www.sportyking.com

The Golden Brick R How I Feel Affects Other People!!! **AUGUST 2022**

Reminding "Seasoned Citizens" to continue to laugh, learn and love their lives...

How I feel affects other people!!!

Have another good day. They don't always come consecutively, so keep count when they do.

~ Sporty King

586,920+/-Hours 24,455+/-Days 804+/-Months 67+/-Years HAPPY BIRTH MONTH TO ME!!!

+/- due to Leap Years @

A Police Officer came to my house and asked me where I was between 5 & 6. He seemed irritated when I answered: "Kindergarten"

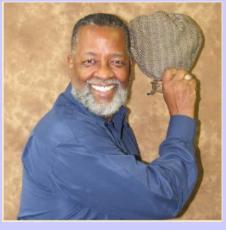
To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

So NOW it's time to take a seat... Clean yourself up... Enjoy!!! **AUGUST** is 1 of the 12 best months for loving, living and laughing... Even in a Third Pandemic Year!!!

HEALTH WATCH



- Doctor to patient: I have good news and bad news: the good news is that you are not a hypochondriac.
- By the time a man is wise enough to watch his step, he's too old to go anywhere.





A.U.G.U.S.T.

(Always Understand: God Understands! Stay Tough) We change best when we know how to maintain our spirit. My mother always said you have one Birth "Day," and that each year is a celebration of that "Date." I'm looking forward to celebrating my 67th Birth Date Anniversary on Saturday, August 27. I like the spirit God has blessed me with and will continue to use it to understand myself and stay tough. Only then can I continue to be a blessing to you. Please understand and celebrate being You! This storm, too, shall pass. Yet we've got to go through it!!!

A STUNNING SENIOR MOMENT

A self-important college freshman walking along the beach took it upon himself to explain to a senior citizen resting on the steps why it was impossible for the older generation to understand his generation. "You grew up in a different world, actually an almost primitive one" the student said loud enough for others to hear. "The young people of today grew up with television, jet planes, space travel, and man walking on the moon. We have nuclear energy, ships and cell phones, computers with light speed... and many more things."

After a brief silence, the senior citizen responded as follows: "You're right son. We didn't have those things when we were young... so we invented them. Now, you arrogant little jerk, what are you doing for the next generation?"

The applause was amazing!

~ Jokester Unknown (still waiting for the answer...)

You're not getting senile. You're exercising your right to forget!

2

Going Golfing?

One Sunday morning, a priest wakes up and decides to go golfing. He calls the retired priest and says that he feels very sick, and won't be able to go to offer the Mass. Way up in heaven; Saint Peter sees all this and asks God, "Are you really going to let him get away with this?"

"I'll take care of it," says God.

The priest drives about five to six hours away, so he doesn't bump into anyone he knows. The golf course is empty when he gets there. So he takes his first swing, drives the ball 495 yards away and gets a hole in one. Saint Peter watches in disbelief and asks, "Why did you let him do that?"

To this God says, "Who's he going to tell?"

~ Internet jokers unknown

(but unhooked and keeping their mouths shut)

The Man of Your House

The husband had just finished reading a new book entitled, "You Can Be THE Man of Your House." He stormed to his wife in the kitchen and announced, "From now on, you need to know that I am the man of this house and my word is Law. You will prepare me a gourmet meal tonight, and when I'm finished eating my meal, you will serve me a sumptuous dessert. After dinner, you are going to go upstairs with me and we will have the kind of sex that I want. Afterwards, you are going to draw me a bath so I can relax. You will wash my back and towel me dry and bring me my robe. Then, you will massage my feet and hands. Then tomorrow, guess who's going to dress me and comb my hair?"

The wife replied, "The funeral director would be my first guess."

~ Unknown Author (... *hair combed?*)

THE AFFAIR

A woman was in bed with her lover when she heard her husband opening the front door. 'Hurry,' she said, 'stand in the corner.'

She rubbed baby oil all over him, then dusted him with talcum powder.

'Don't move until I tell you,' she said. 'Pretend you're a statue.'

'What's this?' the husband inquired as he entered the room. 'Oh it's a statue,' she replied. 'The Smiths bought one and I liked it so I got one for us, too.'

No more was said, not even when they went to bed.

Around 2 AM the husband got up, went to the kitchen and returned with a sandwich and a beer.

'Here,' he said to the statue, 'have this. I stood like that for two days at the Smiths and nobody offered me a damned thing.'

~ Unknown (... *Smith?*)

~ Thanks Helen L/NY

Clarifying the Divorce

A judge was interviewing a woman regarding her pending divorce, and asked, "What are the grounds for your divorce?"

She replied, "About four acres and a nice little home in the middle of the property with a stream running by."

"No," he said, "I mean what is the foundation of this case?" "It is made of concrete, brick and mortar," she responded.

"I mean," he continued, "What are your relations like?"
"I have an aunt and uncle living here in town, and so do my
husband's parents."

He said, "Do you have a real grudge?"

"No," she replied, "We have a two-car carport and have never really needed one."

"Please," he tried again, "is there any infidelity in your marriage?"

"Yes, both my son and daughter have stereo sets. We don't necessarily like the music, but the answer to your questions is yes."

"Ma'am, does your husband ever beat you up?"

"Yes," she responded, "about twice a week he gets up earlier than I do."

Finally, in frustration, the judge asked, "Lady, why do you want a divorce?"

"Oh, I don't want a divorce," she replied. "I've never wanted a divorce. My husband does. He said he can't communicate with me."

~ Jokester Unknown (*I think...*)

~ Thanks Roberta G/Chi

MAXED OUT?

Max was crossing over Military Trail one day when he was hit by a bus. He was immediately rushed to JFK Hospital and put in intensive care. A few days later, Harry, his best friend, visits him "So how are things, Max?" Harry asks.

"Not good. My wife visits me three times a day."

"So what's bad about that?" says Harry.

"Every time she comes," replies Max, "she sits at my bedside and reads to me."

"What does she read?" asks Harry.

"My life insurance policy."

~ Unknown (... Reader!)

~ Thanks Joyce S/FL

Everyone is getting this
wrong & ...an ex
policeman ...lost his house
his car and his
girlfriend what did he lose
first???!!! The winner gets
\$2,000 upward

ANSWER ON PAGE 4



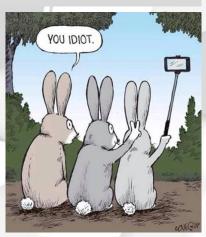
You're not getting senile. You're exercising your right to forget

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!













Please, can I see your nose?

Not until we're married.







Not to spoil the ending for you...

But everything is going to be okay!

People should clock in when they leave home, not when they get to work. The commute is not free time.



BELIEVE:
Life is not fair.
It's Excellent!
Especially with you in it!





If you serve your kids frozen pizza or chicken nuggets for dinner, you are a terrible parent...

I don't care how busy you are, find the time to microwave them.





The Golden Brick Roa

When we choose not to tell children honest stories we risk our truth not being told for two generations...

How I feel affects other people!!!

Other adults were NOT allowed to discipline me in public, especially not to put their hands on me. They COULD tell me to stop as well as threaten to TELL my mother. And my mother did the same with other children.

I did NOT get "The Talk" about how Black boys/men should act if pulled over while driving or questioned by

I will NOT say either of the above are not true stories and guidelines. However I will NOT let someone else's story be mine.

How I feel affects other people!!! **Grace** is not an ongoing request. It is a one-time gift from God that we have to recognize on a daily basis.

Absolutely, and I would also add "recognize... and accept." We can recognize it, but not always accept that gift, which, in my mind are 2 separate things. I struggled with that for years. I had acknowledged that gift for many years, never realizing I hadn't accepted it.

~ KT/NC

Ooh, that's on point!!! One could R&R (Recognize & Run). It's kinda like the key to responsibil-

ity: to whom much is given, much is required. So let's extend the meme to know we need to A&A (Acknowledge & Accept).

~SK

Flashbacks...

Sometimes when we want to leave a job, a relationship or a situation we focus on the things we feel went wrong and "pushed us away." I believe that's a defensive way of living your life.

I say stay focused on the value in the lessons learned that make you want to take a different direction. I believe that's being on offense in living your life.

Everyone who has tried to, or hurt you has steered you in the right direction... that of learning to avoid them. Get on offense and truly live your LIFE (Lessons Intended For Everyone).

Work in progress is always the best stage for coaching. You cannot coach the finished product; you can only accept or reject it... ©2006

The word shapes the world... you just have to add the "L," and recognize it as the Lord. Regardless of your religious beliefs, we all understand that what we say has the power to shape and change lives. Be conscious of what you "add" to each conversation. © 2005 How I feel affects other people!!! Whatever vou're afraid of is hoping you stay away, so that it can win through intimidation, rather than domination.

How I feel affects other people!!! l can complain about overextending myself or I can

extend my farewell to something on my list.

... How I Feel Affects Other People!!! **Feeling**

Pressure? You should. You Diamond. You!!! ~ Sporty King

How I feel affects other people!!!

When someone devalues your time there's really not much to discuss. YOU have to decide if they'll do it again.

How I feel affects other people!!!

You can't anticipate who God will save and you never know who his spies are, because they don't hide... you choose not to recognize them.

How I feel affects other people!!! I've been me for so long, nothing I do surprises me. Occasionally the timing makes me

How I feel affects other people!!!

We sometimes forget how much we love the beauty of the butterfly, whose appeal is a result of its patience to struggle.

stop and think.

How I feel affects other people!!!

Feel blessed to be surprised. Yet don't feel surprised to be blessed.

How I feel affects other people!!! When I focus on myself it doesn't mean I'm selfish. It means I understand the battle for my spirit needs me to strengthen

How I feel affects other people!!!

Battles are won on the last day, not the first!

from within!

ANSWER TO PAGE 2 THE POLICEMAN LOST HIS JOB FIRST (and I don't know what "\$2,000 upward" means)

... How I feel affects other people!!!

A pastor read a letter from an elementary school teacher who attends his church. The gist of the letter was as follows:

Last school year, her classroom was made up of little third graders, every one of which came from either a single parent family, or a dysfunctional family, was undernourished and/or uncared for, lived in an abusive home and was either beaten, bruised, or raped by other family members; one little girl's dad died of AIDS, and the list goes on. Her heart bled for these kids.

Before the '99-2000 school year started, she and her husband went to her classroom and prayed over each desk in the room. They prayed that God would place an angel behind each and every child throughout the coming year to watch over them and protect them.

A month or so after the year had started; she gave the kids an assignment to write about what they would like to be when they grew up. Everybody was busy with his or her assignment, when Andrew raised his hand. When she asked him what he needed, he asked how to spell "mighty." After telling him how to spell mighty, she asked him why he needed to know. Andrew said it was because when he grew up he wanted to be a "mighty man of God."

When he said this, little Mark sitting next to him asked, "So, what's a mighty man of God?" The teacher, swallowing back her tears, and knowing she could not say anything in the classroom, told Andrew to go ahead and tell Mark what it was.

So Andrew says, "It's a man who puts on the armor of God and is a soldier for God."

After observing some conversation between Andrew and Mark, the teacher with a lump in her throat, started to walk away when Andrew motioned with his little forefinger for her to come closer. He whispered to her, asking if she believed in angels. She told him yes, she did. Then he asked her if she thought people could see angels, and she said she thought some people probably could.

Andrew said that he did, and he could see an angel standing behind each kid in the room.

• • • •

I don't think there was a dry eye in the church that night! We need to remember to pray for all of the teachers, that although there is no prayer in school that they are dedicated enough to pray for the protection of God's angels over the lives of their students. Maybe it wouldn't hurt, even at work.

~ Wise before and now after the Pandemic

RIDDLE ME THIS!!!

- 1) What is the only 5 letter word that becomes larger when you add the letter "r" to it?
- 2) I love sugars and treats, I am a little critter and I sound a lot like your Mom and Dad's sister. What am I?
- 3) People say I put doctors out of business, sometimes I am sour, sometimes I am sweet, I can be eaten and can also be drunk. What am I?
- 4) According to the encyclopedia which comes first, the chicken or the egg?
- 5) What word in the dictionary is hilarious?

Two nuns were shopping at a 7-11 store. As they passed by the beer cooler, one nun said to the other, "wouldn't a nice cool beer or two taste wonderful on a hot summer evening?"

The second nun answered, "Indeed it would, sister, but I would not feel comfortable buying beer, since I am certain it would cause a scene at the checkout stand."

"I can handle that without a problem" the other nun replied, and she picked up a six-pack and headed for the check-out.

The cashier had a surprised look on his face when the two nuns arrived with a six-pack of beer.

"We use beer for washing our hair" the nun said, "back at our nunnery, we call it catholic shampoo."

Without blinking an eye, the cashier reached under the counter. Pulled out a package of pretzel sticks, and placed them in the bag with the beer. He then looked the nun straight in the eye, smiled, and said: "the curlers are on the house."

... How I feel affects other people!!!

Patience In Prayer

When the idea is not right, God says, "NO."

No - when the idea is not the best.

No - when the idea is absolutely wrong.

No - though it may help you, it might create problems for someone else.

When the time is not right, God says, "SLOW." What a catastrophe it would be if God answered every prayer when we wanted. Do you know what would happen? God would become your servant, not your master. Suddenly God would be working for you instead of you working for God.

When you are not right, God says, "GROW."

The selfish person has to grow in unselfishness.

The cautious person must grow in courage.

The timid person must grow in confidence,

The dominating person must grow in sensitivity.

The critical person must grow in tolerance.

The negative person must grow in positive attitudes.

The pleasure-seeking person must grow out of the frivolous.

When everything is all right, God says, "GO."

Then miracles happen:

A hopeless alcoholic is set free.

A drug addict finds release.

A doubter becomes a child in his belief.

Diseased tissue responds to treatment, and healing begins. The door to your dream suddenly swings open and there stands God saying, "GO!"

Remember: God's delays are not God's denials.

God's timing is perfect.

Patience is what we need in prayer.

Have the best day of your life - Today!

~ Unknown (... and patient!)





www.sportyking.com 708-805-9279 Sporty@SportyKing.com

Page 5 Riddle Answers:

- 1) The word "large"
- 2) An ant
- 3) An apple
- 4) The chicken because the encyclopedia is in alphabetical order
- 5) The word "hilarious"

www.getriddles.com/riddles-for-adults/

Boss: Do you believe in life after death? Employee: Certainly no. There's no proof of it. Boss: Well, there is now. After you left early yesterday to go to your uncle's funeral he came here looking for you.

THE HAIRCUT

One day a florist went to a barber for a haircut. After the cut, he asked about his bill, and the barber replied, 'I cannot accept money from you; I'm doing community service this week.' The florist was pleased and left the shop. When the barber went to open his shop the next morning, there was a 'thank you' card and a dozen roses waiting for him at his door.

Later, a cop comes in for a haircut, and when he tries to pay his bill, the barber again replied, 'I cannot accept money from you; I'm doing community service this week.' The cop was happy and left the shop. The next morning when the barber went to open up, there was a 'thank you' card and a dozen donuts waiting for him at his door.

Then a Congressman came in for a haircut, and when he went to pay his bill, the barber again replied, 'I cannot accept money from you. I'm doing community service this week.' The Congressman was very happy and left the shop. The next morning, when the barber went to open up, there were a dozen Congressmen lined up waiting for a free haircut.

And that, my friends, illustrates the fundamental difference between the citizens of our country and the politicians who run it. ~ Unknown (*Due to Community service...*) ~ *Thanks Lou F/FL*

ONLINE BROADCASTS FACEBOOK ... LINKEDIN ... YOUTUBE

Monday Morning Moment 8:00am EDT 1-2 minute inspirational message.

GLUE (God's Love Undoes Everything)

Wednesday 1:00pm EDT

30-45 minute interactive inspirational message. GIFT (God Is For Today) Friday 11:00am EDT

8-12 minute sharing of my original poetry and how to use

it to inspire others... and yourself.

WHETHER YOU'RE ON SOCIAL MEDIA OR NOT IF YOU HAVE ACCESS TO EMAIL I SEND THE 3 TO-GETHER AT THE END OF EACH WEEK. EMAIL ME