

The Golden Brick Road

How I Feel Affects Other People!!!

April 2022

Reminding "Seasoned Citizens" to continue to laugh, learn and love their lives...

Monday, February 28, was my final day wearing this crown, which I received after my September knee replacement. What I would do was only use the space if there were several available. It was just as therapeutic to park and get some walking exercise in. Being temporarily handicapped I found I had options. Yet I knew it was temporary. I threw this away with no separation pain.

Do not give a temporary handicap full time status.



LYING

A minister told his congregation, "Next week I plan to preach about the sin of lying. To help you understand my sermon, I want you all to read Mark 17."

The following Sunday, as he prepared to deliver his sermon, the minister asked for a show of hands. He wanted to know how many had read Mark 17. Every hand went up. The minister smiled and said, "Mark has only 16 chapters. I will now proceed with my sermon on the sin of lying."

~ Internet Jokester (*Mark... my words*)

To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

So NOW it's time to take a seat...

Clean yourself up... Enjoy!!!

APRIL is 1 of the 12 best months for loving, living and laughing...

Even in a Third Pandemic Year!!!

HEALTH WARNING!

Isn't the first day scary?

The first day of school...

first job... first date....

It even goes back as far as your first day at the baby sitter's.

We've all been scared or nervous about a new experience.

Today is the first day of the remainder of your life.

You can handle this.

In retrospect, there haven't been many "firsts" you couldn't handle.

Isn't the first day wonderful?

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"The Tates In Your Church"

Do you know how many members of the Tate family belong to your church?

There is old man Dic-Tate who wants to run everything, while Uncle Ro-Tate tries to change everything. There's sister Agi-Tate who stirs up plenty of trouble, with help from her husband, Irri-Tate. Whenever new projects are suggested, Hesi-Tate and his wife, Vege-Tate, want to wait until next year. Then there is Aunt Imi-Tate, who wants our church to be like all the others. Devas-Tate provides the voice of doom, while Poten-Tate wants to be a big shot. And of course there is the black sheep of the family, Ampu-Tate, who has completely cut himself off from the church.

But not all members of the family are bad. Brother Facili-Tate is quite helpful in church matters. And a delightful, happy member of the family is Miss Felici-Tate. Cousins Cogi-Tate and Medi-Tate always think things over and lend helpful, steady hands.

How about it - do you know anyone in the "Tate" family?

Internet Jokester (*Cyber-Tate?*)



I manage to show a few emotions while speaking with my Military Family. And it's the final one that gets me even more excited about my weekends after discussing Stress, Communication and Attitude...



The reminder that there's always a child involved in whatever you do. AMEN.

We read Thos. Edison made light. But in SUN. School they said you did it. So I bet he stoled you r Idea. sincerely, Do NNA

Shawn I am breaking up with you. You have not talked to me since the day you ask me out. That was 3 months ago. You need to git it together or you will never git mareded and that wold be sad. You shold git mareded. Just not to me.
Rachel

Dear tooth fairy
I last my tooth on 23 of oct- Now it is Nov. 12
~~So~~ I lost my tooth in pizza.
I lost both to day.
you owe me \$1.00 not to be hard but I need money.
Annisa

Dear God,
I bet it is kery hard for you to love all of every body in the whole world
There are only 4 people in our family and I can never do it.
Nan

He walked three miles to the woman's house and returned the money.
Imagine that you lived at the same time as Abraham Lincoln. What would you say to him or ask him?
I'd tell him not to go to a play ever.

Write five words you can spell (5 marks)

- five ✓
- words ✓
- you ✓
- can ✓
- spell ✓

(very clever! +2)

You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!



I don't know how to use TikTok, but I can write in cursive, do long division and tell time on clocks with hands... so there's that.

Add multiple numbers, and subtract without using a calculator...

Why Suzanne changed hotels

Last week, Suzanne checked into the Four Seasons in Palm Beach and was a bit lonely. She thought, "I'll call one of those men you see advertised in phone books for escorts and sensual massages."

She looked through the phone book, found a full page ad for a guy calling himself, "Tender Vern" - a very handsome man with assorted physical skills flexing in the photo. He had all the right muscles in all the right places, thick wavy hair, long powerful legs, dazzling smile, six pack abs and she felt quite certain she could bounce a quarter off his well-oiled butt... you get the picture. She figured, what the heck, I'll give him a call.

"Hello, ma'am, how may I help you?" . . . *Oh my, he sounds sooo sexy!*

Afraid she would lose her nerve if she hesitated she rushed right in, "Hi, I hear you give a great massage, I'd like you to come to my room and give me one. No, wait, I should be straight with you. I'm in town all alone and what I really want is sex. I want it hard, I want it hot, and I want it now. Bring implements, toys, rubber, leather, and whips, everything you've got in your bag of tricks. We'll go hot and heavy all night - tie me up, cover me in chocolate syrup and whipped cream, anything and everything baby. Now how does that sound?"

He says "Oh my God... that sounds absolutely fantastic, but you need to press 9 for an outside line."

~ Anonymous (... make that, Unanimous!)

Imagine burning sage to get rid of bad vibes and YOU disappeared!!



Gentle Thoughts for Today

1. Birds of a feather flock together... and then crap on your car.
 2. A penny saved is a Government oversight.
 3. The older you get, the tougher it is to lose weight, because by then your body and your fat have gotten to be really good friends.
 4. The easiest way to find something lost around the House is to buy a replacement...
 5. He who hesitates is probably right.
 6. Did you ever notice: The Roman Numerals for forty (40) are 'XL'
 7. The sole purpose of a child's middle name is so he can tell when he's really in trouble.
 8. Did you ever notice: When you put the 2 words 'The' and 'IRS' together it spells 'Theirs'
 9. Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.
 10. Some people try to turn back their odometers. Not me, I want people to know 'why' I look this way. I've traveled a long way and some of the roads weren't paved.
 11. When you are dissatisfied and would like to go back to your youth, think of Algebra.
 12. You know you are getting old when everything either dries up or leaks.
 13. One of the many things no one tells you about aging is that it is such a nice change from being young. Ah, being young is beautiful, but being old is comfortable.
 14. Lord, keep your arm around my shoulder and your hand over my mouth
- ~ Anonymous (... for today!)

Avocados

A wife asks her husband, "Could you please go shopping for me and buy one carton of milk and if they have avocados, get 6.

A short time later the husband comes back with 6 cartons of milk. The wife asks him, "Why did you buy 6 cartons of milk?"

He replied, "They had avocados.

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If you're a woman, I'm sure you're going back to read it again!

Men will get it the first time.

(My work is done here)

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You can choose to ignore anything I say... but you won't be able to say I didn't say anything.

~ Sporty King

You are not everyone's messenger. Don't try to be. It is more important that you are consistent with your message so that whomever it's for will be encouraged, enlightened and empowered. In that process so will you.

How I Feel Affects Other People!!!



There's a chance that I've missed some opportunities in life, according to others. Yet I've never missed an opportunity to enjoy my life, according to me.

~ Sporty King

How I Feel Affects Other People!!!



If you feed off of negative people when you're in a group or on a team you'll have negative food for thought.

~ Sporty King

Whether dealing with grief, a breakup, hospital stay, deployment, away at school, relocation... hours, days, weeks, months or years... it is possible to find reason to smile. You must be willing to try and then... give yourself time.

How I feel affects other people!!!



Grief is not a moment you're supposed to get over. It's fuel for a process you'll need to keep going.

~ Sporty King

How I Feel Affects Other People!!!



God has never made a mistake or a stranger... even when he's been unpopular or unknown. Are you doing his will?

~ Sporty King

How I Feel Affects Other People!!!



If you don't believe in God, become an Entrepreneur. You'll believe!

~ Sporty King

How I Feel Affects Other People!!!



Try not to count the time separated. Focus on enjoying the memories and moments shared... then smile.

~ Sporty King

How I Feel Affects Other People!!!



Sometime looking for the sugar coated version makes us lose track of the blessing and direction we need to take!

~ Sporty King

How I Feel Affects Other People!!!



If you're dealing with one of the hardest times in your life remember it's ONE of...

~ Sporty King

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Successful people live by strict rules & discipline that doesn't always include what you may consider obvious choices... sometimes they don't include you!

~ Sporty King

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YESTERDAY CAN LAST AS LONG AS YOU LET OR LIKE!

~ Sporty King

I think too often we can shrug off the past as "gone" or "done" with a negative tone. What it has gone and done is set up the groundwork for our present and future beliefs.

Don't forget to "thank" Yesterday for who you've chosen to be while living with Today.

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Some use anger to end a personal or professional relationship. I use love.

I love my happiness, being happy and people who are happy for me!

~ Sporty King

Yes, it really IS all about you! Those who tell you it's not... understand that.

How I feel affects other people!!!



I am an important piece of the puzzle, and the world needs me alive.

~ Sporty King



You're not getting senile. You're exercising your right to forget!

NEGATIVITY MAKES HEADLINES

**You have to LOOK for the positive.
Once you find it don't fret and question.
Rejoice and hold onto it.**

Jackson was honored with a lifetime achievement award during the Academy of Motion Picture Arts & Sciences annual Governors Awards ceremony on Friday night, March 25 but it was an event that wasn't televised or streamed anywhere. One of the biggest and most-beloved stars of all time receiving a long overdue statuette by another of the biggest and most-beloved stars of all time, and we all missed it?

Washington was ebullient as he listed off all of Jackson's sterling credits, both on-screen and through his charitable work. He made particular note that it is quite possible Jackson is the most successful movie star of all time, by box office, with his films having earned \$27 billion there.


Jackson was clearly touched in his own speech, joking about how his career started with him scoring major roles like "Gang Member Number 2" and "Black Guy" to featuring in more than 150 projects.

~ www.TooFab.com




TOOFAB.COM


Samuel L. Jackson Receives First-Ever Oscar from Denzel Washington in Non-Televised Event




What scares you the most?
"Werewolves!"
-Paul



What scares you the most?
"Sharks"
-Nina



What scares you the most?
"The unstoppable marching of time that is slowly guiding us all towards an inevitable death."
-Dylan



What scares you the most?
-Dylan
-Catherine

MEMORY FUN WITH THE ALPHABET

Work your way through the alphabet giving someone's name for each pair of letters:
 AB (Angela Bassett), BC (Barry Clark),
 CD (Clyde Davis), DE (Donna Ellis)...
 You don't have to actually know the person, but it's more fun if you do. Then create variations - make the pair men only, women only, children only, movie stars... about positive messages:
 AB (Always Believe), BC (Better Choices),
 CD (Count Days), DE (Desire Excellence)...
 The harder you make the challenge the more you do for your brain exercise and staying positive.
 But you must not focus on how hard it is... focus on how much fun it is to celebrate each pair and why you thought of it.
Just think: A-Z, I celebrate being Me!



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Straightening Life Upside Down

My turns have met challenges,
and smiles and fears

My going straight
gifts me with higher air.

Not that my journey
seeks rhyme above reason
My life seeks new roads
as I traverse my seasons

My view allows me to
never look down on people
As my focus is clear

You see, the true road of your life
does not call for comparison
As creativity continues its curvature
in distinct splashes of rebirth
Nope, nothing new about making life matter
The joy is when you do so on earth

It's okay to let your skies
be your rivers
To find solid footing
amongst caramel clouds
Take a stand and allow yourself
to be *wait-less*
As you use your time
to live your life out loud

You see, I'm *straightening*
my life upside down
Because my turns
enjoy friendship and cheer
I'm boldly going
where I've always known I'd go
What I've found out
is how to get there.

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I Am the Burned Bridge

I know you'll want to rehash
(I dare not say rekindle)
the past walks across
that refused to buckle
under the weight
of our immature experience.

I'll be reminded of the twists
as we took our turns
and focused on looking up
so as not to be distracted
by the roughness of the path.

Over rivers we flowed.
Through mountains we forged.
Blindly trusting one another
we held hands and heard hearts
as the traffic threatened to block
and blur the booths
that would take a toll on our journey.

And as my planks have welcomed many
every time I'm crossed
bares a slight erosion.
Yet the truth is
you can only cross once.
Even when my burn is rebuilt
there are certain parts
that will no longer be the same...

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ONLINE BROADCASTS

FACEBOOK ... LINKEDIN ... YOUTUBE

Monday Morning Moment 8:00am EDT
1-2 minute inspirational message.

GLUE (God's Love Undoes Everything)
Wednesday 1:00pm EDT

30-45 minute interactive inspirational message.

GIFT (God Is For Today) Friday 11:00am EDT

*8-12 minute sharing of my original poetry and how to use
it to inspire others... and yourself.*

WHETHER YOU'RE ON SOCIAL MEDIA OR NOT IF
YOU HAVE ACCESS TO EMAIL I SEND THE 3 TO-
GETHER AT THE END OF EACH WEEK. EMAIL ME