

The Golden Brick Road

How I Feel Affects Other People!!!

SEPTEMBER 2023

Reminding "Seasoned Citizens" (and you) to continue to laugh, learn and love their lives...

Look closely at this picture. There is something here that shouldn't be here. Just say YES if you spot it and don't spoil it for others.



Can You See It?

THE BANANA TEST

There is a very, very tall coconut tree and there are 4 animals: a Lion; Chimp; Giraffe; Squirrel. They decide to compete to see who is the fastest to get a banana off the tree. Who do you guess will win? Your answer will reflect your personality. Try and answer within 30 seconds.

Answers to both on page 3

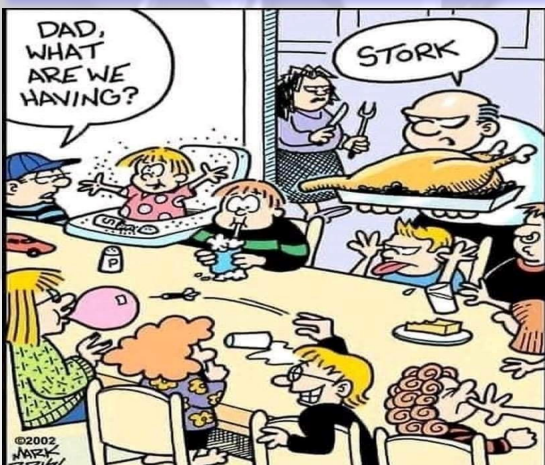
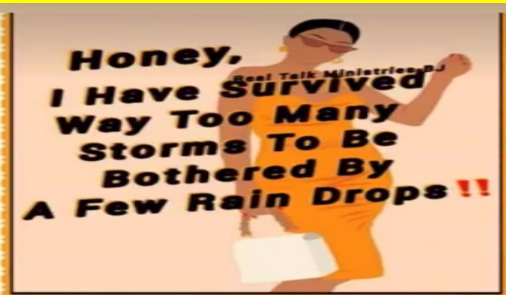
Don't use 9/11 to harbor & hone hatred. Use it to participate in & practice pride. "Remember" what America can do with pride, not anger!



To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

So NOW it's time to take a seat... Clean yourself up... Enjoy!!! SEPTEMBER is 1 of the 12 best months for loving, living & laughing...

HEALTH WATCH



PLAY BALL

Oh, we're not always proud of it
But unrest puts us at our best.
We can find joy when you seek to destroy
And we have bounced back from every attack.
So don't question our courage and resolve
Accepting defeat happens to go against our grain.
We don't look forward to it
But we have learned to master all pain.
We've made some mistakes, had to cover our tracks
We've always managed to bounce back from every attack.
We deal with crime, promiscuity, alcohol and crack
We've always managed to bounce back from every attack.
We have people who disagree
Because their lives are deficient of gray.
They see life only in white or black
They refuse to listen because they have so much to say.
Classes of people, economics and education,
Housing, suburbs, ghettos, morals & values...
Politically correct or in need of more tack
Our melting pot has fed and whet many an appetite
Even our homeless know how to bounce back.
You see, our nation was built by revolutionaries
And civil unrest
Adversaries, backstabbers and visionaries
With an addiction for being the best.
With all of our power we've arrogantly stayed humble
We've destroyed, yet more often cut slack.
Yet, when you force us to show our colors
We easily re-pledge our allegiance
For our secret is no secret at all
It's a fact.
We're America the Beautiful
Our pride rejuvenates our spirit
And did I mention we've always bounced back?

You're not getting senile. You're exercising your right to forget!

An old man, a boy and a donkey were going to town. The boy rode on the donkey and the old man walked. As they went along they passed some people who remarked it was a shame the old man was walking and the boy was riding. The man and boy thought maybe the critics were right, so they changed positions.

Later, they passed some people that remarked, "What a shame, he makes that little boy walk."

They then decided they both would walk! Soon they passed some more people who thought they were stupid to walk when they had a decent donkey to ride. So, they both rode the donkey.

Now they passed some people that shamed them by saying how awful to put such a load on a poor donkey. The boy and man said they were probably right, so they decide to carry the donkey. As they crossed the bridge, they lost their grip on the animal and he fell into the river and drowned.

The moral of the story?

If you try to please everyone, you might as well kiss your ass good-bye!

Have a Nice Day and Be Careful With Your Donkey

~ Unknown (... **walking**...)

RESULTS

A young boy goes off to college, but about a third of the way through the semester he has foolishly squandered what money his parents had given him.

Then he gets an idea. He calls his Redneck father. "Dad," he says, "you won't believe the wonders that modern education are coming up with! Why, they actually have a program here that will teach Fido how to talk!"

"That's absolutely amazing!" his father says. "How do I get him in that program?"

"Just send him down here with \$1000," the boy says, "I'll get him into the course."

So, his father sends the dog and the \$1000. About 2/3 way through the semester, the money runs out. The boy calls his father again.

"So how's Fido doing, son?" his father asks.

"Awesome, dad, he's talking up a storm," he says, "but you just won't believe this - they've had such good results with this program, that they've implemented a new one to teach the animals how to READ!"

"READ!?" says his father, "No kidding! What do I have to do to get him in that program?"

"Just send \$2,500, I'll get him in the class." His father sends the money.

The boy has a problem. At the end of the year, his father will find out that the dog can neither talk nor read, so he shoots the dog. When he gets home, his father is all excited. "Where's Fido? I just can't wait to see him talk and read something!"

"Dad," the boy says, "I have some grim news. This morning, when I got out of the shower, Fido was in the living room kicking back in the recliner, reading the morning paper, like he usually does. Then he turned to me and asked, 'So, is your daddy still messin' around with that little redhead who lives on Oak Street?'"

The father says, "I hope you SHOT that lyin' son of a gun!"

"I sure did, Dad!"

"That's my boy."

~ Unknown (But for \$3,000...)

~ Thanks Angel C/SL

"THE TATES IN YOUR CHURCH"

Do you know how many members of the Tate family belong to your church?

There is old man Dic-Tate who wants to run everything, while Uncle Ro-Tate tries to change everything. There's sister Agi-Tate who stirs up plenty of trouble, with help from her husband, Irri-Tate. Whenever new projects are suggested, Hesi-Tate and his wife, Vege-Tate, want to wait until next year. Then there is Aunt Imi-Tate, who wants our church to be like all the others. Devas-Tate provides the voice of doom, while Poten-Tate wants to be a big shot.

But not all members of the family are bad. Brother Facili-Tate is quite helpful in church matters. And a delightful, happy member of the family is Miss Felici-Tate. Cousins Cogi-Tate and Medi-Tate always think things over and lend helpful, steady hands. And of course there is the black sheep of the family, Ampu-Tate, who has completely cut himself off from the church.

How about it... do you know anyone in the "Tate" family?

~ *Internet-tate*

Two elderly sisters donated \$5 to a charity and, to their surprise, won tickets to a football game. Since they had never seen a live football game before, Madge thought the free tickets would provide an excellent opportunity for doing so. "I think so, too," said Mabel. "Let's go!" They soon found themselves high in a noisy stadium overlooking a large, grassy expanse. They watched the kickoff and the seemingly endless back-and-forth struggles that comprised the scoreless first half. They enjoyed the band music and cheerleader performance that followed.

Then came the second half. When the teams lined up for the second-half kickoff, Madge nudged her sister. "I guess we can go home now, Mabel," she said. "This is where we came in."

[WOW - some won't get the joke... ask around - LOL]
~ *Laugh Factory.com*

Mr. and Mrs. Brown had two sons. One was named **Mind Your Own Business** & the other was named **Trouble**. One day the two boys decided to play hide and seek. **Trouble** hid while **Mind Your Own Business** counted to one hundred. **Mind Your Own Business** began looking for his brother behind garbage cans and bushes. Then he started looking in and under cars until a police man approached him and asked, "What are you doing?" "Playing a game," the boy replied. "What is your name?" the officer questioned. "Mind Your Own Business." Furious the policeman inquired, "Are you looking for trouble?!"
2 The boy replied, "Why, yes."

The Golden Brick Road

How I feel affects other people!!!
If I can't control key parts of my life, how can I ask people to believe in me and support me?
 ~ Spory King

This is not a statement of condemnation. It is a statement of introspection. Don't beat yourself up for that which is out of your control. Lift yourself up, especially in spirit, giving yourself credit for what you can (and have)! Introspection is not a need for you to judge or criticize your actions. There's a line of people voluntarily formed outside your door to do that. Introspection is an opportunity to trust your faith... to smile at your accomplishments... to replay your struggle. When your value is clearer to you, you have the best chance of making it clear to someone else. There's a longer line outside your door of people who'd love to hear it.

How I feel affects other people!!!
I could've done better today with different tools. Yet, I have no regrets!!! I'll say the same tomorrow...
 ~ Spory King

Self examination is excellent. It encourages and empowers you to reset or retain your path. Self deprecation is dangerous. It destroys and demeans your smaller steps of progress as failure... suggesting that you give up.
 SPOILER ALERT: Jesus teaches 4 options for growing relationships. **Never does he suggest AIMING the seed.** Be who you are as you continue to experience each of the options.

How I feel affects other people!!!
Don't SAY you're not here to please EVERYONE. Don't TRY to!
 ~ Spory King

"Listen! A farmer went out to plant some seeds. As he scattered them across his field, some seeds fell on a footpath, and the birds came and ate them. Other seeds fell on shallow soil with underlying rock. The seeds sprouted quickly because the soil was shallow. But the plants soon wilted under the hot sun, and since they didn't have deep roots, they died. Other seeds fell among thorns that grew up and choked out the tender plants. Still other seeds fell on fertile soil, and they produced a crop that was thirty, sixty, and even a hundred times as much as had been planted! Anyone with ears to hear should listen and understand." ~ Matthew 13:3-9

How I feel affects other people!!!
I'm still trying to focus on allowing people to help me. Not because I'm set in my ways, but BECAUSE I'm set in my ways and understand my lanes better...
 ~ Spory King

Make it an affirmation of self-awareness and victory.

Anger is a reactionary emotion. It can make you start thinking of ways to "get back" or "get even"... aka: "respond" the way expected, which can make your next move "predictable." When you "release" the fool(ishness) they must come up with another "plan." Maybe they'll even get ANGRY (Afraid, Nervous, Gloomy and more Respectful of You).

How I feel affects other people!!!
Don't get mad. Get moving. A.N.G.E.R. (Accelerated Negativity Geared toward Energy Reduction). He who can keep you angry can control you, and reduce your ability to enjoy the fullness of this day!!!
 ~ Spory King

How I feel affects other people!!!
Have You Forgiven Yourself Today?
 ~ Spory King

How I feel affects other people!!!
Faith can move mountains. We have to sometimes remember that 'move' can mean 'make clear.'
 ~ Spory King

I'd be posting this meme my Big Sister, Marsha Noble, sent me a message this morning that included the words, "Demons flee us, Angels see us, God frees us." That's saying a 'Mountain Full' if you ask me. Hmmmmm, maybe she DID know...

How I feel affects other people!!!
IF YOU'VE GOT A HANGOVER, DON'T SWEAT IT. JUST HANGOUT TODAY!
 ~ Spory King

How I feel affects other people!!!
Life is a roller coaster ride. We get anxious and anticipatory as it goes up. We catch our breath and blink during the straight-away. Yet what we enjoy most is the drop... the steeper, the better.
 ~ Spory King

How I feel affects other people!!!
IF YOU'VE GOT A HANGOVER, DON'T SWEAT IT. JUST HANGOUT TODAY!
 ~ Spory King

How I feel affects other people!!!
It's called the past because you've "PASsed the test." Feel free to take it over until you get the score "you" want!!!
 ~ Spory King

How I feel affects other people!!!
Always remember you've done more good than bad... because we usually do good on purpose... bad by accident or circumstance!!!
 ~ Spory King

How I feel affects other people!!!
I'm ok with people who don't believe in God. They seem to be ok with my not believing in whatever else they do believe in.
 ~ Spory King

How I feel affects other people!!!
Don't let your pride overshadow how proud you are to be worthy of asking for anything!!!
 ~ Spory King

We often mistake "asking" as "begging" instead of "allowing" someone else to get us through the given challenge God has entrusted to us. Have you realized what "stay in your lane" means? It means you are on the winning team when you remember you have teammates and stop yourself from trying to do too much. Ask/ Allow someone else to take the lead on this one. Help them help you.

PAGE 1 ANSWERS:
 McDonald's Arch ☺
THE BANANA TEST
 If your answer is: Lion = you're dull. Chimpanzee = you're dense. Giraffe = you're a complete moron. Squirrel = you're hopeless. (coconut trees don't have bananas)
Obviously you're stressed and overworked. You should take some time off and relax.
 ~ Unknown Climber

I love you my brothers, sisters and friends. And I appreciate that we are not the same. If you really want to help & solve a problem look at it through your eyes, not the other person's. You cannot see the full picture through theirs. You can only offer judgmental context. People don't need to consider that they don't know what it's like to be 'other' people. Just 'understand' that you don't and won't. So be you, in how you treat each and every person.

How I feel affects other people!!!
You CAN handle the truth... you just have to know who you are.
 ~ Spory King

... How I feel affects other people!!!



God Doesn't Expect Us to Do Everything by Charlie W. Shedd

Grandpa was working on the gate when a small boy appeared. He puzzled a while as small boys will. Then he asked, "Whatcha' doin', grandpa?"

To which the aged sage replied, "Sonny, there are five kinds of broken things in this old world.

"There's the kind which, when they are broken, can never be fixed.

"Then there's the kind that'll fix themselves if you leave them alone.

"There's also the kind which are none of my business. Somebody else has got to fix them.

"There's the kind which, when they are broken, you should never worry about. Them only God can fix.

"And then there's the kind I got to fix. That's what I'm doing. Fixin' this gate."

*Wouldn't it be fine if my grandchildren could also learn this from me?
God doesn't expect us to do everything.*

Two Horses

Just up the road from my home is a field, with two horses in it. From a distance, each looks like every other horse. But if you stop your car, or are walking by, you will notice something quite amazing. Looking into the eyes of one horse will disclose that he is blind. His owner has chosen not to have him put down and has made a good home for him. This alone is amazing.

If nearby and listening, you will hear a bell. Looking around for the source of the sound, you will see that it comes from the smaller horse in the field. Attached to her halter is a small bell. It lets her blind friend know where she is, so he can follow her. As you stand and watch these two horses, you will see how she is always checking on him, and that he will listen for her bell and then slowly walk to where she is, trusting that she will not lead him astray. When she returns to the shelter of the barn each evening, she stops occasionally and looks back, making sure her friend isn't too far behind to hear the bell.

Like the owners of these two horses, God/a Higher Spirit does not throw us away just because we are not perfect or because we have problems or challenges. He watches over us and even brings others into our lives to help us when we are in need, troubled or just in a quandary. Sometimes we are the blind horse being guided by the little ringing bell of those that God/a Higher Spirit places in our lives. Other times we are the guide horse, helping others see.

Good people or friends are like this. You do not always see them, but you know they are always there.

*Please listen for my bell and I will listen for yours.
~ Unknown (... but I hearya.) ~ Thanks Laura C/MA*

Texas State Genealogical Society · Join
Mark Klinger · 4 d ·

In Order To Be Born, You Needed:
 2 parents
 4 grandparents
 8 great-grandparents
 16 second great-grandparents
 32 third great-grandparents
 64 fourth great-grandparents
 128 fifth great-grandparents
 256 sixth great-grandparents
 512 seventh great-grandparents
 1,024 eighth great-grandparents
 2,048 ninth great-grandparents
 For you to be born today from 12 previous generations, you needed a total of 4,094 ancestors over the last 400 years.

Think for a moment about how many struggles, how many battles, how much sadness, happiness, love stories, and hope for the future that your ancestors had to undergo for you to exist in this present moment. You are the dream of many ancestors

To my children:

Never make fun of having to help me with computer stuff.

I taught you how to use a spoon.

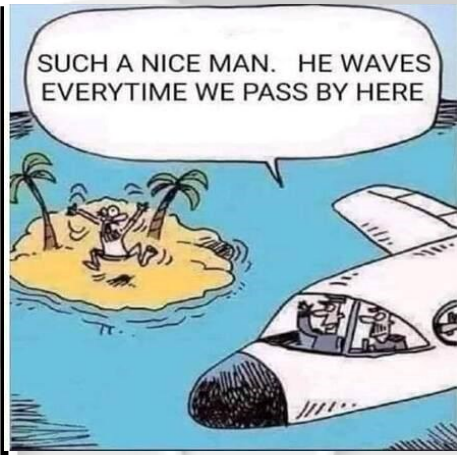
Of course I talk to myself.

Sometimes I need expert advice.

Self-talk is not a good idea. It's a necessity. Here's a cartoon I often open my military sessions with. I remind them that, though many will say it's ok to talk to yourself, just don't answer... I insist that you answer. If you won't answer you, who will? And whose answer could be more accurately loaded with all the reasons for the question or action? There's something we can't share with others, in telling a story... not because we don't want to, but because the fine points and details often have to be experienced to create the action or reaction. That's why it's so important to trust yourself, even if you can't believe your reaction. Sometimes our answer isn't comfortable because it's a new direction. Don't be afraid to be right. **Answer!**

Budgeting

She told me we couldn't afford beer anymore, and that I'd have to stop buying it. Then I caught her spending \$65 on makeup. I asked her how come I had to give up stuff and she didn't? She said she needed the makeup to look pretty for me. I said that was what the beer was for. I don't think she's coming back.
~ Unknown



The truth is that more than not you have to save yourself. Learn the game and play it. But don't deny you're in it. Let someone know you know. You can't play the game from the stands. You have to get on the field. Yet you must take a stand for what you feel... and share that, at least, with those you trust. Don't let the concept of 'Fake News' point the finger in one direction, nor credit one source. Understand that some of the headlines are created as distractions from possible solutions. No one makes a move without being supported. While you're looking at the replay on the screen, someone is walking pass disguised as a fan.

You're not getting senile. You're exercising your right to forget!

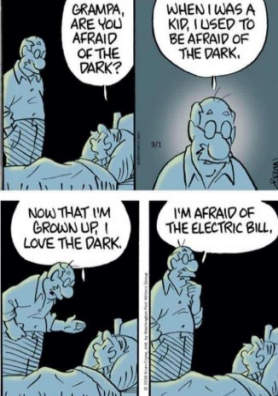
YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!



Mom: Son, when the bus driver asks you how old you are, tell him that you're 6, not 7. We'll save ten cents.
 Driver: How old are you, son?
 Child: I'm 6, Sir.
 Driver: And, when will you be 7?
 Child: When I get off this bus. 😊😊



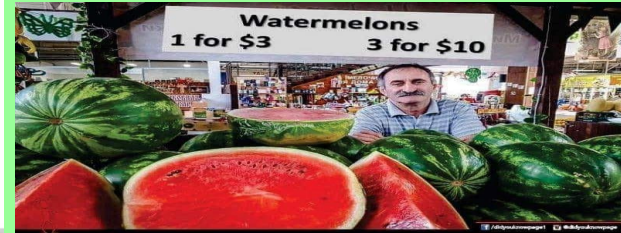
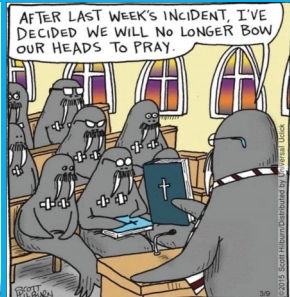
The Oldest Computer Was Owned By Adam And Eve. It Was An Apple With Very Limited Memory. Just 1 Byte And Everything Crashed!



SOME OF THE BEST WORDS LITERALLY EVER:

- Bamboozled
- Discombobulated
- Malarky
- Skeddadle
- Flibbertigibbet
- Whippersnapper
- Pumpnickel
- Poppycock
- Persnickety
- Dingleberry
- Flabbergasted
- Shenanigans
- Kerfuffle
- Nincompoop
- Thingama jig
- Whatchamacallit
- Flumoxed
- Gobbledygook
- Canoodle
- Codswallop

WHICH ONES DO YOU USE?



An old man was selling Watermelons. His pricelist reads - 1 for \$3 and 3 for \$10. A young man stopped by and bought 3 watermelons one by one paying \$3 for each. As the young man was walking away, he turn around & said, "Hey Old man, do you realize I just bought three watermelons for \$9 instead of \$10? May be business is not your thing". The Old man smiled and mumbled to himself, "People are funny. Every time they buy three watermelons instead of one, yet they keep trying to teach me how to do business..."



Amount: \$32.76
 Don't Call my husband Sweetheart
 + Tip:
 = Total: 32.76
 above amount according issuer agreement.

The coffee shop had a sign that said "No WiFi, pretend it's 1973!" So, I paid 10¢ for my coffee and lit a cigarette.

I'm tired of people complaining about \$7 beers, \$10 parking and a \$20 cover charge. Don't like the prices, stop coming to my house



... How I feel affects other people!!!

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ONLINE BROADCASTS

FACEBOOK ... LINKEDIN ... YOUTUBE

Monday Morning Moment 8:00am EDT

1-2 minute inspirational message.

GLUE (God's Love Undoes Everything)

Wednesday 1:00pm EDT

30-45 minute interactive inspirational message.

GIFT (God Is For Today) Friday 11:00am EDT

8-12 minute sharing of my original poetry and how to use it to inspire others... and yourself.

HAPPY THIS YEAR!!!

I love you and I'll see you!!!

Happy LIFE Moments!!!

HAPPY BIRTHDATE ANNIVERSARY (TO YOU)!

My mother always said, "You have one BirthDAY.

Every year after that is the Anniversary...."

Each year I change the greeting on MY Anniversary.

Here it is for those not listed on FB or LI. If you're on FB or LI with your DATE listed [Spoiler Alert] you'll receive this greeting:

Celebrating you today is not unusual, yet it IS unavoidable. Under no circumstances are you to think you're only worthy of being celebrated one day on a manmade calendar. In fact... should someone wish you a Happy Belated... tell them they're not late, you'll be this blessing all year.



A woman was at her hairdresser's getting her hair styled for a trip to Rome with her husband. She mentioned the trip to the hairdresser, who responded: "Rome? Why would anyone want to go there? It's crowded and dirty. You're crazy to go to Rome. So, how are you getting there?"

"We're taking Continental," was the reply. "We got a great rate!"

"Continental?" exclaimed the hairdresser. "That's a terrible airline. Their planes are old, their flight attendants are ugly, and they're always late. So, where are you staying in Rome?"

"We'll be at this exclusive little place over on Rome's Tiber River called Teste."

"Don't go any further. I know that place. Everybody thinks it's gonna be something special and exclusive, but it's really a dump, the worst hotel in the city! The rooms are small, the service is surly, and they're overpriced. So, whatcha' doing when you get there?"

"We're going to go to see the Vatican and we hope to see the Pope."

"That's rich," laughed the hairdresser. "You and a million other people trying to see him. He'll look the size of an ant. Boy, good luck on this lousy trip of yours. You're going to need it."

A month later, the woman again came in for a hairdo. The hairdresser asked her about her trip to Rome.

"It was wonderful," explained the woman, "not only were we on time in one of Continental's brand new planes, but it was overbooked, and they bumped us up to first class. The food and wine were wonderful, and I had a handsome 28-year-old steward who waited on me hand and foot.

"And the hotel was great! They'd just finished a \$5 million remodeling job, and now it's a jewel, the finest hotel in the city. They, too, were overbooked, so they apologized and gave us their owner's suite at no extra charge!"

"Well," muttered the hairdresser, "that's all well and good, but I know you didn't get to see the Pope."

"Actually, we were quite lucky, because as we toured the Vatican, a Swiss Guard tapped me on the shoulder, and explained that the Pope likes to meet some of the visitors, and if I'd be so kind as to step into his private room and wait, the Pope would personally greet me.

"Sure enough, five minutes later, the Pope walked through the door and shook my hand! I knelt down and he spoke a few words to me."

"Oh, really! What'd he say?"

"He said: "Where'd you get the terrible hairdo?"

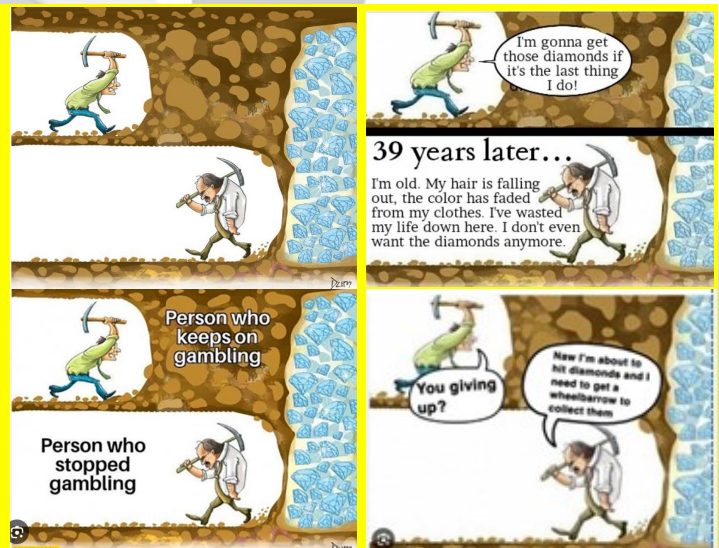
~ Unknown

Don't let negative people stop you from believing in doing new things.

And beware who's in your ear and head...

THINGS AREN'T ALWAYS WHAT THEY SEEM. LOOK FOR YOU AND SOMETIMES FOR YOURSELF...

I'll be looking for you next month...



What's Wrong?

A B C D E F G H I J

K L M N O P Q R S T

U V W X Y Z

The calmer you are, the easier it is to find the mistake!