

The Golden Brick Road

How I Feel Affects Other People!!!

APRIL 2023

Reminding "Seasoned Citizens" (and you) to continue to laugh, learn and love their lives...

Banks should do a better job of keeping their ATMs filled. This is the fifth one I've been to that says Insufficient Funds.

I hate it when old people say tattoos are a waste of money. Deborah, you have a cabinet of expensive plates no one is allowed to use.

Every time I thought I took a loss, God blessed me with something better

THOUGHT I'D START OUT WITH THE ABOVE STUFF IN SIMPLE BLACK & WHITE... PRETTY MUCH EVERYONE SHOULD BE ONBOARD NOW. ☺

To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

So NOW it's time to take a seat... Clean yourself up... Enjoy!!! APRIL is 1 of the 12 best months for loving, living and laughing...

Rick (age 4): Dad, I've decided to get married.
Dad: Wonderful. Do you have a girl in mind?
Rick: Yes. Grandma! She said she loves me, I love her, too... and she's the best cook & story teller in the whole world!
Dad: That's nice, but we have a small problem there.
Rick: What problem?
Dad: She happens to be my mother. How can you marry my mother?
Rick: Why not? You married mine!!!
~ Jokester Unknown

HEALTH WATCH



One day, two young brothers in Rome, Johnny and Billy, aged 12 and 14, came home with a 20 and 50 euro note. Their mother asked them where they got all that money from. "Well, we were standing outside the brothel when a guy left," said Billy. "We told him that we knew where he had been, so he asked us not to reveal anything and gave us 20 euros." "Then we followed the man," said Johnny, "and when he came to his house we told him that now we also knew where he lived. Then he gave us another 50 euros and begged us to keep quiet." "That's truly awful behavior," the mother replied. "You really should be ashamed of yourselves and feel sorry for the man. Off you go to confession in the church." The boys did what they were told and went to the Church, to confess and atone before the priest. After a while they came back with 100 euros, because now they also knew where the man worked!
~ Jokester Unknown (I swear!)

◆ **Pray for our military families' mental toughness. It is a base component for their safety.**

You're not getting senile. You're exercising your right to forget!

Drink, Steal, Swear & Lie (FOUR RULES TO LIVE BY)

I met this guy while I was in Memphis and he has a motto he lives by every day. He said listen carefully and live by these 4 rules: Drink, Steal, Swear & Lie!

I was shaking my head no, but he then told me to listen while he explained his four rules:

- ◆ Drink from the "everlasting cup" every day
- ◆ Steal a moment to help someone that is in worse shape than you are
- ◆ Swear that you will be a better person today than yesterday
- ◆ Lie down at night and thank God you live in America and have freedoms

~ **Anonymous (... Five!)**

Farmer Joe had five female pigs. Times were hard, so he decided to take them to the county fair and sell them.

At the fair, he met Farmer Jim who owned five male pigs. After talking a bit, they decided to mate the pigs and split everything 50/50.

The farmers lived 60 miles apart. So they agreed to drive 30 miles each, then find a field in which to let the pigs mate.

The first morning, Joe got up at 5am, loaded the pigs into the family station wagon and drove the 30 miles. While the pigs were mating, he asked Jim, "How will I know if they are pregnant?"

Jim replied, "If they're lying in the grass tomorrow morning, they're pregnant. If they're in the mud, they're not."

The next morning the pigs were rolling in the mud. So Joe hosed them off, loaded them into the family station wagon again and proceeded to try again. This continued each morning for more than a week. Both farmers were worn out.

The next morning Joe was too tired to get out of bed. He called to his wife, "Honey, please look outside and tell me whether the pigs are in the mud or in the grass."

"Neither," yelled his wife. "They're in the station wagon and one of them is honking the horn."

~ **Jokester Unknown (Makin' Bacon)**

Flies Identified

A woman walked into the kitchen to find her husband stalking around with a fly swatter.

"What are you doing?" She asked.

"Hunting Flies" He responded.

"Oh! Killing any?" She asked.

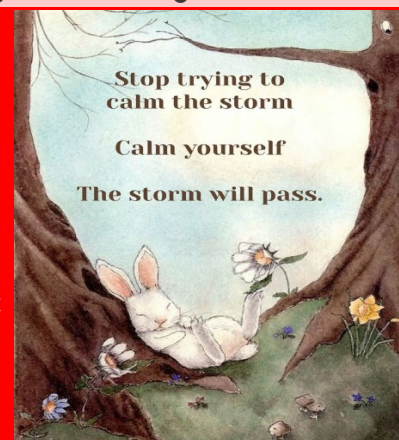
"Yep, 3 males, 2 Females," he replied.

Intrigued, she asked, "How can you tell them apart?"

He responded, "3 were on a beer can, 2 were on the phone."

~ **Anonymous (Dos Equis...)**

I had a tree I wanted removed because it was too close to the house. I called a tree guy. He came out and did a nice job cutting down the tree. He asked me what I thought. I said, "It's nice, but what about the stump?" He informed me that he was just a tree guy who cut down trees, if I wanted the stump removed, I would need to call a stump guy.



I found a highly recommend stump guy. He came and got the stump out. He says, "There you go." I asked him about the hole. He says, "I'm a stump guy and just remove stumps. I don't fill in the holes." He told me I would need to call a landscaper.

I get a hold of a landscaper and I tell him, "I'm away for a few days on business, I don't care what you do, please just fix the hole and make it look nice."

I got back today and found out that he had planted a [**DAMN**] tree.

- ◆ 2023 isn't going to be my year. It's a repeat of one of my years. God has always been good to me. Sometimes I didn't know until I looked back.
- ◆ Bravery is not always rested in silence. When we can express our fears, we become stronger because we now have a direction to overcome
- ◆ My kindness has been mistaken for weakness so often that it has gotten stronger!
- ◆ Get a favorite restaurant and favorite server, for when you need to feel special.



The Golden Brick Road

How I feel affects other people!!!

I'm not at the top of my game every day, but I'm at the bottom even less.
~ Sporty King

Allow yourself to appreciate and enjoy your pace. You are on a pace.

Conscious and braggadocious are not synonyms. Many are familiar with the

How I feel affects other people!!!

Stay conscious of the difference you've made in countless lives. God doesn't want you so humble that you don't acknowledge his delivery.
~ Sporty King

concept 'Acts of Kindness' (*Give an unexpected compliment; Plant a tree; Participate in a charity walk or run; Give blood.*). The selfless nature it takes to involve yourself in any of these saves lives. There is nothing braggadocious about stating, "I've saved a life." There is nothing wrong with feeling good about doing the good God has intended through you.

How I feel affects other people!!!

Don't get mad at false prophets. Recognize them.
~ Sporty King

Your being upset is part of their victory, because it confirms their control. Your recognizing their moves confirms that you know God put them in place to bless you. Your celebration is part of their loss, because they

have no idea where you took over.

You must learn to move over and let someone else's talent lead. It does not subtract from your power. It adds to your effectiveness in knowing when to share.

How I feel affects other people!!!

There's another way to do it. You just might not be the one to discover it. That's OK!
~ Sporty King

When we see little girls we tell them how pretty they are and wish them to grow up to be sweet young ladies. What we must also be mindful of is telling them how smart they are and wish them to grow up to be happy. Remind little girls (and boys) to be smart and happy.

How I Feel Affects Other People!!!

If you haven't told the little girls in your life how to enjoy life, other people will... and their formula may not be the best.
~ Sporty King

Be sure to keep score and celebrate. As you do, you will catalogue and strengthen your resolve for the trial up ahead. Remember, IT IS THERE and trials have no power over you. They must wait for you, hoping that you will fuel them with fear so THEY can get the testimony. Stay strong. AGAIN.

How I feel affects other people!!!

Whether you're young, middle aged, or older... dark moments are often learning moments. Adversity often creates testimony.
~ Sporty King

How I feel affects other people!!!

Balance doesn't mean equal time. It means amount of time. How much time are you ON social media vs IN your life?
~ Sporty King

How I feel affects other people!!!

My role model, Jesus, did not allow others to detour his destiny. Know your path even when you're not sure where you're going.
~ Sporty King

How I feel affects other people!!!

We must always respect our opponent, to make our strongest victories more measurable & satisfying.
~ Sporty King

How I feel affects other people!!!

Don't let your pride overshadow how proud you are to be worthy of asking for anything!!!
~ Sporty King

How I feel affects other people!!!

When we believe in what we're doing & who we are, waiting for the outcome is harder... but it's worth it.
~ Sporty King

How I feel affects other people!!!

What we share, and what they hear are not always one in the same. Who "they" are is up to you.
~ Sporty King

How I feel affects other people!!!

Expect Success - if you believe only in circumstances they'll seek you out and keep you walking around with a dumbfounded look on your face.
~ Sporty King

How I Feel Affects Other People!!!

When you expect success you get to move forward with a smile that marvels only at the magnitude of your last step.
~ Sporty King

How I Feel Affects Other People!!!

Expect success by helping people define their personal win. W.I.N. (What I Need). Each of us wins the right to succeed as only we can.
~ Sporty King

- ◆ The happiest day in your life is one of many!
- ◆ God always takes the long way. Don't think so? How old are you?
- ◆ Stand and pray... so God can walk you through

... How I feel affects other people!!!



Learning about Beer from 7 year olds

A handful of 7 year old children were asked what they thought of beer.

Tim- 'I think beer must be good. My dad says the more beer he drinks the prettier my mom gets.'

Melanie - 'Beer makes my dad sleepy and we get to watch what we want on television when he is asleep, so beer is nice.'

Toby - 'My Mom and Dad talk funny when they drink beer and the more they drink the more they give kisses to each other, which is a good thing.'

Sarah - 'My Dad gets funny on beer. He is funny. He also wets his pants sometimes, so he shouldn't have too much.'

Lilly - 'My Dad loves beer. The more he drinks, the better he dances. One time he danced right into the pool.'

Ethan - 'I don't like beer very much. Every time Dad drinks it, he burns the sausages on the barbecue and they taste disgusting.'

Brittney - I don't like beer, but mom says it helps you get the guys you want, so I'll have to learn to like it.

Brad - Beer tastes disgusting. My brother told me it makes you think the girls are pretty. With his girlfriend I would need an awful lot of beer.

~ Jokester Unknown (*BELCH*)

The Other Stall

I was barely sitting down when I heard a voice from the other stall saying: "Hi, how are you?"

I'm not the type to start a conversation in the restroom but I don't know what got into me, so I answered, somewhat embarrassed, "Doin' just fine!"

And the other person says: "So what are you up to?" What kind of question is that? At that point, I'm thinking this is too bizarre so I say: "Uhhh, I'm like you, just traveling!"

At this point I am just trying to get out as fast as I can when I hear another question. "Can I come over?"

Ok, this question is just too weird for me but I figured I could just be polite and end the conversation. I tell them: "No... I'm a little busy right now!!!"

Then I hear the person say nervously... "Listen, I'll have to call you back. There's an idiot in the other stall who keeps answering all my questions."

~ Unknown (*but overheard*) internet

Watch what you say... think about what you hear... know that someone is always listening!

FIRST THE APPLE

A woman ran a red traffic light and crashed into a man's car. Both of their cars are demolished but amazingly neither of them was hurt.

After they crawled out of their cars, the woman said; "Wow, just look at our cars! There's nothing left, but fortunately we are unhurt. Must be a sign from God that we should meet and be friends and live together in peace for the rest of our days." The man replied, "I agree with you completely. This must be a sign from God!"

The woman continued, "And look at this, here's another miracle. car is completely demolished, but my bottle of 75 year old scotch didn't break. God meant for us to drink this vintage delicacy and celebrate our good fortune." Then she handed the bottle to the man.

The man nods his head in agreement, opened it, drank half the bottle and then handed it back to the woman. The woman took the bottle, immediately put the cap back on, and handed it back to the man.

The man asks, "Aren't you having any?" She replies, "Nah. I think I'll just wait for the police."

Adam ate the apple, too! Men will never learn!
~ Unknown Matchmaker (*Good sign...*)
~ Thanks Angell C/SL

WAYS TO TURN DOWN UNWANTED MEN!!!!

HIM: Can I buy you a drink?

HER: Actually I'd rather have the money.

HIM: I'm a photographer. I've been looking for a face like yours.

HER: I'm a plastic surgeon. I've been looking for a face like yours.

HIM: Go on, don't be shy. Ask me out.

HER: Okay, get out.

HIM: What would you say if I asked you to marry me?

HER: Nothing. I can't talk and laugh at the same time.

HIM: I think I could make you very happy.

HER: Why? Are you leaving?

HIM: Hi. Didn't we go on a date once? Or was it twice?

HER: Must've been once. I never make the same mistake twice.

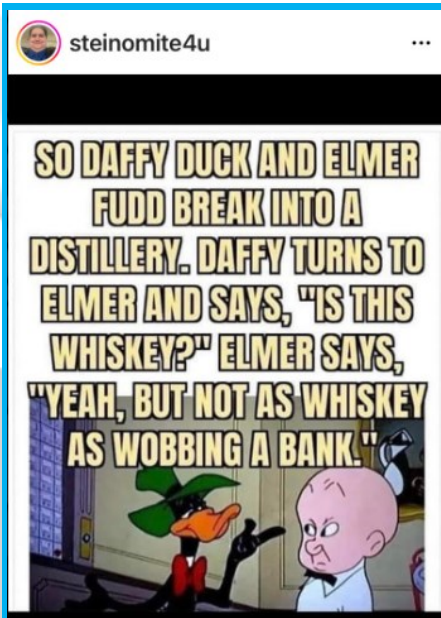
HIM: Haven't I seen you some place before?

HER: Yes. That's why I don't go there anymore.

~ Jokester Unknown (*Interested?*)

You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!



Bumped into a mannequin and said, "sorry." And then said, "Oh I thought you were a person." Then I realized I was still talking to a mannequin.

My teacher told me not to worry about spelling because in the future there will be autocorrect And for that I am eternally grapefruit.

Finally found an affordable place in California. It's in a gated community, stainless steel appliances, all utilities included and the neighbors seem nice.



"You attract what you fear."

Oh my God, I'm so scared of \$10.6 Billion.



I NEVER CALLED YOU STUPID, BUT WHEN I ASKED YOU TO SPELL "ORANGE" AND YOU ASKED ME THE FRUIT OR COLOR IT KINDA CAUGHT ME OFF GUARD.

When older people say, "Enjoy them while they are young." They are talking about your knees and hips not your kids.

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ONLINE BROADCASTS
FACEBOOK ... LINKEDIN ... YOUTUBE
Monday Morning Moment 8:00am EDT
1-2 minute inspirational message.
GLUE (God's Love Undoes Everything)
Wednesday 1:00pm EDT
30-45 minute interactive inspirational message.
GIFT (God Is For Today) Friday 11:00am EDT
*8-12 minute sharing of my original poetry
and how to use it to inspire others...
and yourself.*
HAPPY THIS YEAR!!!
*I love you and I'll see you!!!
Happy LIFE Moments!!!*

Senior Thoughts For The Day

1. Wouldn't it be great if we could put ourselves in the dryer for ten minutes, come out wrinkle-free and three sizes smaller!
 2. Last year I joined a support group for procrastinators. We haven't met yet!
 3. I don't trip over things, I do random gravity checks!
 4. I don't need anger management. I need people to stop pissing me off!
 5. Old age is coming at a really bad time!
 6. When I was a child, I thought Nap Time was a punishment ... now, as a grown up, it just feels like a small vacation!
 7. Lord, grant me the strength to accept the things I cannot change, courage to change the things I can, the friends/family to post my bail when I finally snap!
 8. I don't have gray hair. I have "wisdom highlights."
 9. My people skills are just fine. It's my tolerance to idiots that needs work.
 10. If God wanted me to touch my toes, he would've put them on my knees.
 11. I'm going to retire & live off of my savings. Not sure what I'll do that 2nd week
 12. When did it change from "We the people" to "Screw the people?"
 13. Even duct tape can't fix "stupid"... but it can muffle the sound!
 14. At my age, "getting lucky" means walking into a room and remembering what I came in there for.
- Internet Unknown (*Thinking...*)



From March 13-16 I traveled to San Antonio, TX to plopp myself down in a seat and enjoy watching my Spurs play basketball. I've been a Spurs fan since 1989, when David Robinson entered the NBA. You're looking at the back of my custom-ordered Spurs jersey. Yet that's not the story. There are no Spurs who famously wore the number 55 to get my *fanship*.

Growing up, my father did not allow me to wear my favorite player's name on my jersey. I could wear the number, yet not the name. He said that *if you wear a man's name on your back they own you*. He reminded me that I should be the only man who

owned me. I enjoyed growing up with that rule and commitment to tradition and legacy.

Meanwhile the *tradition* I'm starting in this picture is an annual trip to San Antonio according to their regular season schedule when they have two home games in a row. My only other trip there was in 2014 when I went to see them win Game 5 of the NBA Championship... making them undefeated when I was in the stands. This contributed to my reason for the new tradition. They badly needed a win, so I figured I'd go and get them two, and thank them for remaining undefeated while I was in the stands.

Sure as sure can be, they had a dominating win over the Orlando Magic my first night. However, on my second night they would lose in overtime to the Dallas Mavericks. Thus changing my *legacy* title to ***They Have Never Lost a Game in Regulation Time With Me in the Stands.*** ☺ Life is often about making the numbers work for you.

My weekly **GLUE Wednesday** broadcast is based on the idea that we don't need to hump each week. We need to keep it together. God's love helps me do so. I'm currently using a subtitle of the **GAIN (GLUE Analogies In Numbers)** Series where I have people tell me their favorite number and, the following week, I create an inspirational message around the numbers they gave me. This led up to what I call the

GAIN Pledge

You've got to make the numbers work for you
or they may work against you... and keep you in a box.

Our days ARE numbered here on earth.

To get through and enjoy them most we don't want to *hump*.

We want to find ways to *keep it together*.

God's love does just that on GLUE Wednesday.

God's Love Undoes Everything