

The Golden Brick Road

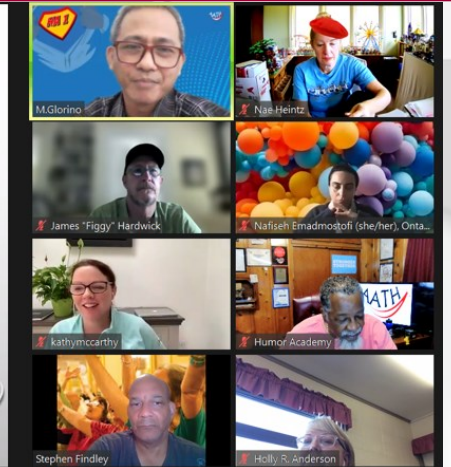
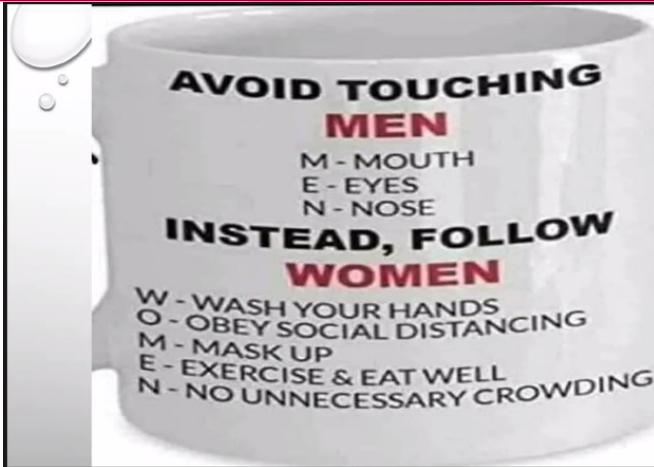
How I Feel Affects Other People!!!

September 2021

Reminding "Seasoned Citizens" to continue to laugh, learn and love their lives...

New (& Unofficial) CDC Warning Makes Front Page of GBR

~ Thanks Moses/AATH



To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

The above group of faces, unofficial CDC Warning and below health twist are of my Humor Academy group. We meet once a month to further our discussion of the use of healthy humor, and as a part of their 3-year commitment toward earning their Humor Professional certification.

This small group stretches across the U.S. (Arkansas, Charlotte, Indiana, N. Dakota, Texas) and around the world (Canada, Indonesia, U.K.). Perhaps something you can do... we decided to create a Laugh Thread online, where (in a predetermined order) each person would add a joke. After everyone had posted it would be another person's turn to determine the new posting order for the next round. We're in Round 3 as you read and here are some of the posts:

So NOW it's time to take a seat... Clean yourself up... Enjoy!!!
SEPTEMBER is 1 of the 12 best months for loving, living and laughing...
Even in a **Second Pandemic** Year!!!

Q. Why did the Dandelion stop dating? A. Because it kept getting blown off. ~ Stephen

A little boy told his dad he wanted to get married.
Dad: oh. Do you have anyone in mind? Boy: I'm going to marry grandma.
Dad: you can't marry my mother! Boy: why not? You married mine. ~ Holly

Hear about the new restaurant called Karma?
There's no menu: You get what you deserve! ~ Figgy

JUNK /jəNGk/ (noun) Something you keep for years then throw it away two weeks before you need it. ~ Nafiseh

Every evening, after they were finished with their work at the diamond mines, on their way home to their cottage, the 7 dwarves would stop at a bar. The bartender knew that the dwarves all liked hazelnut daiquiris, so every time they arrived, he would make sure that they all had hazelnut daiquiris. One afternoon, when the bartender was making the daiquiris, he realized that he only had enough hazelnut extract to make 6 daiquiris, so he decided to make the 7th daiquiri using hickory extract. When the dwarves arrived at the bar, each dwarf took a sip of the daiquiri he had been served. Six dwarves were satisfied with their orders, but the 7th said, "Are you sure this is a hazelnut daiquiri?" "I am afraid it isn't," said the bartender, "It is a hickory daiquiri, Doc." ~ Nae

HEALTH WARNING!!!



~Kathy

You're not getting senile. You're exercising your right to forget!



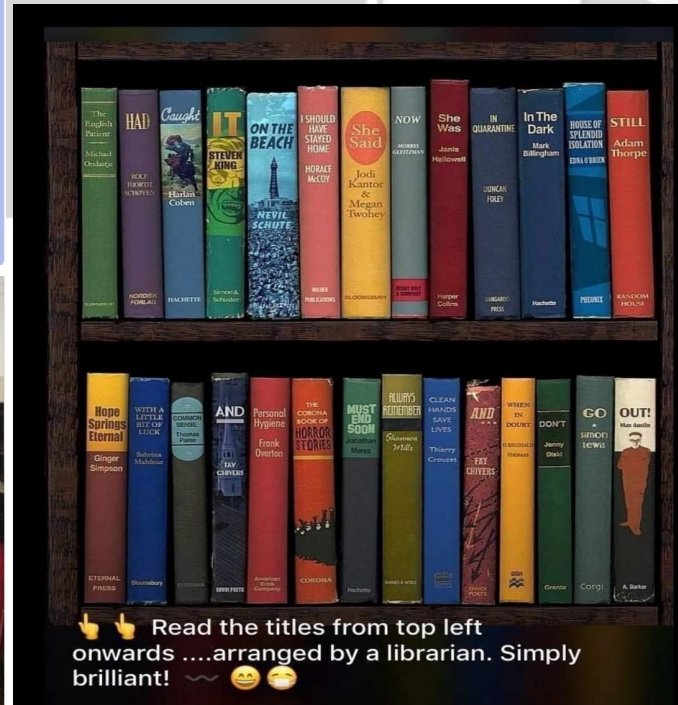
SOME DISABILITIES LOOK LIKE THIS



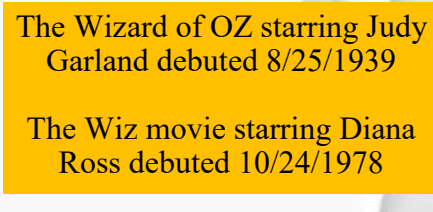
SOME LOOK LIKE THIS



**YOU ARE NOT ALONE!!!
EVERYONE'S GOT
SOME KIND OF CHALLENGE
AND VICTORY!!!**



WHO REMEMBERS USING THIS...



The Golden Brick Road

How I feel affects other people!!!

... 64, 65, 66...

Sometimes I stop counting my blessings and send an inspirational post.

ENJOY!

2 Billion Trillion 67, 68, 69...

Thank you for the BirthDate Anniversary Celebration Blessings

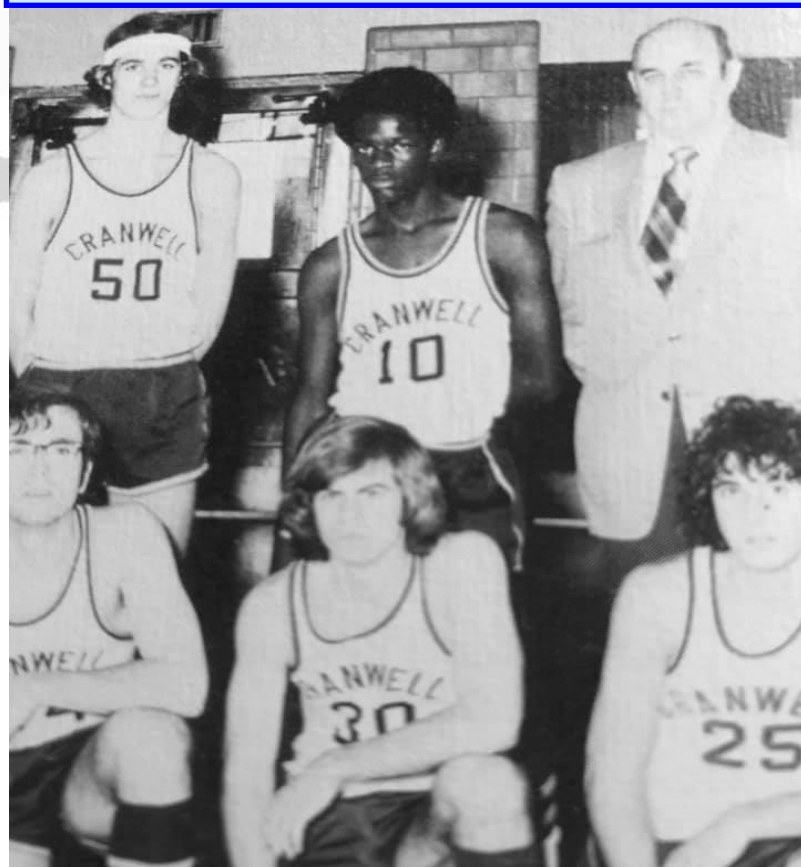
2 Billion Trillion 70, 71, 72...

~ Sporty King

On Friday, August 27 I was called everything from Baby Bro, Big Bro, Big Brother, Bro, Brotha, Brother, Brother King, Coach, Cuzz, Dallas/SF Bro, Dad, Dear, FAM, Favorite, Friend, From Another Mother, Gorgeous, Handsome,

King, Mr., Mentor, Neighbor, Ole Friend, Pastor, Prince, Professor, Ryspodii, Shorty, Sir, SK, Sparky, Sports Car, Sporty, SportyO, Sporty Otti, Sporty Sport, Unc, Uncle, Unk, Vintage Dude, Virgo to Young Man. My spirit perked up with each sound as I thank the many of you who wished me a Happy Birthdate Anniversary Celebration. Didn't get a chance to do it? Don't consider your wish belated... I'll be this gift all year. So far being "MATCHING SIXES" has been a joy. Thank you for the prayers. And thank you for receiving *The Golden Brick Road*.

"SMOOTH SIXTEEN" 50 YEARS AGO



How I feel affects other people!!!

I understand you can slow me down. I don't believe you can stop me. Neither do you!

~ Sporty King

Imagine sitting down and having a conversation with your biggest fear. You actually do it every time you tell yourself what you can't do.

What steps have you taken to have that conversation as a flashback of your resilience? They are a part of your Track Record. Trust them again.

Attacks may be from the Devil, yet they only come after receiving the challenge from God. What we have to realize is that a challenge is not always a negative experience. Losing weight; first time [driving]; relationships; learning a new [city]; physical rehabilitation; recovery from [a loss]; and certainly forgiving yourself for being human.

How I feel affects other people!!!

When you get a new challenge, look around. God also includes a ram in the bush and weapons to meet it.

~ Sporty King

What we have to remember is that each challenge rewinds the Blessing Cycle:

Problem-Prayer-Patience-Purpose!

As God takes care of the bookends, let us enjoy and appreciate how to work the inside stuff.

... How I feel affects other people!!!

The world is treating me like I'm just a number but I'm making every moment count.

~ Sporty King

How I feel affects other people!!!

Be your wonderful self today... AGAIN!!!

~ Sporty King

I wish you a *Week From Heaven* where nothing goes according to your plans, but everything according to His master plan... And that you see it!!!

You're not getting senile. You're exercising your right to forget!



THE REAL POPEYE!!!

His real name was Frank "Rocky" Fiegel. He was born in 1868 in Poland and, as a child, immigrated to the United States with his parents, who settled down in a small town in Illinois. As a young man, Rocky went to sea. After a 20 year career as a

sailor in the Merchant Marines, Fiegel retired. He was later hired by Wiebusch's Tavern in the city of Chester, Illinois as a 'Bouncer' to maintain order in the rowdy bar. Rocky quickly developed a reputation for always being involved in fighting (and usually winning). As a result, he had a deformed eye ("Pop-eye"). He also 'always' smoked his pipe, so he always spoke out of one side of his mouth. In his spare time as a Bouncer, Rocky would entertain the customers by regaling them with exciting stories of adventures he claimed to have had over his career as a sailor crossing the 'Seven Seas.'



The creator of Popeye, Elzie Crisler Segar, grew up in Chester and, as a young man, met Rocky at the tavern and would sit for hours listening to the old sailor's amazing 'sea stories.' Years later, Segar became a cartoonist and developed a comic strip called 'Thimble Theater.' He honoured Fiegel by asking if he could model his new comic strip character, 'Popeye the Sailor Man,' after him. Naturally Fiegel was flattered and agreed. Segar claimed that 'Olive Oyl,' along with other characters, was also loosely based on an actual person. She was Dora Paskel, owner of a small grocery store in Chester. She apparently actually looked much like the Olive Oyl character in his comics. He claimed she even dressed much the same way. Through the years, Segar kept in touch with Rocky and always helped him with money; giving him a small percentage of what he earned from his 'Popeye' illustrations. WHO didn't love the cartoons??? We watched them religiously ... so funny, so moral ... each story had a good ending ... wonder if kids these days even KNOW who Popeye is??? Who knew he was a real man?? Awesome!!



~ Thanks Paul/Betty H/IN

SENIOR DRIVING

As a senior citizen was driving down the freeway, his cell phone rang. Answering, he heard his wife's voice urgently warning him, 'Herman, I just heard on the news that there's a car going the wrong way on Interstate 77. Please be careful!' 'Heck,' said Herman, 'It's not just one car... It's hundreds of them!'

The genie asked, "What's your first wish?" Steve replied, "I wish I was rich!" The genie nodded and said, "What's your second wish?" Rich exclaimed, "I want lots of money!" ~ Thanks Steve W/OH

HOME ON THE RANGE

A little old lady was running up and down the halls in a nursing home. As she walked, she would flip up the hem of her nightgown and say 'Supersex...' She walked up to an elderly man in a wheelchair. Flipping her gown at him, she said, 'Supersex.' He sat silently for a moment or two and finally answered, 'I'll take the soup.'

Walking into the bar Mike said to the bartender, "Pour me a stiff one – just had another fight with the little woman." "Oh yeah?" said the bartender, "and how did this one end?" "When it was over," Mike replied, "she came to me on her hands and knees." "Really," said Charles, "Now that's a switch! What did she say?" She said, "Come out from under the bed, you little coward." ~ Unknown (... with a better ending!)



NO RELEVANCE TO THE STORY BUT RELISHING THE MEMORY!☺

You're not getting senile. You're exercising your right to forget!

Keep up with the kids...

Teacher: "If I gave you 2 cats and another 2 cats and another 2, how many would you have?"

Johnny: "Seven."

Teacher: "No, listen carefully... If I gave you two cats, and another two cats and another two, how many would you have?" Johnny: "Seven."

Teacher: "Let me put it to you differently. If I gave you two apples, and another two apples and another two, how many would you have?" Johnny: "Six."

Teacher: "Good. Now if I gave you two cats, and another two cats and another two, how many would you have?"

Johnny: "Seven!"

Teacher: "Johnny, where in the heck do you get seven from?!"

Johnny: "Because I've already got a cat!"

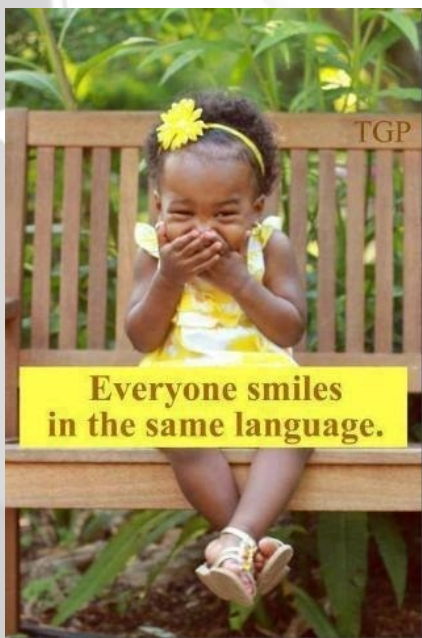
~ Laugh Factory.com

A football coach walked into the locker room before a game, looked over to his star player and said, "I'm not supposed to let you play since you failed math, but we need you in there. So what I have to do is ask you a math question, and if you get it right, you can play."

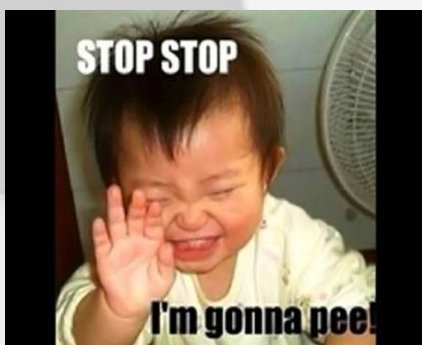
The player agreed, and the coach looked into his eyes intently and asks, "Okay, now concentrate... what is two plus two?" The player thought for a moment and then he answered, "4?"

"Did you say 4?!?" the coach exclaimed, excited that he got it right. At that, all the other players on the team began screaming, "Come on coach, give him another chance!"

~ Laugh Factory.com



Everyone smiles in the same language.



The Golden Brick Road

Especially the big kids...

The Golden Brick Road FUNletter started in July 2010 when I moved to Charlotte after 26 years in Chicago. During the last 14 of those years I had started a program speaking at 5 'Seasoned' Citizen Centers around the City once a month. This FUNletter was named after the program and was initially started merely to keep in touch with my many new **Mothers, Fathers, Aunts, Uncles, Cousins, Brothers, Sisters** and **Friends** who embraced me and kept me lifted up over those years, just as I did for them. When one of my 'Aunts' told me how much her daughter enjoyed it I realized **you** should be reading it too. Yet it still write it for them. Look at their smiles and I'm sure you can see why. These are some of my **Relatives** from Central West, Southwest and Catholic Charities.



PASSING THOUGHTS...



PLUS
BONUS!!



Though some may call this the New Normal, I call it the NOW Normal and remind us to cherish the new practices that continue to broadcast our resilience.

These inspirational Passing Thoughts cards help you do just that!

Get your set at www.sportyking.com.