

The Golden Brick Road

How I Feel Affects Other People!!!

OCTOBER 2023

Reminding "Seasoned Citizens" (and you) to continue to laugh, learn and love their lives...

How I feel affects other people!!!
 I ask, not require, people to change or change their mind. I provide insight as to why I think or do what I do.
 ~ Sporty King

You are not everyone's Messenger.
 Learn to let it go when you meet someone who doesn't see you as theirs.
 Learn to let it go when you meet someone who isn't yours.

As we board this month's ride on the GBR let's remind ourselves of the role perception plays in our lives. Be patient and sure to get enough information before making a decision.



To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

So NOW it's time to take a seat... Clean yourself up... Enjoy!!!
OCTOBER is 1 of the 12 best months for loving, living & laughing...

GROCERY TRIP
 There was a bit of confusion at the store this morning. When I was ready to pay for my groceries, the cashier said, "Strip down, facing me."
 Making a mental note to complain to my congressman about Homeland Security running amok, I did just as she had instructed. When the hysterical shrieking and alarms finally subsided, I found out that she was referring to my credit card.
 I have been asked to shop elsewhere in the future. They really need to make their instructions to seniors a little clearer!
 ~ Unknown (... "Security Aisle 3!")



A doctor examining a woman who had been rushed to the Emergency Room, took the husband aside, and said, "I don't like the looks of your wife at all."
 "Me neither doc," said the husband. "But she's a great cook and really good with the kids."
 ~ Internet unknown (be careful)



Two small boys, not yet old enough to be in school, were overheard talking at the zoo one day. "My name is Billy. What's yours?" asked the first boy.
 "Tommy," replied the second.
 "My Daddy's an accountant. What does your Daddy do for a living?" asked Billy.
 Tommy replied, "My Daddy's a lawyer."
 "Honest?" asked Billy.
 "No, just the regular kind", replied Tommy.
 ~ Unknown (Honestly...)

You're not getting senile. You're exercising your right to forget!

THE NEXT SURVIVOR SERIES

Six married men will be dropped on an island with one car and 3 kids each for six weeks. Each kid will play two sports and either take music or dance classes. There is no fast food. Each man must take care of his 3 kids; keep his assigned house clean, correct all homework, and complete science projects, cook, do laundry, and pay a list of 'pretend' bills with not enough money. In addition, each man will have to budget in money for groceries each week.

Each man must remember the birthdays of all their friends and relatives and send cards out on time -- no emailing. Each man must also take each child to a doctor's appointment, a dentist appointment and a haircut appointment. He must make one unscheduled and inconvenient visit per child to the Urgent Care. He must also make cookies or cupcakes for a social function.

Each man will be responsible for decorating his own assigned house, planting flowers outside and keeping it presentable at all times. The men will only have access to television when the kids are asleep, and all chores are done. The men must shave their legs, wear makeup daily, adorn himself with jewelry, wear uncomfortable yet stylish shoes, keep fingernails polished and eyebrows groomed.

During one of the six weeks, the men will have to endure severe abdominal cramps, back aches, and have extreme, unexplained mood swings but never once complain or slow down from other duties. They must attend weekly school meetings, church, and find time at least once to spend the afternoon at the park or a similar setting. They will need to read a book to the kids each night and in the morning, feed them, dress them, brush their teeth and comb their hair by 7:00 am.

A test will be given at the end of the six weeks, and each father will be required to know all of the following information: each child's birthday, height, weight, shoe size, clothes size and doctor's name. Also the child's weight at birth, length, time of birth, and length of labor, each child's favorite color, middle name, favorite snack, favorite song, favorite drink, favorite toy, biggest fear and what they want to be when they grow up.

The kids vote them off the island based on performance. The last man wins only if... he still has enough energy to be intimate with his spouse at a moment's notice. If the last man does win, he can play the game over and over and over again for the next 18-25 years eventually earning the right to be called Mother!

After you get done laughing, send this to as many females as you think will get a kick out of it and as many men as you think can handle it. Just don't send it back to me.... I'm going to bed.
~ Author unknown (*known Mother*)

***There is no calling higher than that of being a parent.
Take pride and share the experience.***

9 MONTHS LATER...

Jack decided to go skiing with his buddy, Don. So they loaded up Jack's minivan and headed north. After driving for a few hours, they got caught in a terrible blizzard. So they pulled into a nearby farm and asked the attractive lady who answered the door if they could spend the night.

'I realize it's terrible weather out there and I have this huge house all to myself, but I'm recently widowed,' she explained. 'I'm afraid the neighbors will talk if I let you stay in my house.'

'Don't worry,' Jack said. 'We'll be happy to sleep in the barn. And if the weather breaks, we'll be gone at first light.' The lady agreed, and the two men found their way to the barn and settled in for the night. Come morning, the weather had cleared, and they got on their way. They enjoyed a great weekend of skiing.

But about nine months later, Jack got an unexpected letter from an attorney. It took him a few minutes to figure it out, but he finally determined that it was from the attorney of that attractive widow he had met on the ski weekend. He dropped in on his friend Don and asked, 'Don, do you remember that good-looking widow from the farm we stayed at on our ski holiday up north about 9 months ago?'

'Yes, I do.' said Don.

'Did you happen to get up in the middle of the night, go up to the house and pay her a visit?'

'Well, um, yes,' Don said, a little embarrassed about being found out, 'I have to admit that I did.'

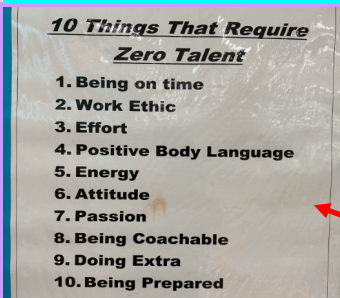
'And did you happen to give her my name instead of telling her your name?'

Don's face turned beet red and he said, 'Yeah, look, I'm sorry, buddy. I'm afraid I did. Why do you ask?'

'Well... she just died and left me everything.'

~ Author unknown (... or mistaken ID.)

To get credit for being who you are... you have to be who you are.



I can't believe people had babysitters



I grew up with "Don't open the door unless it's me" 🤪

Seen in school gymnasium

BE SURE TO CHECK YOUR HEALTH

Morris, an 82 year-old man, went to the doctor to get a physical. A few days later, the doctor saw Morris walking down the street with a gorgeous young woman on his arm.

A couple of days later, the doctor spoke to Morris and said, 'You're really doing great, aren't you?'

Morris replied, 'Just doing what you said, Doc: 'Get a hot mamma and be cheerful.'

The doctor said, 'I didn't say that. I said, 'You've got a heart murmur; be careful.'

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~ Internet unknown (*being very careful*)

The Golden Brick Road

How I feel affects other people!!!
Just because I don't mention an issue doesn't mean I don't support an ideology. Sometimes the best way to show your support is to hide/disguise it.
 ~ Sporty King

There are people on the team who're supposed to do all the shouting and screaming; somebody belongs on the front line; others mildly complain/comment; someone needs to be on the inside working it out...
 Whatever your role, 'know' what you support for those times where you might not show what you support.

If you're having a hard time cutting them out, try repositioning them. The key is your comfort. If you don't respect yourself nobody else will.
 *** ***** **

Choose your messengers carefully... and realize you're carefully being chosen as a messenger.
 Realize also that there are times where you won't know the

How I feel affects other people!!!
Cutting people out of your life does not mean you hate them. It simply means you respect you.
 ~ Sporty King

How I feel affects other people!!!
Relationship Rule: Look for a partner not a patient. And your 'search' will be most fruitful when you focus on keeping yourself together, rather than planning to fix someone else.
 ~ Sporty King

Put you first... so that you CAN help those who you want to help and especially those who need your help. Perhaps you've noticed that the 'relationship' I'm talking about is not limited to romance. Romance is just one of the categories that will flourish under this rule.

How I feel affects other people!!!
If you listen to the right people it won't cost you a thing. All you have to pay is attention.
 ~ Sporty King

Remember, a keg gets invited to more parties than a 6-pack. AND you can only make 4 friends with a 6-pack (be real... 2 of those beers are yours)...

How I feel affects other people!!!
Glad I never had 6-pack abs, so my keg is not a sign of letting myself go, but of my two 40's merging.
 ~ Sporty King

Your steps become livelier because your focus has shifted from being careful about them, as you pick your head up and enjoy everything your eyes, ears, nose, mouth and heart take notice of. When people tell you to walk in your passion... that's exactly what they're referring to. You don't get weaker as you experience God's will. You get stronger and become more of an asset to the many lives you touch. Allow your roadblocks to become bridges; challenges to become choices; trials to become trails; and path to become paved in passionate patience.

How I feel affects other people!!!
Your consciousness changes your scenery. You cannot "not" walk the path God has chosen for you. So imagine, instead, that you are clear about what it is.

How I feel affects other people!!!
When I say I'm Old Skool it means I want to benefit from the shortcuts I was a part of wanting to see created.
 ~ Sporty King

It doesn't mean I want to keep doing things the way they used to be done. We worked our asses off doing some of the things we complain about this younger generation not taking advantage of. I couldn't care less if they don't appreciate what they haven't had to overcome. I appreciate it... and I appreciate that they'll overcome even more when it's their turn to be Old Skool. We're related!

How I feel affects other people!!!
When we choose not to tell children honest stories we risk our truth not being told for 2 generations...
 ~ Sporty King

... How I Feel Affects Other People!!!
Feeling Pressure? You should, You Diamond, You!!!
 ~ Sporty King

How I feel affects other people!!!
You'll never know how long someone's been lying to you. You'll always know how long you've been telling them the truth.
 ~ Sporty King

How I feel affects other people!!!
Some people want you to be humble bc they don't know how powerful they are... and can't believe you speak to them or are even willing to share the same space.
 ~ Sporty King

People often put themselves and their interests first... even though subconsciously. And in an effort to not lose you they think they have to keep you at their level... not realizing they gain more of you by enjoying what you already share.

How I feel affects other people!!!
Shine your guiding light of positivism. See the glass as YOURS, with only a concern for who's pouring.
 ~ Sporty King

How I feel affects other people!!!
When someone devalues your time there's really not much to discuss. YOU have to decide if they'll do it again.
 ~ Sporty King

How I feel affects other people!!!
Know that I'm so genuine that everyone sees the side of me they deserve. I hope I continue to make you smile...
 ~ Sporty King

The buck doesn't stop... each generation makes the shortcuts for the next, having figured out how to contribute to the growth process and demand. Skip a generation and realize that they are growing up in the shortcut, trying to figure out how to contribute to the growth process and demand. 'Show' them how to iron, cook, clean, eat (all their food)... And be sure to occasionally show them how to do without, so they can appreciate what's been done so they wouldn't have to.

How I feel affects other people!!!
Don't complain about young people having it so easy while (at the same time) you're picking up after them.
 ~ Sporty King

Half empty or half full isn't always the measuring mechanism.

... How I feel affects other people!!!



WHAT A SHAME???

Six year old Annie returns home from school and says that today she had her first family planning lesson at school.

Her mother, very interested, asks: "Oh... How did it go"

"I nearly died of shame!" she answers.

"Sam from down the street says the stork brings babies. Sally next door said you can buy babies at the orphanage. Pete in my class says you can buy babies at the hospital."

Her mother answers laughingly, "But that's no reason to be ashamed."

"No... But I can't tell them that we were so poor that you and daddy had to make me yourselves.

~ Unknown (*Rights for sale...*)

Here are a few facts you may not know (and may never need to know, either!)

1. Babies are born without kneecaps. They don't appear until the child reaches 2 - 6 years of age.
2. "Dreamt" is the only English word that ends in the letters "mt".
3. It's impossible to sneeze with your eyes open.
4. Maine is the only state whose name is just one syllable.
5. Peanuts are one of the ingredients of dynamite.
6. Rubber bands last longer when refrigerated.
7. "Stewardesses" is the longest word typed with only the left hand and "lollipop" with your right.
8. TYPEWRITER is the longest word that can be made using the letters only on one row of the keyboard.
9. The words 'racecar,' 'kayak' and 'level' are the same whether they are read left to right or right to left (palindromes).
10. There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous.
11. There's no Betty Rubble in the Flintstones Chewable Vitamins.

~ unknown (*Oops... gotta add that to the list!*)

One day, when a seamstress was sewing while sitting close to a river, her thimble fell into the river. When she cried out, the Lord appeared and asked, "My dear child, why are you crying?"

The seamstress replied that her thimble had fallen into the water and that she needed it to help her husband in making a living for their family. The Lord dipped His hand into the water and pulled up a golden thimble set with sapphires. "Is this your thimble?" the Lord asked.

The seamstress replied, "No. "

The Lord again dipped into the river. He held out a golden thimble studded with rubies. "Is this your thimble?" the Lord asked.

Again, the seamstress replied, "No."

The Lord reached down again and came up with a leather thimble. "Is this your thimble?" the Lord asked.

The seamstress replied, "Yes."

The Lord was pleased with the woman's honesty and gave her all three thimbles to keep, and the seamstress went home happy.

Some years later, the seamstress was walking with her husband along the riverbank, and her husband fell into the river and disappeared under the water. When she cried out, the Lord again appeared and asked her, "Why are you crying?"

"Oh Lord, my husband has fallen into the river!"

The Lord went down into the water and came up with Denzel Washington. "Is this your husband?" the Lord asked.

"Yes," cried the seamstress.

The Lord was furious. "You lied! That is an untruth!"

The seamstress replied, "Oh, forgive me, my Lord. It is a misunderstanding. You see, if I had said "no" to Denzel Washington, you would have come up with George Clooney. Then if I said "no" to him, you would have come up with my husband. Had I then said "yes," you would have given me all three. Lord, I'm not in the best of health and would not be able to take care of all three husbands, so THAT'S why I said "yes" to Denzel Washington.

And so the Lord let her keep him.

The moral of this story is:

Whenever a woman lies, it's for a good and honorable reason, and in the best interest of others. That's our story, and we're sticking to it.

Signed, *Women*

Knock, Knock

I knocked at Heaven's door this morning.

God asked me, "My child, what can I do for you?"

And I said, "Father, please protect and bless the person reading this message."

God smiled and answered, "Request granted."

Be kinder than necessary, for everyone you meet is fighting some kind of battle.

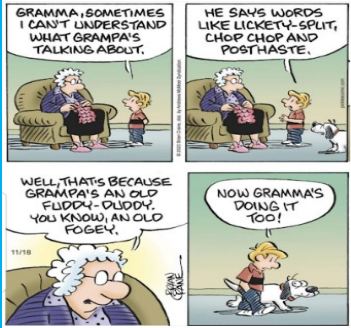
- unknown author (not really)

You're not getting senile. You're exercising your right to forget!

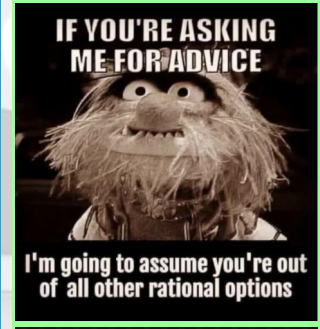
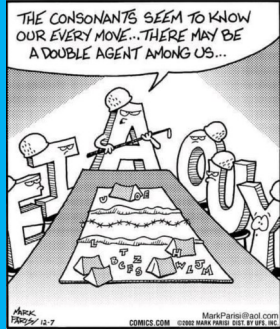
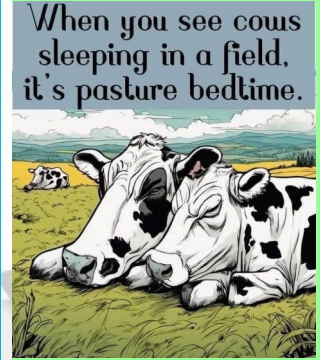
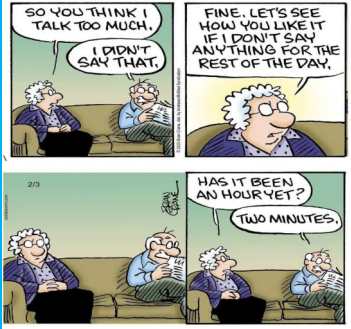
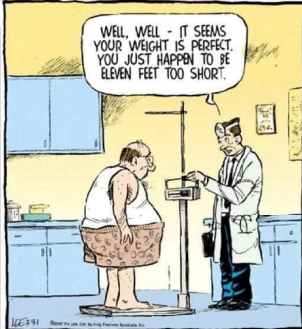
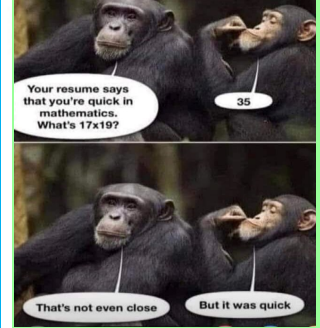
YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!

TIPS ON HOW TO FALL ASLEEP IN A LIVING ROOM CHAIR:

1. BE OLD
2. SIT IN A CHAIR



Sooo today I took my daughter to work with me. When we were leaving she started crying. My boss asked her what was wrong. She says "I was here all day and I never saw the Clown my dad says he works for" So now she's mad



When I was little, I didn't care what I wore. I just went along with what my parents chose.

When I look in old photo albums, I realize that they didn't care either.

My wife didn't order anything from Amazon yesterday so the UPS guy knocked on our door to see if we're okay.

Whenever I am with my family and someone says, "Wow, you have a beautiful family!" I reply, "Well, we left the ugly ones at home."



... How I feel affects other people!!!

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ONLINE BROADCASTS
FACEBOOK ... LINKEDIN ... YOUTUBE
Monday Morning Moment 8:00am EDT
1-2 minute inspirational message.
GLUE (God's Love Undoes Everything)
Wednesday 1:00pm EDT
30-45 minute interactive inspirational message.
GIFT (God Is For Today) Friday 11:00am EDT
*8 - 12 minute sharing of my original poetry
and how to use it to inspire others...
and yourself.*
HAPPY THIS YEAR!!!
*I love you and I'll see you!!!
Happy LIFE Moments!!!*

HAPPY BIRTHDATE ANNIVERSARY (TO YOU)!

My mother always said,
"You have one BirthDAY.
Every year after that is the
Anniversary...."

Each year I change the greeting on
MY Anniversary.
Here it is for those not listed on FB
or LI. If you're on FB or LI with
your **DATE** listed [Spoiler Alert]
you'll receive this greeting:
*Celebrating you today is not unu-
sual, yet it IS unavoidable. Under
no circumstances are you to think
you're only worthy of being cele-
brated one day on a manmade cal-
endar. In fact... should someone
wish you a Happy Belated... tell
them they're not late, you'll be this
blessing all year.*



BED SHEETS

An extremely modest man was in the hospital for a series of tests, the last of which had left his bodily systems extremely upset. Upon making several false alarm trips to the bathroom, he decided the latest episode was another and stayed put. He suddenly filled his bed with diarrhea and was embarrassed beyond his ability to remain rational.

In a complete loss of composure he jumped out of bed, gathered up the bed sheets, and threw them out the hospital window. A drunk was walking by the hospital when the sheets landed on him. He started yelling, cursing, and swinging his arms violently trying to get the unknown things off, and ended up with the soiled sheets in a tangled pile at his feet.

As the drunk stood there, unsteady on his feet, staring down at the sheets, a hospital security guard, (barely containing his laughter), who had watched the whole incident, walked up and asked, "What the heck is going on here?"

The drunk, still staring down at the bed sheets in amazement, replied: "I think I just beat the crap out of a ghost."
~ **Unknown (... BOO!)**

A football coach walked into the locker room before a game, looked over to his star player and said, "I'm not supposed to let you play since you failed math, but we need you in there.

So what I have to do is ask you a math question, and if you get it right, you can play." The player agreed, and the coach looked into his eyes intently and asked, "Okay, now concentrate... what is two plus two?" The player thought for a moment and then he answered, "4?" "Did you say 4!?" the coach exclaimed, excited that he got it right. At that, all the other players on the team began screaming, "Come on coach, give him another chance!"

God doesn't have spies... he has angels!!!

They can be hard to see if your spirit is not open to receive them. If you are still jealous, insecure and distrusting, you will not see them. Instead you'll be busy believing someone is trying to take something away from you when they're trying to bless and refresh you. When you open yourself up for blessing and refreshing, there's nothing to anticipate but joy.

How I Feel Affects Other People!!!

**You can't anticipate
who God will save
and you never know
who his spies are,
because they don't
hide... you choose not
to recognize them.**

~ Sporty King