

The Golden Brick Road

How I Feel Affects Other People!!!

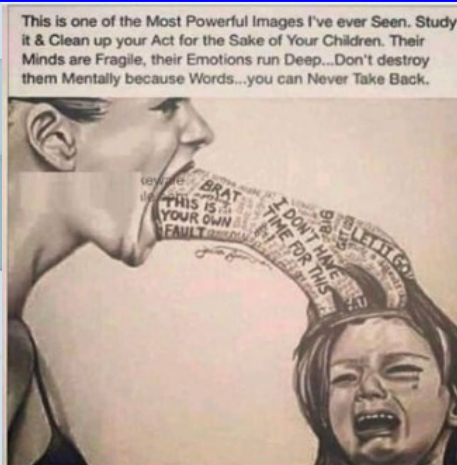
NOVEMBER 2022

Reminding "Seasoned Citizens" to continue to laugh, learn and love their lives...

How I feel affects other people!!!

W.O.R.D.S.
What Others Remember & Digest Strengthens Spirits

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How I feel affects other people!!!

W.O.R.D.S.
What Others Remember Destroy Spirits

WHAT ARE YOURS DOING??

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To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

So NOW it's time to take a seat... Clean yourself up... Enjoy!!!
NOVEMBER is 1 of the 12 best months for loving, living and laughing... Even in a Third Pandemic Year!!!
It's also 1 of the BER Months: SEPTEM... OCTO... DECEM...

HEALTH WATCH

BE NICE TO FAT PEOPLE. ONE DAY THEY MIGHT SAVE YOUR LIFE.

funny-joke-pictures.com

Seem on the wall in one of my favorite Charlotte restaurants.

STUFF HAPPENS (Situations That Unleash our FOCUS & FAITH)

As you deal with STUFF... the first step is to get in touch with who you are and why you are chosen to handle it. Are you the oldest; the smartest; the most creative; the smallest; the least experienced; the last resort? Knowing who you are puts you in position to better understand the choices before you, remembering those behind you that make you worthy.

How I Feel Affects Other People!!!

FOCUS
Finding Ourselves Creates Unlimited Success

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How I Feel Affects Other People!!!

FAITH
Feeling As If There's Hope
The only thing you cannot do is give up!!!

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The second step is reactivating your belief system. I also call it, "Trusting your Track Record." Look back at who you are and credit yourself for how far you've come. There was 'something' back there that you thought you couldn't overcome. You're here!!! Now ADD to what it took for you to get through. Reconnect to the belief that the only thing you cannot do... is what you did not do: Give Up! You're about to get through some more STUFF...

So last night I parked the car on 125th Street & 7th Ave near a restaurant. I walked towards the Apollo Theater where I told someone to meet me. As I approached the Apollo this lady walking beside me slipped and fell. I offered to help her up. And as I was helping her all she kept saying was, "I'm Gladys Knight, I'm Gladys Knight." So I'm thinking she really must've banged her head pretty hard when she fell if she thinks she's Gladys Knight. Then I realized what she was actually saying! She was saying, "I'm glad it's night!"

~ Jokester Unknown

Thanks Mike M/NY

You're not getting senile. You're exercising your right to forget!

IF WOMEN ONLY TRUSTED THEIR HUSBANDS!

A wife comes home late at night, and quietly opens the door to her bedroom. From under the blanket she sees four legs instead of two. She reaches for a baseball bat and starts hitting the blanket as hard as she can.

Leaving the covered bodies groaning and barely alive, she goes to the kitchen to have a drink. As she enters, she sees her husband there, reading a magazine.

"Hi Darling", he says, "Your parents have come to visit us, so I let them stay in our bedroom. Did you say "hello?"

~ Internet Jokester (*Trusted...*) *Thanks Jim W/Chi*

PROOF MEN HAVE BETTER FRIENDS

Friendship among Women:

A woman didn't come home one night. The next morning she told her husband she had slept over at a friend's house. The man called his wife's 10 best friends. None of them knew anything about it.

Friendship among Men:

A man didn't come home one night. The next morning he told his wife he had slept over at a friend's house. The woman called her husband's 10 best friends. Eight confirmed he had slept over, and two said he was still there.

~ Unknown Jokester (*unrelated*) ~ *Thanks Betty B/Tenn*

ARROGANCE OF OLD AGE

Yesterday morning I bought two six packs of beer on sale at the Liquor Store. I placed them on the front seat of the car and headed back home. I stopped at the service station where a drop-dead gorgeous woman was filling up her car at the next pump.

It was very warm and she was wearing tight shorts and a light top which was wide open. She glanced at the beer, bent over and knocked on my passenger window. With her bra-less breasts almost falling out of her skimpy top she said, in a sexy voice, "I'm a big believer in barter, old fellow, would you be interested in trading sex for beer?"

I thought for a few seconds and asked, "What kind of beer you got?"

~ Unknown (... yet Proud!)

The Final Exam

At Penn State University, there were four sophomores taking chemistry and all of them had an 'A' so far. These four friends were so confident that the weekend before finals, they decided to visit some friends and have a big party. They had a great time but, after all the hearty partying; they slept all day Sunday and didn't make it back to Penn State until early Monday morning.

Rather than taking the final then, they decided that after the final they would explain to their professor why they missed it. They said that they visited friends but on the way back they had a flat tire. As a result, they missed the final. The professor agreed they could make up the final the next day. The guys were excited and relieved. They studied that night for the exam.

The next day the Professor placed them in separate rooms and gave them a test booklet. They quickly answered the first problem worth 5 points. Cool, they thought! Each one in separate rooms thought this was going to be easy ... then they turned the page. On the second page was written...

For 95 points: Which tire? _____

~ Internet Jokester (*still fishing*) ~ *Thanks Roberta L/CX*

HIGHER POWER

A Sunday school teacher said to her children, "We have been learning how powerful kings and queens were in Bible times. But, there is a higher power. Can anybody tell me what it is?"

One child blurted out, "Aces!"

***** ***** *****

TIME TO PRAY

A pastor asked a little boy if he said his prayers every night. "Yes sir," the boy replied.

"And, do you always say them in the morning, too?" the pastor asked. "No sir," the boy replied.

"I ain't scared in the daytime."

An elderly man was stopped by the police around 2 a.m. and was asked where he was going at that time of night. The man replied, "I'm on my way to a lecture about the evils of alcohol abuse and the effects it has on the human body, as well as smoking and staying out late." The officer then asked, "Really? Who's giving that lecture at this time of night?" The man replied, "That would be my wife."

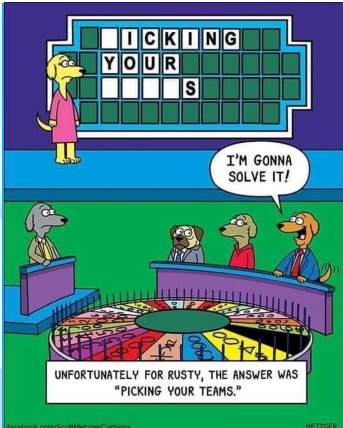
Guys at The Byrd Spring Rod & Gun Club asked me what actress I would like to be stuck in an elevator with. I told them the one who knows how to fix elevators. I'm old, tired, and pee a lot.

~ Internet Jokester (*Going up...*)

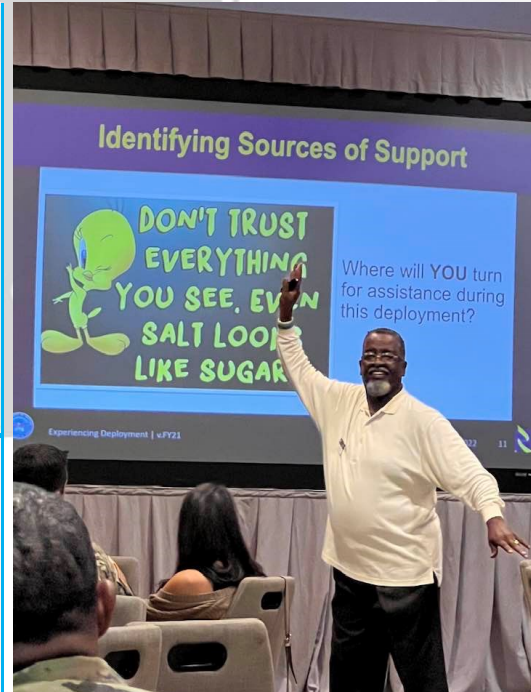
Thanks Bill J/(RIP)

You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!



My wife and I got stuck in an elevator and when we got home, we told the story to our kids. They just looked at us and said, "Soooo..... ..did ya get out?" My wife and I looked at each other and made a pact to go ahead and start drinking away their college fund.



Me pausing to pose during an engagement with the NC Army National Guard. I saw a Family Member focusing so I asked if I was in a good spot. After the pic I moved forward by reminding them that we're always on display and need to know where our cameras are. Someone is always checking you out... especially when in uniform... and truly when you're in public or around kids. ☺ I don't waste any moments or opportunities to bring the message INTO the moment.



Follow me for more recipes

Taxosexual (noun) a person that dates you for the soul purpose of your tax refund 🤪

OLD LIVES MATTER



The plumber said: "Why haven't you paid the bill for the work I did last Friday". Paddy replied: "Well it was not what you quoted". The plumber said: "I didn't give you a quote?". Paddy replied, "Yes you did! when I asked what day you could come? you said you were free on Friday!"



In case you've forgotten where this wonderful FUNletter claimed its roots

The Golden Brick Road

How I feel affects other people!!!

The left hand doesn't know what the right is doing because we don't always tell it!!! Yet, face it... sometimes we don't know!!!
~ Sporty King

And it's ok to not always have the answer. What we don't want to lose sight of is the path. We won't necessarily know what's up ahead or around the corner. We must have faith that it's God.



How I feel affects other people!!!

"Life is short" is not about our number of days on earth, but the quality of each day spent.
~ Sporty King

How I feel affects other people!!!

The first one without [name] will be/was tough. But it sets you up for the pain of the 2nd, the process of the 3rd, the preparation for the 4th... It doesn't GET easier... you GET stronger. There's no need to GET over it!!!
~ Sporty King

How I feel affects other people!!!

I'm not shocked/surprised at what God can do. I spend more time enjoying his results.
~ Sporty King

How I feel affects other people!!!

You cannot get away from yourself. Accept who you are, and realize that essence is inescapable. Continue to reconnect to yours.
~ Sporty King

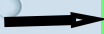
Unless you were professionally hypnotized and woke up with this person next to you... your choices in relationships are reflections of who you are or were. Everything that happens along the way is growth in either shedding or stretching of your spirit. As you simultaneously have that experience you come together or move apart. You can really just say, "Thank You," or "Amen," or "Wow," or "Cool," or "I Get It..." and go about your life.

How I feel affects other people!!!

Relationships are about you, not the other person(s). Relationships are created through context...
~ Sporty King

How I feel affects other people!!!

When someone lies to you for years you don't reward them with full trust when they are forced to tell the truth. Especially when they continue to lie.
~ Sporty King



Draw your eye to the belief that they are "forced to tell the truth" because they've been caught... not because they wanted to come clean.
*** **

How I Feel Affects Other People!!!

Change does not happen overnight, yet it does happen over the nights.
~ Sporty King

How I feel affects other people!!!

If you "know how so-n-so is," treat them that way instead of putting them in position to prove it.
~ Sporty King

Patience is a practice that takes practice.

How I Feel Affects Other People!!!

My expectation of God is what he gives me in the end... not how he treats me getting there
~ Sporty King

How I Feel Affects Other People!!!

You'll never know how long someone's been lying to you. You'll always know how long they've been telling you the truth.
~ Sporty King

How I feel affects other people!!!

There really is no negativity in the truth, because it allows us the chance to choose the positive.
~ Sporty King

BE YOU!

How I Feel Affects Other People!!!

When we subconsciously see ourselves as unworthy we look for someone else to blame. When we consciously understand our worth we look destiny in the eye and proclaim what we CAN do!
~ Sporty King

The only thing you cannot do... is give up on yourself! Who you blame is who you believe in... because you've decided they have more control over your life than you do.

Yes, it's harder than following the crowd. Yet you'll be pleasantly surprised with how it fulfills and helps the crowd move forward.



How I feel affects other people!!!

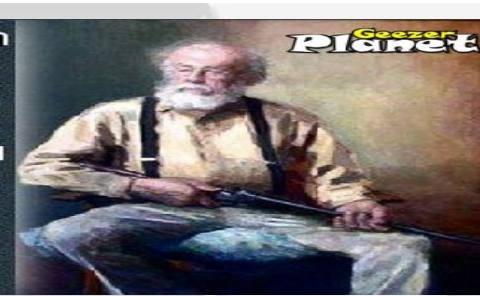
What ends up getting some people is that they don't realize that most success comes from "invention," not conformity.
~ Sporty King

... How I feel affects other people!!!



Turkey Season

I shot my first turkey yesterday! Scared everyone in the frozen food section. It was awesome! Gettin old is so much fun...



MAKING THE MOST OF LIFE AND RETIREMENT

1. It's time to use the money you saved up. Use it and enjoy it. Don't just keep it for those who may have no notion of the sacrifices you made to get it. Remember there is nothing more dangerous than a son or daughter-in-law with big ideas for your hard-earned capital. Enjoy the present moment. The sand in the clock may run out at any moment.
2. Stop worrying about the financial situation of your children and grandchildren. You've taken care of them for many years, and you've taught them what you could. You gave them an education, food, shelter and support. The responsibility is now theirs to earn their way.
3. Keep a healthy life with moderate exercise (like walking every day), eat well and get your sleep. It's easy to become sick, and it gets harder to remain healthy. Keep in touch with your doctor; get tested even when you're feeling well. Stay informed.
4. Always buy the best, most beautiful items for your significant other. The key goal is to enjoy your money with your partner. One day one of you will miss the other, and the money will not provide any comfort then. Enjoy it together.
5. Don't stress over the little things. You've already overcome so much in your life. You have good memories and bad ones, but the important thing is the present. Don't let the past drag you down or the future frighten you.
6. Regardless of age, always keep love alive. Love your partner, love life, love your family, and love your neighbor, your surroundings, your country. We are never old as long as we have intelligence and affection.
7. Be proud, both inside and out. Don't stop going to your hair salon or barber. Do your nails; go to the dermatologist and the dentist. Keep your perfumes and creams well stocked. When you are well-maintained on the outside, it seeps in, making you feel proud and strong on the inside.
8. Don't lose sight of fashion trends for your age but keep your own sense of style. There's nothing sillier than an older person trying to wear the current fashion among youngsters. You've developed your own sense of what looks good on you - keep it and be proud of it. It's part of who you are.
9. Read newspapers, watch the news. Go online and read what people are saying. Make sure you have an active email account and try to use some of those social networks. You'll be surprised which old friends you'll meet. Keeping in touch with what is going on and with the people you know is important at any age.
10. Respect the younger generation and their opinions. They may not have the same viewpoints as ours, but they are the future and will take the world in their direction. Give advice, not criticism, and try to remind them of yesterday's wisdom that still applies today.
11. Many Americans don't vote. Don't be one of them, and even if you are dissatisfied with the choices, vote for the leader of the PARTY that fits your goal. Do you want to stay the way things are, or do you want someone to come into power who will make changes and change the path we are on as a nation?

~ KR / Louis De Filette / ex Loctite Belgium 1968 – 2003

~ Thanks Dee G/CX

A man was riding a bus, minding his own business, when the gorgeous woman next to him started to breastfeed her baby.

The baby wouldn't take it, so she said, "Come on, drink it all up or I'll have to give it to this nice man here."

Five minutes later, the baby was still not feeding, so she said, "Come on, honey. Take it or I'll give it to this nice man here."

A few minutes later, the anxious man blurted out, "Come on, kid. Make up your mind! I was supposed to get off four stops ago!"

~ Unknown Jokester (riding more buses now...)

~ Thanks Wayne G (RIP)

... How I feel affects other people!!!

www.sportyking.com 708-805-9279 Sporty@SportyKing.com



LIKE POISON TO MY PASSION

Negativity creeps in as the dominant force
of the day
Yet my ability to seek positivity is ever poised
for the moment

So my poison is "poised in" my passion
for relationship with God
Controlling my WORDS
Positively as

What Others Remember & Digest Strengthen
Spirits
Over

What Other Remember Destroy Spirits

And the lives I touch continue to benefit from
*HIS*tory
Drenched in my view of the possibilities...

© October 2011

- I want to do as little as possible to live as grand as I can.
- You can't "see" the testimony in advance. That's why it's called a vision.
- Marvin Gaye's lyrics transcend time. Listen to "What's Going On?" and "Mercy, Mercy Me!" ... things 'are' what they used to be.
- The Parent Handbook is 40 days n nights (I mean) pages long. According to it you are doing a great job.
- Unfortunately many people want someone else to be open-minded about something they refuse to reconsider.
- You are a wonderfully gifted person. Just as you would nurture a child, comfort a friend, or greet a customer, acknowledge that everyday.

Just because
I don't comment
doesn't mean
I don't have
something
to say.

Just because
I don't flinch
doesn't mean
I haven't made
6 my move.

How I feel affects other people!!!



**Excuse me
for being calm,
but the game
isn't over, and
MY score keeper
hasn't left!!!**

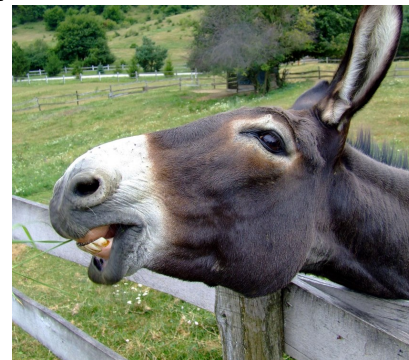
~ Sporty King

You'll need this for post-Thanksgiving meal

The Dawn Kee Diet

A friend of mine, Dawn, is a nurse and talked to me about the Atkins Diet, Jenny Craig, Weight Watchers, and the latest of course, The South Beach Diet. Since she is a nurse, she has done a lot of study and research on dieting. I TRULY think she has found the real answer to weight loss, The Dawn Kee Diet: *Keep your ass out of the refrigerator.*

~ Unknown Jokester
(named Dawn?)



That's a nice ham you got there. Be a shame if someone put an 's' in front of it and an 'e' behind it.



There's a joke in here! Can you find it?

ONLINE BROADCASTS

FACEBOOK ... LINKEDIN ... YOUTUBE

Monday Morning Moment 8:00am EDT
1-2 minute inspirational message.

GLUE (God's Love Undoes Everything)
Wednesday 1:00pm EDT

30-45 minute interactive inspirational message.

GIFT (God Is For Today) Friday 11:00am EDT

8-12 minute sharing of my original poetry
and how to use it to inspire others... and yourself.

WHETHER YOU'RE ON SOCIAL MEDIA OR NOT IF
YOU HAVE ACCESS TO EMAIL I SEND THE 3 TO-
GETHER AT THE END OF EACH WEEK. EMAIL ME