

The Golden Brick Road

How I Feel Affects Other People!!!

JUNE 2023

Reminding "Seasoned Citizens" (and you) to continue to laugh, learn and love their lives...

When you're older and people text you in abbreviations like "GM". Well, General Motors to you too!! 😂😂

SEE NOTE AT BOTTOM OF THIS PAGE



To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

So NOW it's time to take a seat... Clean yourself up... Enjoy!!!
JUNE is 1 of the 12 best months for loving, living and laughing...

HEALTH WATCH
WHO WOULD YOU CHOOSE AS A ROOMATE?
Noah: but a steady stream of animals come through your house
Jonah: but he still smells like the inside of a fish
Eve: but she's always peer pressuring you
Ruth: but her mother-in-law live with you

Just Good Conversation YOU MAY ENTER THE GBR

DON'T ARGUE WITH DONKEYS
The donkey said to the tiger: "The grass is blue."
The tiger replied: "No, the grass is green."
The discussion heated up, and the two decided to submit him to arbitration, and for this they went before the lion, the King of the Jungle.
Already before reaching the forest clearing, where the lion was sitting on his throne, the donkey began to shout: "His Highness, is it true that the grass is blue?"
The lion replied: "True, the grass is blue."
The donkey hurried and continued: "The tiger disagrees with me and contradicts and annoys me, please punish him."
The king then declared: "The tiger will be punished with 5 years of silence."
The donkey jumped cheerfully and went on his way, content and repeating: "The Grass Is Blue"...
The tiger accepted his punishment, but before he asked the lion: "Your Majesty, why have you punished me?, after all, the grass is green."
The lion replied: "In fact, the grass is green."
The tiger asked: "So why are you punishing me?"
The lion replied: "That has nothing to do with the question of whether the grass is blue or green. The punishment is because it is not possible for a brave and intelligent creature like you to waste time arguing with a donkey, and on top of that come and bother me with that question."

The worst waste of time is arguing with the fool and fanatic who does not care about truth or reality, but only the victory of his beliefs and illusions. Never waste time on arguments that don't make sense... There are people who, no matter how much sense and evidence we present to them, are not in the capacity to understand, and others are blinded by ego, hatred and resentment, and all they want is to be right even if they are not.
When ignorance screams, intelligence is silent. Your peace and quiet are worth more.
~ MySchool811.facebook.com ~ Thanks Debra Norwood/TN

You're not getting senile. You're exercising your right to forget!

ALL I NEEDED TO KNOW ABOUT LIFE I LEARNED FROM A COW

Wake up in a happy moooo-d.
 Don't cry over spilled milk.
 Turn the udder cheek and mooove on.
 Seize every opportunity and milk it for all it's worth
 It's better to be seen and not herd (Sometimes I'm not even seen... much less herd)
 Honor thy fodder and thy mother and all your udder relatives
 Never take any bull from anybody.
 Black and white is always an appropriate fashion statement
 Don't forget to cow-nt your blessings every day.
 ~ *Joker Unknown (... or unherd of...)*

Communication in Today's Generation

Daughter to Dad (TEXTING)
 Daddy, I am coming home to get married, soon.
 Get out your check book. LOL
 I'm in love with a boy who is far away from me. I am in Australia, and he lives in Scotland. We met on a dating website, became friends on Facebook, had long chats on Whatsapp, he proposed to me on Skype, and now we've had two months of relationship through Viber. My beloved and favorite Dad, I need your blessing, good wishes, and a really big wedding. Lots of love and thanks,
 Your favorite daughter, Lilly

Dad's reply (ALSO TEXTING)
 My Dear Lilly: Like Wow! Really? Cool! Whatever....., I suggest you two get married on Twitter, have fun on Tango, buy your kids on Amazon, and pay for it all through Paypal. And when you get fed up with this new husband, sell him on Ebay.
 L.O.L. Daddy
 ~ *Jokester Unknown (SMH)(Shaking My Head)*
 ~ **Thanks Thomas W/OH**

Wait, wait... you're telling me...



If I pee in the yard. I get a TREAT?

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Quickie In The Buses

There are two statues in a park; one of a nude man and one of a nude woman. They had been facing each other across a pathway for a hundred years, when one day an angel comes down from the sky and, with a single gesture, brings the two to life. The angel tells them, 'As a reward for being so patient through a hundred blazing summers and dismal winters, you have been given life for thirty minutes to do what you've wished to do the most.'

He looks at her, she looks at him, and they go running behind the shrubbery. The angel waits patiently as the bushes rustle and giggling ensues. After fifteen minutes, the two return, out of breath and laughing. The angel tells them, 'Um, you have fifteen minutes left, would you care to do it again?' He asks her 'Shall we?'

She eagerly replies, 'Oh, yes, let's! But let's change positions. This time, I'll hold the pigeon down and you crap on its head.'
 ~ *Jokester unknown (but no wings)*

Friendship Between Women:

A woman didn't come home one night. The next day she told her husband that she had slept over at a girlfriend's house. The man called his wife's 10 best friends. None of them knew anything about it.

Friendship Between Men:

A man didn't come home one night. The next day he told his wife that he had slept over at a buddy's house. The woman called her husband's 10 best friends. Eight of them confirmed that he had slept over, and two claimed that he was still there.
 ~ **Unknown Jokester (... hasn't come home!)**

What Will Be Next?

I was setting up a large, cast aluminum, decorative sundial in my yard that I had purchased from a garden catalog. A neighbor, an old Florida fellow, was leaning on the fence watching my progress and asked, "What the heck's that for?"

I explained, "It's a sundial. See, the sun will hit that small triangular spike and cast a shadow on the face of the sundial. Then, as the sun moves across the sky, the shadow also moves across the calibrated dial, enabling a person to determine the correct time."

My neighbor shook his head and muttered, "Huh, what will they think of next?!"
 ~ **Unknown**

The Golden Brick Road

How I feel affects other people!!!

Be in a child's life for the long haul or be just as "guilty" of seeking instant gratification as you proclaim them to be.

~ Sporty King

As you see young people make the small mistakes that accompany the cycle of maturity try not to proclaim them as life-lasting damnation. I've made quite a few mistakes and dodged more bullets than I know about to get to this stage of mature awareness and appreciation of the gift of life. In fact, at this stage, I marvel at the focus it takes to deny the options of negativity we didn't have access to. Sometimes we boast of our creativity and resilience as abandoned qualities by our youth of today. Sure, we went outside,

played with others and built things.... In fact, we helped build the interest in staying inside, playing alone and having things built for coming generations. Blahblahblah...

Believe in our younger generation. They're cultivating skills to deal with their tomorrow, not our yesterday. Let's cheer them on as they learn from their mistakes.

*** **

Thank you, God, for sending words to me through me. While others think I'm impressed with myself, I know I am excited about who I've become. I know the internal struggles I continue to overcome, trusting that my walk is now attacked by many sides because of the straightness of my path... straight to you. A straight path is not the same as a straight line. The path is the destination. A line is a means of getting there. There are lines I must stay on and those I must walk away from. For not every line teaches the same thing. Some teach patience... defeat... surrender... submission...

How I feel affects other people!!!

Introspection should lead to refocus and recommitment. Get the inside scoop on how blessed you are.

~ Sporty King

Have you heard the term "Hockey Assist"? In ice hockey, an assist is attributed to up to two players of the scoring team who shot, passed or deflected the puck towards the scoring teammate.

When you bless someone, know in your heart that 1) you have blessed many; 2) you may never see the others; 3) the others may never know how you blessed them.

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How I feel affects other people!!!

You rarely see who you are responsible for. You see who you can save.

~ Sporty King

How I feel affects other people!!!

As a speaker your grammar is very important. It enhances or embalms your credibility!

~ Sporty King

Psssttt... that goes for any communicator.



How I feel affects other people!!!

Add an extra moment of silence before you pray, to allow a gentle breeze to speak!!!

~ Sporty King

How I feel affects other people!!!

'Strong,' like wisdom, is in retrospect. Remember to look back and see how you've handled the storms.

~ Sporty King

Yes, there's a storm up ahead... and one following that. Start remembering how you'll go "through" another one. Laugh at your Lack Record (where you thought you didn't have what it would take). Trust your Track Record (where you found you had what it took).

How I feel affects other people!!!

'Strong,' like wisdom, is in retrospect. Remember to look back and see how you've handled the storms.

~ Sporty King

How I feel affects other people!!!

My message is so strong because I wasn't always who you see me to be...

~ Sporty King

How I feel affects other people!!!

Don't be so smart that you can count all of your blessings!

~ Sporty King

How I feel affects other people!!!

If you can't be happy by yourself, the most you can be with someone else is content...

~ Sporty King

How I feel affects other people!!!

What could possibly go right for you today? Focus on the joy & laughter, not the pain "they're after!"

~ Sporty King

How I feel affects other people!!!

When you learn HOW to embrace Failure you recognize that you're actually just holding onto a lesson called 'Re-direct!'

~ Sporty King



IF I REFUSE TO NAP....

IS THAT RESISTING A REST?

How I feel affects other people!!!

I'm not as much an optimist, as I am a realist. I "know" who God is and "see" what he's doing in my life.

~ Sporty King

... How I feel affects other people!!!



WHEN I SAY I'M BROKE...I'M BROKE!!!

A little old lady answered a knock on the door one day, only to be confronted by a well-dressed young man carrying a vacuum cleaner.

"Good morning," said the young man. "If I could take a couple of minutes of your time, I would like to demonstrate the very latest in high-powered vacuum cleaners."

"Go away!" said the old lady. "I haven't got any money! I'm broke!" and she proceeded to close the door.

Quick as a flash, the young man wedged his foot in the door and pushed it wide open. "Don't be too hasty!" he said. "Not until you have at least seen my demonstration." And with that, he emptied a bucket of horse manure on to her hallway carpet.

"If this vacuum cleaner does not remove all traces of this horse manure from your carpet, Madam, I will personally eat the remainder."

The old lady stepped back and said, "Well I hope you've got a damned good appetite, because they cut off my electricity this morning. What part of broke do you not understand?"

~ Unknown (... *no appetite!*)

Vagaries of English Language!

- 1) Wonder why the word funeral starts with FUN?
- 2) Why isn't a Fireman called a Water-man?
- 3) How come Lipstick doesn't do what it says?
- 4) If money doesn't grow on trees, how come Banks have Branches?
- 5) If a Vegetarian eats vegetables, what does a Humanitarian eat?
- 6) How do you get off a non-stop Flight?
- 7) Why are goods sent by ship called CARGO and those sent by truck SHIPMENT?
- 8) Why do we put cups in the dishwasher and the dishes in the Cupboard?
- 9) Why do doctors 'practice' medicine? Are they having practice at the cost of the patients?
- 10) Why is it called 'Rush Hour' when traffic moves at its slowest then?
- 11) How come Noses run and Feet smell?
- 12) Why do they call it a TV 'set' when there is only one?
- 13) What are you vacating when you go on a vacation?
- 14) We can never find the answers, can we?
- 15) So just enjoy the pun and fun of the English language!

~ Unknown (and Unresolved...)

~ Thanks Thomas W/OH

JUNE

Jealousy Ultimately Neutralizes Excellence
Jealousy Unleashes Negative Energy

DON'T BE JEALOUS!
You've got too much to lose!!!

The Trouble Tree

I hired a plumber to help me restore an old farmhouse, and after he had just finished a rough first day on the job, a flat tire made him lose an hour of work & his electric drill quit, his ancient one-ton truck refused to start. As I drove him home, he sat in stony silence.

On arriving he invited me in to meet his family. As we walked toward the front door, he paused briefly at a small tree, touching the tips of the branches with both hands. Upon opening the door he had undergone an amazing transformation. His tanned face was wreathed in smiles and he hugged his two small children and gave his wife a kiss.

Afterward he walked me to the car. We passed the tree and my curiosity got the better of me. I asked him about what I had seen him do at the little tree.

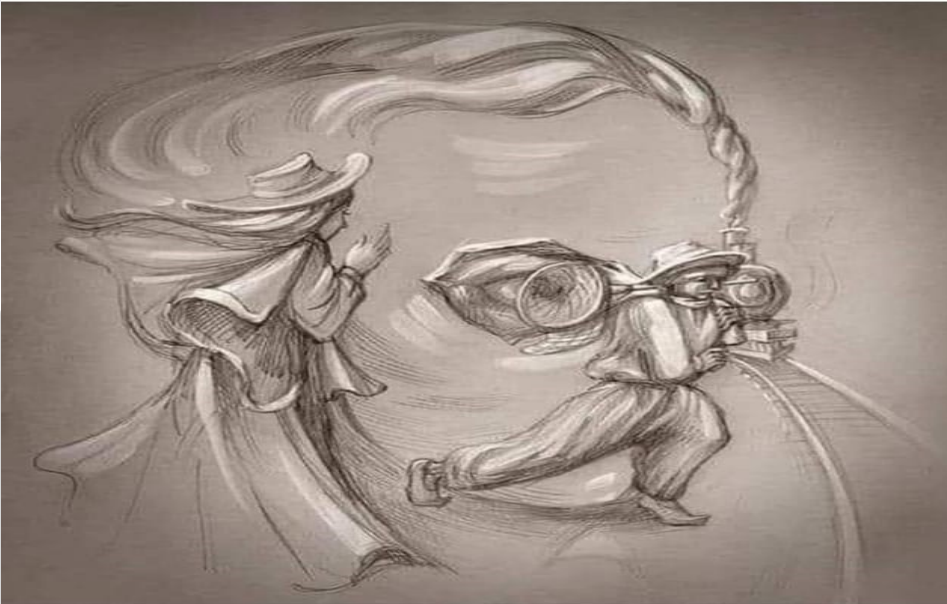
"Oh, that's my trouble tree," he replied. "I know I can't help having troubles on the job, but one thing's for sure, those troubles don't belong in the house with my wife and the children. So I just hang them up on the tree every night when I come home and ask God to take care of them. Then in the morning I pick them up again. Funny thing is," he smiled, "when I come out in the morning to pick them up, there aren't nearly as many as I remember hanging up the night before."

~ Internet unknown (No problem [shared]...)

You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!

A nice illusion.



The more u look the more u see



YOU KNOW WHEN YOU BUY A BAG OF SALAD & IT GETS ALL BROWN & SOGGY?

COOKIES DON'T DO THAT

Turns out you can just buy a birthday cake anytime and eat it yourself. Nobody checks.



How the baby comes out when mom spends the entire pregnancy taking selfies 🤪



I've tested positive for needing a vacation.



My son told me there is a small get together at school this Friday. I asked him how small. He replied, "just you, me and the principal"

SENIOR CITIZEN TEXTING CODE

- BFF | Best Friend Fell
- LOL | Little Old Lady
- BTW | Bring The Wheelchair
- TTYL | Talk To You Louder
- BYOT | Bring Your Own Teeth
- LMDO | Laughing My Dentures Out
- WAIT | Who Am I Talking To?
- OMSG | Oh My! Sorry Gas
- GGPBL | Gotta Go Pacemaker Battery Low
- ROFLACGU | Rolling On Floor And Can't Get Up

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ONLINE BROADCASTS
FACEBOOK ... LINKEDIN ... YOUTUBE

Monday Morning Moment 8:00am EDT
1-2 minute inspirational message.

GLUE (God's Love Undoes Everything)
Wednesday 1:00pm EDT

30-45 minute interactive inspirational message.

GIFT (God Is For Today) Friday 11:00am EDT

8-12 minute sharing of my original poetry
and how to use it to inspire others...

and yourself.

HAPPY THIS YEAR!!!

I love you and I'll see you!!!

Happy LIFE Moments!!!

How I feel affects other people!!!

**Some stay in a
relationship because
they feel it's hard
starting over
with a new person.
What's so easy
about staying in one
that's over?**

~ Sporty King

Renee Greene: Food for thought!

Marsha Noble: Exactly, but to some it's a sign of failure instead "let me let go, adjust my life and get it right the next time". Especially if you saw the signs and ignored them. Fear is crippling.

Sporty King: True. And let me paint the more dramatic picture I had in mind when posting this. By "staying in one that's over" I am talking about letting yourself be the 'option' while your partner is out there dating someone else.

Marsha Noble: Nailed it. This conversation could go on with numerous subsequent instances occurring.

Sporty King: Which is why I'm glad you made me fine tune that I wasn't talking about a rocky relationship, but one that is over.

Marsha Noble: I will always have your back, baby brother.

Linda English: Absolutely!

Denise Williams: 100%

IT'S EASY TO RUN AWAY

But when the run is over,
all of our problems catch up.
And as we put the brakes on,
we relive the discomfort from each jolt
as we flashback to our *escape*.

All of the *free time*
we visualized, fantasized, internalized
turns to lies
as we question the hue of green
surrounding the grass upon which we now feast.

A feast whose nourishment we pray
will lift the veil from our past
to, instead, confirm and justify our act(s) of desperation
(or are they just reactions to despair?)

Yes, we cling to our claim that we gave our all
That we did our best
Though, secretly, we protest any notion
that we cannot reach a higher level.

We banish the *What If's... Who Knows... and Why Dids*
To embellish *So What... Anyhow... and Told You So*

Summoning our highest human-ness
we block the thoughts that serve
as nothing but reminders of suffrage and pain
Though they could serve
as realization points in our growth and understanding
of who we are.

See, it's easy to run away.
It's hard to know when to leave.

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ashleyyoung_therapist



shanga_wilson

