



The Golden Brick Road

How I Feel Affects Other People!!!

January 2022

Reminding "Seasoned Citizens" or **YOU** to continue to laugh, learn and love life...

HAPPY NEW YEAH!!!

I'm closing out 2021 with a reminder to NOT restrict your celebration(s) to a manmade calendar.
Every day actually starts a new 365 OR 1.

Should we ever NOT celebrate the New Year... Mothers' Day...Fathers' Day... being born... giving thanks... history... being free... Military Service members... morning... noon...or night?

Continue to do the bravest thing you can do every day: Lay your head down to go to sleep.

I RESOLVE TO ENJOY THE GIFT OF WAKING UP!

And have a HAPPY NEW YEAH!!!

To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

*So NOW it's time to take a seat...
Clean yourself up... Enjoy!!!*
**JANUARY is 1 of the 12 best months
for loving, living
and laughing...
NOW in a Third Pandemic Year!!!**

HEALTH WARNING!!!

I ENJOY A GLASS OF WINE
EACH NIGHT FOR ITS HEALTH
BENEFITS. THE OTHER GLASSES
ARE FOR MY WITTY COMEBACKS
AND FLAWLESS DANCE MOVES

WATER YOUR FAITH

A lady went to the Pastor and said ... "I won't be attending Church anymore."

He said, "May I ask why??"

She said, "I see people on their cell phones during the service, some are gossiping, some just ain't living right, they are all just hypocrites."

The Pastor got silent, and he said, "Ok... But can I ask you to do something for me before you make your final decision?"

She said, "What's that?"

He said, "Take a glass of water and walk around the Church 2 times and don't let any water fall out the glass."

She said, "Yes I can do that."

She came back and said, "It's done."

He asked her 3 questions:

1. Did you see anybody on their phone?
2. Did you see anybody gossiping?
3. Was anybody living wrong?

She said, "I didn't see anything because I was so focused on this glass, so the water wouldn't fall."

He told her, "When you come to Church, you should be just that focused on God , so that you don't fall. That's why Jesus said 'Follow me.' He did not say follow Christians. Don't let your relationship with God be determined by how others relate with God. Let it be determined by how focused YOU are on God."

~ Welcomed (... and focused.)

~ Thanks Zytiin T/NY

**What's the best way to burn 1,000 calories?
Leave the pizza in the oven.**

You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!

Best decoration ever. Straw dummy \$10.00 , leaning ladder \$0.00 (from the garage) and one set of lights \$5.00. Freaking out your neighbors... Priceless.



It may seem like it goes without saying. Yet some people's insecurity expects you to take the shine off of your light in order to brighten theirs. And it's not an obvious expectation... they'll mask it with commentary about their concern for how others will see you. Hoping you'll miss their concern for how others will not see them.

How I Feel Affects Other People!!!

We don't have to be humble to mankind... just grateful for their recognition and gracious in proclaiming representation.
 ~ Sporty King

One of the many things no one tells you about aging is that it's such a nice change from being young.

I am humble to God. And how I give thanks to him is my only concern. Not how others will see me.

A little boy was waiting for his mother to come out of the grocery store. As he waited, he was approached by a man who asked, "Son, can you tell me where the Post Office is?"

The little boy replied, "Sure! Just go straight down this street a coupla blocks and turn to your right."

The man thanked the boy kindly and said, "I'm the new pastor in town. I'd like for you to come to church on Sunday. I'll show you how to get to Heaven."

The little boy replied with a chuckle, "You're kidding me, right? You don't even know the way to the Post Office!"

~ Unknown (*but in Heaven with a compass*)

Young Businessman

A young businessman had just started his own firm. He had just rented a beautiful office and had it furnished with antiques. Sitting there, he saw a man come into the outer office. Wishing to appear the hot shot, the businessman picked up the phone and started to pretend he had a big deal working. He threw huge figures around and made giant commitments. Finally he hung up and asked the visitor, "Can I help you?"

"Yeah, I've come to activate your phone lines."

~ Unknown (*On Hold*)

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Haven't you ever had to be stronger than you thought you could be? Isn't today a good day to remember that?

~ Sporty King

And isn't it wonderful that it doesn't matter what day you read this?

As we get older we sometimes begin to doubt our ability to "make a difference" in the world. It is at these times that our hopes are boosted by the remarkable achievements of other "seniors" who have found the courage to take on challenges that would make

many of us wither. Harold Schlumberg is such a person:

THIS IS QUOTED FROM HAROLD:

"I've often been asked, 'What do you do now that you're retired?'

"Well... I'm fortunate to have a chemical engineering background and one of the things I enjoy most is converting beer, wine and whisky into urine. It's rewarding, uplifting, satisfying and fulfilling. I do it every day and I really enjoy it."

Harold is an inspiration to us all.

~ Unknown (*Relieved as much as Retired*)

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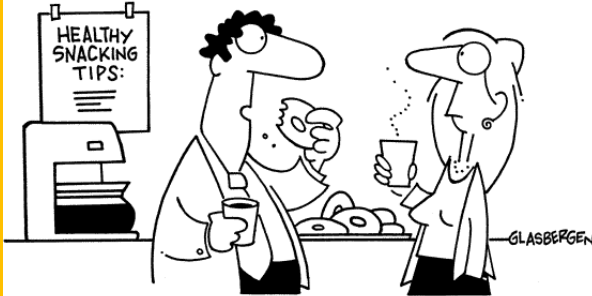
Some people try to turn back their odometers. Not me; I want people to know 'why' I look this way. I've traveled a long way, and some of the roads weren't paved.

The Golden Brick Road



I'm getting so old that all my friends in heaven will think I didn't make it

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"The healthiest part of a donut is the hole. Unfortunately, you have to eat through the rest of the donut to get there!"



"What do we want? Why did we come here? What were we saying?"



"Before I tell you what happened, Mom, remember...The Lord will never give you more than you can handle."

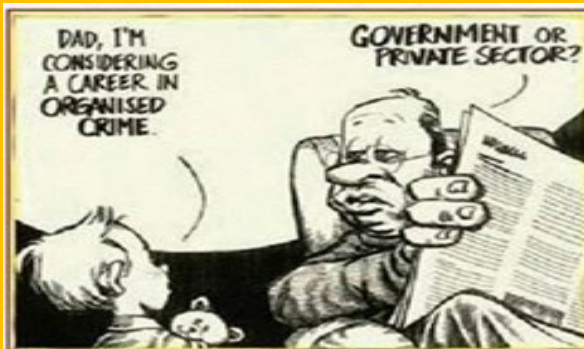


"Bad news, its curiosity"



I hate it when I'm singing a song and the artist gets the words wrong.

Did you know that "Dammit I'm Mad" spelled backwards is "Dammit I'm Mad"



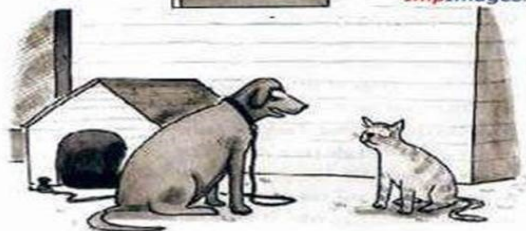
DAD, I'M CONSIDERING A CAREER IN ORGANISED CRIME. GOVERNMENT OR PRIVATE SECTOR?

"TALKING BEHIND MY BACK ONLY MEANS THAT YOU RESPECT MY PRESENCE ENOUGH TO KNOW BETTER THAN TO ACT UP IN MY FACE."



I love the kind of hugs where you can physically feel the sadness leaving your body

Lessons Learned In Life



They don't keep YOU on a leash because they WANT you to run away



"That's all folks!"

Porky Pig...

You're not getting senile. You're exercising your right to forget!

Best Post Seen On Social Media Last Month

Today marks 6 months without drinking a drop of Coca-Cola or any kinds of soda or wines; 6 months without eating bread, cake or anything sweet. The change in my body has been fantastic, I feel great, I lost weight and my way of thinking is very positive. No alcohol, eating healthy and above all, an hour of exercise every day!!!

I don't know who's status this is, but I was happy for them so I copied and pasted it. You can too.

Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator.

On the way down I asked him if his wife was meeting him.

'I don't know,' he said. 'She's still upstairs in the bathroom changing out of her hospital gown.'

* * * * *

Two elderly gentlemen from a retirement center were sitting on a bench under a tree when one turns to the other and says: 'Slim, I'm 83 years old now and I'm just full of aches and pains. I know you're about my age. How do you feel?'

Slim says, 'I feel just like a newborn baby.'

'Really!? Like a newborn baby!?'

'Yep. No hair, no teeth, and I think I just wet my pants.'

* * * * *

There was a very gracious lady who was mailing an old family Bible to her brother in another part of the country. 'Is there anything breakable in here?' asked the postal clerk.

'Only the Ten Commandments.' answered the lady.

SATURDAY STRATEGY!!!

Close out your year with a smile of rejuvenation, not a snarl of regret. Trust your faith by remembering that whatever you went through you got through! 2022 will not be a "Trial-less Year." It'll be the year you've been preparing for. Go into it excited about using your new or renewed faith, so you can be ready for what it'll prepare you for in 2022... You are not a Victim! You are a Victor!!! I'm glad to know you.

~ *Sporthy King*

True Love

It was a busy morning, about 8:30, when an elderly gentleman in his 80's arrived to have stitches removed from his thumb. He said he was in a hurry as he had an appointment at 9:00 am. I took his vital signs and had him take a seat, knowing it would be over an hour before someone would be able to see him.

I saw him looking at his watch and decided, since I was not busy with another patient, I would evaluate his wound. On exam, it was well healed, so I talked to one of the doctors, got the needed supplies to remove his sutures and redress his wound. While taking care of his wound, I asked him if he had another doctor's appointment this morning, as he was in such a hurry. The gentleman told me no, that he needed to go to the nursing home to eat breakfast with his wife. I inquired as to her health.

He told me that she had been there for a while and that she was a victim of Alzheimer's disease. As we talked, I asked if she would be upset if he was a bit late. He replied that she no longer knew who he was, that she had not recognized him in five years now. I was surprised, and asked him, 'And you still go every morning, even though she doesn't know who you are?' He smiled as he patted my hand and said, 'She doesn't know me, but I still know who she is.'

I had to hold back tears as he left, I had goose bumps on my arm, and thought, 'That is the kind of love I want in my life.'

True love is neither physical nor romantic.

True love is an acceptance of all that is, has been, will be, and will not be.

With all the jokes and fun that are in e-mails (including Sporthy's), sometimes there is one that comes along that has an important message. This one I thought I could share with you. The happiest people don't necessarily have the best of everything; they just make the best of everything they have. I hope you share this with someone you care about. I just did.

~ Author Unknown (*yet celebrating*)