

The Golden Brick Road

How I Feel Affects Other People!!!

November 2021

Reminding "Seasoned Citizens" to continue to laugh, learn and love their lives...



To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

**So NOW it's time to take a seat...
Clean yourself up... Enjoy!!!
NOVEMBER is 1 of the 12 best
months for loving, living
and laughing...
Even in a **Second Pandemic** Year!!!**



EXTRA THANKFUL PERSPECTIVE FOR NOVEMBER

Satan has to ASK God for permission to challenge us. He does not have Carte Blanche. And even after God has allowed him to test us to the tip of the mountain, he slaps Satan in the face with a full dose of blessings to us. Thus, Satan has NO power. He must ask just as we do. In fact, perhaps he has more faith... because he does all he can to get on God's agenda to make his requests. He knows it's a numbers game for him.

Also see that while he's playing that numbers game, God is deflecting his concentration. Consider that Satan was about to pounce on you in your early years. God saw that you weren't ready, so he offered Satan the challenge of JOB ("Have you considered my servant JOB?") to split his attention and give you the chance to grow spiritually. God knew how much time and effort Satan would have to put into JOB and give you the chance to build a wall for Satan's numbers game.....

When you feel as if Satan is working on you, know that it is God using you to deflect his attention to let someone else prepare. Perhaps it is a young person... maybe your friend... or even to get you prepared for a challenge coming up on the road God has prepared for you.

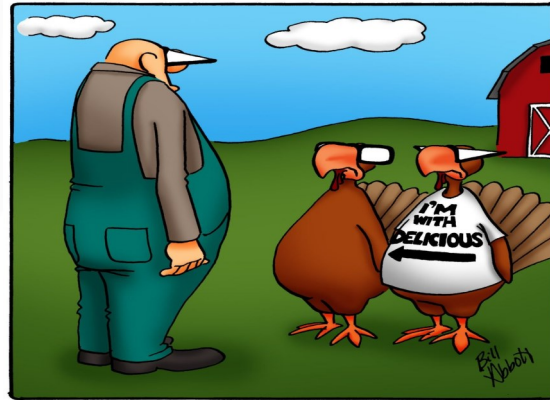
Remember that Jesus "stated" that he did not come for everyone. Don't feel as if you're giving up on someone; focus on recognizing the ones you're here for. The others may just be in the Deflection Cycle. Someone will get them.

As you enter and enjoy this month's GBR count your blessings as you see them throughout the day so you'll have them to deflect the negativity which wants to pop up. In fact, begin and end your counting with

T.G.I.T.
(Thank God It's ToDAY)
Blessing #1 Blessing #2 Blessing #3
(Thank God It's ToNIGHT)
ENTER AND ENJOY

You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE!!! EVERYONE'S GOT SOME KIND OF CHALLENGE AND VICTORY!!!



A man walked out to the street and caught a taxi just going by. He got into the taxi, and the cabbie said, "Perfect timing. You're just like Brian!"

Passenger: "Who?"

Cabbie: "Brian Sullivan. He's a guy who did everything right all the time. Like my coming along when you needed a cab, things happen like that to Brian Sullivan, every single time."

Passenger: "There are always a few clouds over everybody."

Cabbie: "Not Brian Sullivan. He was a terrific athlete. He could have won the Grand Slam at tennis. He could golf with the pros. He sang like an opera baritone and danced like a Broadway star and you should have heard him play the piano. He was an amazing guy."

Passenger: "Sounds like he was something really special."

Cabbie: "There's more. He had a memory like a computer. He remembered everybody's birthday. He knew all about wine, which foods to order and which fork to eat them with. He could fix anything. Not like me. I change a fuse, and the whole street blacks out. But Brian Sullivan, he could do everything right."

Passenger: "Wow. Some guy then."

Cabbie: "He always knew the quickest way to go in traffic and avoid traffic jams. Not like me, I always seem to get stuck in them. But Brian, he never made a mistake, and he really knew how to treat a woman and make her feel good. He would never answer her back even if she was in the wrong; and his clothing was always immaculate, shoes highly polished too. He was the perfect man! He never made a mistake. No one could ever measure up to Brian Sullivan."

Passenger: "An amazing fellow. How did you meet him?"

Cabbie: "Well, I never actually met Brian. He died. I'm married to his widow."

~ Unknown (Unlike Brian...)

~ Thanks (Charlie) Betty H/IN

A man boarded an airplane in New Orleans with a box of frozen crabs. A flight attendant took the box and promised to put it in the crew's refrigerator, which she did. The man firmly advised her that he was holding her PERSONALLY responsible for the crabs staying frozen, and proceeded to rant at her about what would happen if she let them thaw out. She was annoyed by his behavior.

Shortly before landing in New York, she announced over the intercom to the entire cabin, "Would the gentleman who gave me the crabs in New Orleans, please raise your hand?" Not one hand went up. So she took them home and ate them herself.

Men never learn.

~ unknown jokester (*not stuck in the bucket*)

WORDS OF WIZ-DUMB

- * It's not whether you win or lose, but how you place the blame.
- * You are not drunk if you can lie on the floor without holding on.
- * A fool and his money can throw one hell of a party.
- * Learn from your parents' mistakes; use birth control.
- * Money isn't everything, but it sure keeps the kids in touch.
- * If at first you don't succeed, skydiving is not for you.
- * Time's fun when you're having flies. ~ Kermit the Frog
- * We are born naked, wet and hungry. Then things get worse.
- * Red meat is not bad for you. Fuzzy green meat is bad for you.

~ Unknown Wiz (... *dumb.*)

The Golden Brick Road

Helped my neighbor hang a 75" TV he bought from a crackhead. When he turned it on, it was the menu from KFC 🍗🍗🍗



When you die people cry and beg for you to come back but, when you do, there's the running and the screaming...

So me and my husband were sitting on our couch watching TV yesterday. Suddenly, I hear that I got a text on my phone that I left in the kitchen. I go to the kitchen to check it, and it's a text from my husband: "Please bring the chips on your way back"



I made a huge to do list for today. I just can't figure out who's going to do it.

How I feel affects other people!!!
Go where you're supposed to go, so that when the rest of us get there we'll know someone with clout.
 ~ Sporty King

You've been first in SOMETHING. Your experience made a difference for SOMEONE. What you considered a misstep was a 'next step.' Be your own biggest fan.

We've got a million Pity Party Posts to justify our missteps: "I'm my own worse enemy... I'm the wrong size, color, sex, education, background..." Each of these could be Barrier Breaker Billboards. Which is what we were really created to do, one small barrier at a time.

- A. "TOUGH" is where God lives. (Take Our Unlimited God's Hand)... and walk through the valley.
- B. I'm my own deposit slip. And my withdrawals in life are as refreshing as my deposits.
- C. One thing God has not done is make a mistake. Stay in the moment, recognizing how strong its roots are, based on your journey.
- D. God has been working with me longer than I've been working with him.
- E. Take your elevator speech up! Intro yourself by saying, "I save lives thru [state your profession]."
- F. LEGACY (Listen Emphatically. Gifts Arrive to Create You)! What will yours be? How will you share it?
- G. I've always been successful, because I've always been a rebel who defined my own success.
- H. I don't empower the obstacles. I empower the solutions. Check your track record. Reshape the process.
- I. Some people will insist that they don't deserve you, while you tell them that they do. They're right!!!
- J. Got a lot of stuff on my plate. Got a good God serving up the portions
- K. This is not the first time I've woken up in November. I'm gonna live like I've been here before.
- L. Please disagree with me vehemently, knowing that it has no chance of hurting my feelings.
- M. RISK (Recognition Is Success' Key) It's hard being me! When I appreciate that commitment I take a chance. Be worth the risk. You are!
- N. TONS (Totally Outshining Negativity with Spirituality). I wish you TONS of happiness.
- O. DOWN (Dwelling On Worries Needlessly) I just go 'down' and pray. Get up and get out of God's way.
- P. 66 is the New 66! I might look good for 66... but not necessarily for 40! Nine months to 67.
- Q. Oh well. That thought is gone. Next!

Sometimes the stress we've created for ourselves is the assignment we take on by reflex. Instead of always taking the lead, wait and take your turn. What's so bad about the darkness anyway???

How I feel affects other people!!!
Know that there are plenty of people in the dark with you. One will find the light. Don't always be the one.
 ~ Sporty King

How I Feel Affects Other People!!!
SILLY (Self-Imposed Limitations Lie to You)
 Take a moment, sit down, and think about some of the things you once told yourself you couldn't (wouldn't dare) do.
 ©Ac-Firmations ~ Sporty King

How I feel affects other people!!!
Happy Mothers' Day! Happy Fathers' Day! Unless you've got a darn good reason to wait until May/June 2022 to salute!
 ~ Sporty King

Have you ever talked about celebrating the moments in life... then not even notice that you don't? Today is also the 14th! Do you need to wait for February to have a Valentine? What and who else you gonna add to this list?
HAPPY YOU BETTER CELEBRATE!!!

You're not getting senile. You're exercising your right to forget!

ON OUR JOURNEY... WE ARE NOT ALONE

On our journey... we are not alone
We wave to family and loved ones and friends
(ah, ah, ah) no questions... they're different
and they can be all 3... it depends.

You see, our journey is dependent upon our vision
That vision does not always focus so clear
so there are times where we shuffle people
from one category to the next.
Times where we misunderstand intentions
and rather than wave, we ward off
Only later finding our blessing was never disguised
It was merely waiting for our heart to open up
to recognize that our sight does not make us wise.

Our journey... at times
can seem like an outpouring of calculated associations
that seek to suck at our lives and weaken our steps.
Oh, if only we could fast-forward
and see the need to give thanks at the outpouring...
for those of love will easily provide the stronger current.

Relax your spirit and enjoy your journey
Understand the rainbow in the ups and downs
Know that you are immersed in your finest hours.
You see, on our journey... we are not alone
If only we would dare to smell our flowers

© 2002

There are times where we think we're the only one going through something, or ask "Why me?"

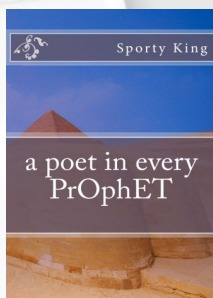
There are times where we become angry and decide to "hate" someone or something they do to us.

There are times where someone does something favorable for us, and we don't take the time to express our appreciation.

And there are times where none of these categories applies to what's happening in our lives... yet there are always "times."

And in time we come to understand and appreciate all we've experienced in this gift called life.

You deserve your gift.



MIRACLE

One morning a man came into the church on crutches. He stopped in front of the holy water, put some on both legs, and then threw away his crutches. An altar boy witnessed the scene and then ran into the rectory to tell the priest what he'd just seen. "Son, you've just witnessed a miracle," the priest said. "Tell me, where's this man now?" "Flat on his butt over by the holy water," said the boy.

~ Unknown

~ Thanks Lou R/OH

Guys at The Byrd Spring Rod & Gun Club asked me what actress I would like to be stuck in an elevator with. I told them the one who knows how to fix elevators. I'm old, tired, and pee a lot.

~ Internet Jokester (*Going up...*) Thanks Bill J/(RIP)

- ◆ For true EM-power-ment, turn the first 2 letters around and know it's no accident. My ME-power is meant to be!
- ◆ There are just as many reasons to marvel about my life as there are to stress about it... in fact, more.
- ◆ I enjoy replacing 'light' with 'life' when I speak, hear or read it. Even when talking about beer.

With excitement in his voice the second grader told his grandmother, "Grandma, we learned how to make babies today." Slightly more shocked than appalled the grandmother asked, "Oh, did you? And what's your teacher's name?"

Second grader: "Ms. Anderson, and she said you just drop the 'y' and add 'ies.'"

~ Clean Joker (*Dirty Minds*)

How I feel affects other people!!!

It's always somebody's last day. Revel in that revelation, enjoy that it's not yours, and proclaim that this is the day God has made...

~ Sporty King



Am I talking about death?
NOPE!
You know how when goal setting we say start out with the end in mind? I'm remembering to apply that to life.

THE IMPORTANCE OF WALKING

- ◆ I like long walks, especially when they are taken by people who annoy me.
- ◆ The only reason I would take up walking is so that I could hear heavy breathing again.
- ◆ I have to walk early in the morning, before my brain figures out what I'm doing...
- ◆ Every time I hear the dirty word 'exercise,' I wash my mouth out with chocolate.
- ◆ I do have flabby thighs, but fortunately my stomach covers them.
- ◆ The advantage of exercising every day is so when you die, they'll say, "Well, he looks good doesn't he."
- ◆ I know I got a lot of exercise the last few years... just getting over the hill.
- ◆ We all get heavier as we get older, because there's a lot more information in our heads. That's my story and I'm sticking to it.
- ◆ Every time I start thinking too much about how I look, I just find a pub with a Happy Hour and by the time I leave, I look just fine.
- ◆ You could run this over to your friends, but just e-mail it to them! It'll save you the walk!
~ Internet Jokester (*Crawling...*)

Thanks Betty B/Chi

Actually, as some of you may know, walking has taken up a new spot in my heart. On September 8 I woke up from a successful Knee Trade-in operation. So far this 2021 model is doing just fine as I've graduated from using a walker to a crutch to unassisted (while still a little slow). As I've had to remind myself, the rehab is 6-8 MONTHS, not WEEKS. Remind yourself to PACE and KEEP PACE

NOTE: The donation season doesn't need a holiday to be in full swing. Don't forget to consider local schools or homeless shelters. Seeing seeds grow makes for stronger advocates. And please consider my favorite charity, HeyUGLY.org

<http://heyugly.org/PreventBullyingNow.php>

... How I feel affects other people!!!



Need a catchy theme for your next meeting? Want to make your message more memorable? Enjoy and choose from over 240 of my original inspirational acronyms!



www.sportykings.com

November is a lot of things. Celebrate them all. We won't forget to give thanks as we eat at the end of the month. Midway through please remember to continue to give thanks to our Military. If you don't have it, or haven't seen it... here's how **AC-FIRMATIONS** starts and ends.

Thus I dedicate this book to my military family, because with all the acronyms they have to remember, remembering to keep their lives together impresses me the most.

VETERAN

Valued Energy Toward Empowered Reaction

Above the Norm

Celebrate your freedom, knowing why you can!!!

AIR FORCE

Allowed Introspective Reward
while Facing Outside Resistance,
then Carassed Empowerment

ARMY

Attracted Resiliency, Made You safe

MARINE

Marched Anonymously, Remembered Individually
for Neutralizing the Enemy

NAVY

Navigated Another Victory for You



How I Feel Affects Other People!!!

*Food for Thought for
The Holidays*

THANKS

The Heart Always Needs Kindred Spirits

Trust Him Always. Never Know Shame
Nothing could be more giving!!

FOOD

Fine Offering Of Deliciousness

CORN

Carry On Rejoicing Now

FAT

Food is Always Tasty

Faithful... Attractive... Trustworthy

GREENS

God Restrains Evil, Envious & Negative Spirits

How I Feel Affects Other People!!!

LEMON

Let Every Moment Omit Negativity

MACARONI

May A Child Always Recapture
Our Necessary Imagination

ROLLS

Realize Our Lives Listen to *our* Spirits

TURKEY

Thank yoU Retirees, Kindred
& Eternally Youthful

YAMIMS

Yesterday: A Memorable Monument to Success

HAM

Help Amass Maturity

I start all of my broadcasts with,
*“Good Ness! You see I don’t know if you’re watching
morning, afternoon or evening. But isn’t it Great
to put the Good up front?”*

I love you... and I’ll see you in December!!!
Have a Good Ness!!!

