. The lawyer is thinking that seniors are so dumb that he could get one over on them easily. So, the lawyer asks if the senior would like to play a fun game. The senior is tired and just wants to take a nap, so he politely declines and tries to catch a few winks.

The lawyer persists, saying that the game is a lot of fun. "I ask you a question, and if you don't know the answer, you pay me only \$5. Then you ask me one, and if I don't know the answer, I will pay you \$500," he says. This catches the senior's attention and to keep the lawyer quiet, he agrees to play the game.

The lawyer asks the first question. "What's the distance from the Earth to the Moon?" The senior doesn't say a word, but reaches into his pocket, pulls out a five-dollar bill, and hands it to the lawyer.

Now, it's the senior's turn. He asks the lawyer, "What goes up a hill with three legs, and comes down with four?"

The lawyer uses his laptop to search all references he can find on the Net. He sends emails to all the smart friends he knows; all to no avail. After hours of searching, he finally gives up. He wakes the senior and hands him \$500. The senior pockets the \$500 and goes right back to sleep.

The lawyer is going nuts not knowing the answer. He wakes the senior up and asks, "Well, so what goes up a hill with three legs and comes down with four?"

The senior reaches into his pocket, hands the lawyer \$5, and goes back to sleep.

~Unknown Jokester (*Oops... \$5 please*)

~ Thanks Mable W/Chicago

I told my physical therapist I broke my arm in two places. He told me to stop going to those places.

Patient: "Doctor, you have to help me, I think I can see in the future."

Doctor: "When did it start?" Patient: "Next Friday."

A man is recovering from surgery when the Surgical Nurse appears and asks him how he is feeling.

'I'm O. K. but I didn't like the four-letter-word the doctor used in surgery,' he answered. 'What did he say,' asked the nurse. 'OOPS'

#### IT'S A MIRACLE!

Dr. Bloomfield was known for his extraordinary treatment of arthritis. One day he had a waiting room full of people when an elderly woman, almost bent over in half, shuffled in slowly, leaning on her cane. When her turn came, she went into the doctor's office, and, amazingly, emerged 5 minutes later, walking completely erect with her head held high. A woman in the waiting room who had seen all this rushed up to her and said, "It's a miracle! You walked in bent in half and now

do?" The other woman responded, "He gave me a longer cane."

you're walking erect. What did that doctor

~ Unknown (Miraculously) ~ Thanks Gloria/SC

LESSON LEARNED

A guy walks into a bar with his pet monkey. He orders a drink, and while he's drinking, the monkey jumps all over the place, eating everything behind the bar. Then the monkey jumps onto the pool table and swallows a billiard ball.

The bartender screams at the guy, "Your monkey just ate the cue ball off my pool table – whole!"

"Sorry," replied the guy. "He eats everything in sight. I'll pay for everything.

The man finishes his drink, pays and leaves.

Two weeks later he's in the bar with his pet monkey again. He orders a drink, and the monkey starts running around the bar. The monkey finds a maraschino cherry on the gar. He grabs it, sticks it up his butt, pulls it out and then eats it.

The bartender is disgusted. "Did you see what your monkey did now?" he

"Yeah," replies the guy. "He still eats everything in sight. But ever since he swallowed that cue ball, he measures stuff first."

~ Unknown *(Lesson learned!)* 

~ Thanks Gloria/SC

A man had been drinking at the bar for hours when he mentioned something about his girl-

friend being out in the car. The bartender, concerned because it was so cold, went to check on her. When he looked inside the car, he saw the drunk's buddy, Pete, and his girlfriend going at it in the back-seat. The bartender shook his head and walked back inside. He told the drunk that he thought it might be a good idea to check on his girlfriend.

The drunk staggered outside to the car, saw Pete and his girlfriend entwined, then walked back into the bar laughing. "What's so funny?" the bartender asked.

"That damned Pete!" the drunk chortled, "He's so drunk, he thinks he's me!" ~ Unknown (but not me...)



## You're not getting senile. You're exercising your right to forget

### FEAR STRIKES 2000-Yak is going to destroy everything! 2001 - Anthrax is going to Kill us all! 2002 - West Nile Virus is going to Kill us all! 2003 - Sars is going to Kill us all! 2005 - Bird Flu is going to kill us all! 2006 - Ecoli is going to kill us all! 2008 - Financial Collapse is going to kill us all! 2009 - Swine Flu is going to kill us all! 2012 - The Mayan Calender predicts the world ending! 2013 - North Korea is going to cause WWIII! 2014 - Ebola Virus is going to Kill us all! 2015 - 1515 is going to Kill us all! 2016 - Zika Virus is going to kill us all! 2020 - Corona Virus is going to kill us all! The truth is FEAR is going to kill you ... Turn off the TV. and wash your hands!

#### HIS AND HER DIARY FOR THE SAME DAY:

#### Her Diary:

Tonight, I thought my husband was acting weird. We had made plans to meet at a nice restaurant for dinner. I was shopping with my friends all day long, so I thought he was upset at the fact that I was a bit late, but he made no comment on it. Conversation wasn't flowing, so I suggested that we go somewhere quiet so we could talk. He agreed, but he didn't say much. I asked him what was wrong; He said, 'Nothing.' I asked him if it was my fault that he was upset. He said he wasn't upset, that it had nothing to do with me, and not to worry about it. On the way home, I told him that I loved him. He smiled slightly, and kept driving. I can't explain his behavior I don't know why he didn't say, 'I love you, too.' When we got home, I felt as if I had lost him completely, as if he wanted nothing to do with me anymore. He just sat there quietly, and watched TV. He continued to seem distant and absent. Finally, with silence all around us, I decided to go to bed. About 15 minutes later, he came to bed. But I still felt that he was distracted, and his thoughts were somewhere else. He fell asleep - I cried. I don't know what to do. I'm almost sure that his thoughts are with someone else. My life is a disaster.

#### His Diary:

Boat wouldn't start, can't figure out why.

### Keep up with the kids...













# 108-803-9219 108-803-9219

#### Why Teachers Drink

(The following questions were set in a GED examination. These are genuine answers from 16 year olds)

- Q. Name the four seasons
  - A. Salt, pepper, mustard and vinegar
- Q. How is dew formed?
- A. The sun shines down on the leaves and makes them perspire.
- Q. In a democratic society, how important are elections
- A. Very important. Sex can only happen when a male gets an election
- Q. What happens to your body as you age
- A. When you get old, so do your bowels and you get intercontinental
- Q. What happens to a boy when he reaches puberty
- A. He says goodbye to his boyhood and looks forward to his adultery
- Q. Name a major disease associated with cigarettes
  - A. Premature death
- Q. How can you delay milk turning sour
  - A. Keep it in the cow
- O. What is the fibula?
  - A. A small lie
- Q. What does 'varicose' mean?
  - A. Nearby
- Q. Give the meaning of the term 'Caesarean section'
  - A. The caesarean section is a district in Rome
- Q. What is a terminal illness
  - A. When you are sick at the airport
- Q. What does the word 'benign' mean?
  - A. Benign is what you will be after you be eight
- ~ Jokester Unknown (has Masters Degree)

~ Thanks Jeanne G/NYC

Especially as the pandemic continues
(it's not over) some people have
lost their sense of value...
not just to their organizations,
but also to themselves and their families.
They're looking for things to go back to
Normal when Normal was a thing they
looked forward to getting away from.
And though some may call it the New
Normal, I call it the NOW Normal
and remind us to cherish the new practices
that continue to broadcast our resilience.

These inspirational Passing Thoughts cards help you do just that! Check'em out at www.sportyking.com.











Sooner or later you're gonna have to stop seeking God, and recognize him. Life can be like dancing. You don't always have to do certain moves; you have to be in position for when you have to.