

The Golden Brick Road

How I Feel Affects Other People!!!

JULY 2023

Reminding "Seasoned Citizens" (and you) to continue to laugh, learn and love their lives...

TIME TO GET YOUR DUCKS IN A ROW?



START HERE.
MY COUNT IS
ON PAGE 5
(WHERE I
FOUND 6)

CAN FIND 5 DIFFERENCES



To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

*So NOW it's time to take a seat...
Clean yourself up... Enjoy!!!
JULY is 1 of the 12 best months
for loving, living and laughing...*

HEALTH WATCH



Bet You Didn't Know: Independence Day

The holiday is celebrated on the 4th because Congress didn't have the original document completed and printed until then
Philadelphia's Liberty Bell was not rung on July 4, 1776... its first ringing came on July 8, to honor the first public reading of the Declaration of Independence

No fewer than 3 presidents, all of them part of the nation's founding fathers, died on Independence Day: John Adams and Thomas Jefferson died hours apart from each other on July 4, 1826; James Monroe died July 4, 1831

1 of 4 Federal Holidays celebrated on same calendar day every year (New Year's Day; Veterans Day; Christmas Day)

~ The History Channel <http://www.history.com/topics/holidays/july-4th>

YES, THIS IS UPSIDE-DOWN!!!

You're not getting senile. You're exercising your right to forget!

One Sunday morning, the pastor noticed little Alex standing in the foyer of the church staring up at a large plaque. It was covered with names and small American flags mounted on either side of it.

The six-year old had been staring at the plaque for some time, so the pastor walked up; stood beside the little boy; and said quietly, "Good morning, Alex."

"Good morning, Pastor." he replied, still focused on the plaque. "Pastor, what is this?"

The pastor replied, "Well, son, it's a memorial to all the young men and women who died in the service."

Soberly, they just stood together, staring at the large plaque. Finally, little Alex's voice, barely audible and trembling with fear asked, "Which service, the 8:00 or the 10:30?"

~ *Unknown (... or the 1:00?)*

Where Have You Been?

I have been in many places, but I've never been in Cahoots. Apparently, you can't go alone. You have to be in Cahoots with someone.

I've also never been in Cognito. I hear no one recognizes you there.

I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my friends, family and work.

I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore.

I have never been in Doubt. That is a sad place to go, and I try not to visit there.

I've been in Flexible, but only when it was very important to stand firm.

Sometimes I'm in Capable, and I go there more often as I'm getting older.

One of my favorite places to be is in Suspense! It really gets the adrenalin flowing and pumps up the old heart! At my age I need all the stimuli I can get!

And more and more I think of the Here After. Several times a day, in fact, I enter a room and think "What am I here after?"

Sound familiar? Join the Club!

~ *Unknown*

FIREFIGHTER FOR HIRER (or holler)

A firefighter was working on the engine outside the station when he noticed a little girl nearby in a little red wagon with little ladders hung off the sides & a garden hose tightly coiled in the middle.

The girl was wearing a firefighter's helmet. The wagon was being pulled by her dog & her cat.

The firefighter walked over to take a closer look.

"That sure is a nice fire truck," the firefighter said with admiration.

"Thanks," the girl replied.

The firefighter looked a little closer & noticed the girl had tied the wagon to her dog's collar & to the cat's testicles.

"Little partner," the firefighter said, "I don't want to tell you how to run your rig, but if you were to tie that rope around the cat's collar, I think you could go faster."

The little girl replied thoughtfully, "You're probably right, but then I wouldn't have a siren."

~ *Unknown (rrrrrrrrr)*

TAKING IT EASY

The owner of a drug store walked into his store one day, only to notice a man leaning heavily against a wall. The owner went over to his staff member behind the counter and asked them, "What's wrong with that guy over there by the wall?"

The staff member replied, "Oh him – he came in here this morning to get something for his cough. I couldn't find any cough syrup, so I gave him an entire bottle of laxative instead."

The owner shouted, "You fool! What were you thinking? You can't treat a cough with laxatives!"

The staff member said, "Of course I can. Look at him, he's not coughed once since I gave it to him – he's too scared!"

~ *Unknown (... yet knows!!!)*

Okay, I came up with a new dating app idea. You match with people who are on the same meds as you. We'll call it "Relationscripts"

The Golden Brick Road

How I feel affects other people!!!
None of us really see the full fruit of our labor. Stay excited about delivering it.
 ~ Sporty King

Paul and Silas did not seek their audience; they were confined with their audience. The other prisoners couldn't help overhearing while Paul and Silas either cursed God for letting them get into this mess or praised God in spite of their situation. Paul and Silas chose to sing, pray, and praise God. A curious world is watching to see how you respond to the uncomfortable situations in which you find yourself. Your response determines how they see Christ in you -

and may encourage them to turn to Christ, who can cause people to sing in the midst of crisis. You may think the crowd around you doesn't care, but it is watching you and waiting to see how your faith works in tough times.
 ~ Touch Point Bible (Acts 16:25)

Life is about going from one puzzle to the next. In each of your family, social or business relationships you are a small, medium or large piece. Yet, no matter what puzzle piece size you see yourself as, without you the puzzle is called Incomplete.

How I feel affects other people!!!
See yourself as another sample of the beautiful light God sets up in dark places to show others the way; rarely recognizing who they are!!!
 ~ Sporty King

How I feel affects other people!!!
You may be the piece of the puzzle closer to the middle of the puzzle. Wait for your connections!
 ~ Sporty King

Therefore please try not to be offended when you find you're not someone's messenger. That may be the message they need.

One of the best parts of your blessing is seeing your blessing. When you do, some of the other parts kick in even brighter.

How I feel affects other people!!!
If someone has a problem with the fact that they're not your "Messenger" ... they're not your Messenger!!!
 ~ Sporty King

What you focus on. Maturity with empathy. situations you stand, the more learn how to

How I feel affects other people!!!
Focus on what you're doing well while re-learning. Maturity is just one big analogy switch!
 ~ Sporty King

on you ferblossoms The more can under- you can focus.

Remember! And keep

How I feel affects other people!!!
Sometimes things seem too good to be true because you forgot how hard you prayed.
 ~ Sporty King

Smile! praying!

How I feel affects other people!!!
Don't try to fit in, when you can appreciate that you stand out.
 ~ Sporty King

It's not easy being you. Yet you is what you've got! And what you've got doesn't work for everyone. Make sure it works for you, so you can recognize and decide who to share you with. It's ok that the share won't last with everyone.

How I feel affects other people!!!
It's not easy being you but it's OK. Find a pace that you like then sit back and check yourself out.
 ~ Sporty King

Actually the better way to shake your head about "these kids of today" is up & down, rather than side-to-side. Remember, we were once "these kids of today." We knew about as much of how we were gonna make it back then, as we know how they're gonna make it now. A properly placed prayer asks that you be around to get a glimpse at their resolve. Then that side-to-side shake will come with a smile.

How I feel affects other people!!!
PEER
 (Parents Experiencing Excellence in Retrospect)
pressure
 It may feel like u were this smart when u were that age, but u weren't!!!
 ~ Sporty King

How I feel affects other people!!!
Choose your vowel and choose your life: bItter or bEtter!!!
 ~ Sporty King

How I feel affects other people!!!
FAITH CHECK: Can you think of a time where you thanked God for the outcome of a situation?
 LOL ~ Sporty King

How I feel affects other people!!!
There will always be someone who disagrees with whatever you say or do. They're just doing their job. Say what you say and do what you do!!!
 ~ Sporty King

How I feel affects other people!!!
My role model, Jesus, did not allow others to detour his destiny. Know your path even when you don't know where you're going.
 ~ Sporty King

How I feel affects other people!!!
Faith is smiling, shaking your head and saying, "God, what are you up to now?"
 ~ Sporty King

How I feel affects other people!!!
Look back at pix of yourself every now and then. Surprising what you'll see in developmental stages. Then enjoy the ongoing product.
 ~ Sporty King

How I feel affects other people!!!
My standards aren't high. They're clear!
 ~ Sporty King

Knowing what you stand for is not just a good idea... it's a necessity. With pace and patience you will become more clear as to what God's plan is for you. You will then help someone else light their path. Enjoy being you. There's more ahead.

... How I feel affects other people!!!



LITTLE PANES

An area minister tells of his first Sunday in a new parish, while presenting the children's message. Seems the sanctuary in the new church had some magnificent stained-glass windows, so his message centered on how each of us is called of God to help make up the whole picture of life. Like the pictures in the windows, it takes many little panels of glass to make the whole picture.

And then he said, "You see, each of you is a little pane."

And then pointing to each child individually, "You're a little pane. And you're a little pane. And you're a little pane. And..."

It took a few moments before he realized why everyone was laughing.

~ Internet jokester unknown (... but painless ...)

You can't change the ocean or the weather no matter how hard you try, so it's best to learn how to sail in all conditions.

A Wise Man's Jokes

A wise man once faced a group of people who were complaining about the same issues over and over again. One day, instead of listening to the complaints, he told them a joke and everyone cracked up laughing.

Then, the man repeated the joke. A few people smiled.

Finally, the man repeated the joke a third time, but no one reacted.

The man smiled and said, "You won't laugh at the same joke more than once. So what are you getting from continuing to complain about the same problem?"

The Moral:

You're not going to get anywhere if you keep complaining about the same problem but do nothing to fix it.

Don't waste your time complaining, expecting other people to continue to react to your complaints. Instead, take action to make a change.

~ <https://www.developgoodhabits.com/inspirational-stories/>

J.U.L.Y.

**Joy Ultimately means Loving Yourself
Joy Unleashed Lifts You
Just Understand: God Loves You
(anyone else is a bonus)**

COFFEE CUPS

A group of alumni, highly established in their careers, got together to visit their old university professor. The conversation soon turned into complaints about stress in work and life. Offering his guests coffee, the professor went to the kitchen and returned with a large pot of coffee and an assortment of cups - porcelain, plastic, glass, crystal, some plain-looking, some expensive, and some exquisite - telling them to help themselves to the coffee. After all the students had a cup of coffee in hand, the professor said: "If you noticed, all the nice-looking expensive cups were taken up, leaving behind the plain and cheap ones. While it is but normal for you to want only the best for yourselves, THAT is the source of your problems and stress."

"Be assured that the cup itself adds no quality to the coffee. In most cases, it's just more expensive and in some cases even hides what we drink. What all of you really wanted was coffee, not the cup, but you consciously went for the best cups and then began eyeing each other's cups."

"Now consider this: Life is the coffee... and the jobs, houses, cars, things, money and position in society are the cups. They are just tools to hold and contain life, and the type of cup we have does not define nor change the quality of life we live. Sometimes, by concentrating only on the cup, we fail to enjoy the coffee God has provided us. God brews the coffee, not the cups . . . enjoy your coffee."

- author unknown (but brews a good cup of LIFE: Lessons Intended For Everyone)

You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!



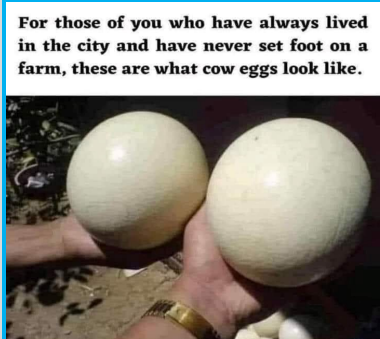
gfortson9

My mom as a mom:
You get what you get, deal with it.

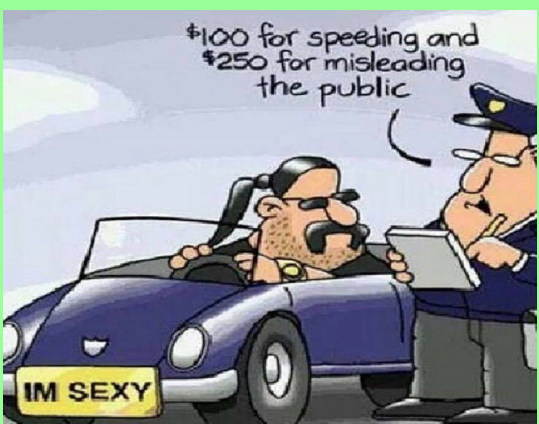
My mom as a grandma:
Would you like your grilled cheese cut into stars or hearts?



The correct spelling is **SCHOOL** not **SCHOOL**.
Some people put the second O before the first O which is very wrong.



My Wife texted me a selfie in a new dress and asked "Does this make my butt look big?"
I texted back "Nool!"
My phone autocorrected my response to "Mool!"
Please send help!



IN THE MIDST OF IT ALL I HAD A GR8 MOMENT WITH MY GR8NEPHEW, SKYLER WHEN I VISITED L.A.



... How I feel affects other people!!!

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ONLINE BROADCASTS
FACEBOOK ... LINKEDIN ... YOUTUBE
 Monday Morning Moment 8:00am EDT
1-2 minute inspirational message.
 GLUE (God's Love Undoes Everything)
 Wednesday 1:00pm EDT
30-45 minute interactive inspirational message.
GIFT (God Is For Today) Friday 11:00am EDT
8-12 minute sharing of my original poetry
and how to use it to inspire others...
and yourself.
HAPPY THIS YEAR!!!
I love you and I'll see you!!!
Happy LIFE Moments!!!

HAPPY BAKER'S DOZEN (TO ME)!

June 2023 was my Twelve Year Residency in Charlotte.
I became an official resident when I put my deposit down in 2010. What I did next was rent a truck and drive my stuff down, unpacked on June 1, rented a car and drove back to Chicago to close out my contracts during the month of June before heading back to my new home.

July is my Thirteen Year Occupancy in Charlotte.
As I 'began' driving on July 6... car broke down... bought a new one July 8... got the call for my first contract with the Urban League... arrived in Charlotte July 10! Find something to celebrate... all you need is a flashback! 😊

My first sports trophy was in basketball, at age 10. I won the second tallest trophy we saw sitting on the table the night they handed out the awards. I was a member of Stone Gym Youth Center in NYC, and we were at the end of the 3-man basketball tournament for preteens. I was the second-best player (but not by much) on a team that was losing every game, when our best player (who would get angry during each game) quit the tournament. Me and my mediocre teammates played hard and proceeded to continue to lose the remainder of the games.

As I joined the others in cheering for the winners of 1st, 2nd, and 3rd Place trophies it was no surprise when the tallest trophy, Most Valuable Player (MVP) was presented to Rob Lilly. Though only a year older than me, he was the best player among us and actually the one who taught me how to play basketball. The shock came when it was time to announce the winner of that second tallest trophy, Sportsmanship, and I have no recollection of how they defined it. What I do remember is that when the Director called out the name, nobody knew who he was talking about, because he couldn't pronounce 'Ryspodii,' and didn't know my nickname. Each preteen team had a teenage coach, and they all started laughing and telling everyone, "That's Sporty," which helped most of my friends who didn't know my real name.

It was a plastic-based trophy and in the process of trying to tighten it, I cracked the base before getting it home for my mother to see. It's one of the many incidences I can look back upon and see that material losses (in many cases, even losing) have never been crushing blows for me. Look back at your life and find new wonders of the joy associated with who you've become.

AND REMEMBER: SCAMMERS SEND TEXTS THAT SOUND FAMILIAR AND IT'S USUALLY OK TO OPEN A TEXT! DON'T CLICK ON THE LINK!

People don't fake depression. They fake being okay. Remember that. Be kind.

How I feel affects other people!!!
Fellas, are we progressing backwards?
Remember when urinal walls used to be a source of news n laughter?
 LOL ~ Sporty King

cmbeaccnts.yse... 2:20PM
 Your Netflix membership is on hold. We're having some troub...

+14695898411 28m ago
 Hi this is Nicole from CreditBaker. We see that you applied for capital. Are you still interested in \$50k? Reply Y...

+1 (513) 597-6... Yesterday >
 Long time no see, how are you and your family.

cmbeaccnts.ysensittxomemb...
 Text Message Today 2:20 PM

Your Netflix membership is on hold. We're having some trouble with your current billing information.

To using your account as normally, please follow the instructions by click on link below :
<https://b24-uvd4n4restartmembershi.p.bitrix24.site/>

Netflix Services