

The Golden Brick Road

How I Feel Affects Other People!!!

DECEMBER 2023

Reminding "Seasoned Citizens" (and you) to continue to laugh, learn and love their lives...

YOU ARE ALLOWED TO TERMINATE YOUR RELATIONSHIP WITH TOXIC FAMILY MEMBERS. YOU ARE ALLOWED TO WALK AWAY FROM PEOPLE WHO HURT YOU. YOU ARE ALLOWED TO BE ANGRY AND SELFISH AND UNFORGIVING AND YOU DON'T OWE ANYONE AN EXPLANATION FOR TAKING CARE OF YOU.

No, No, No....

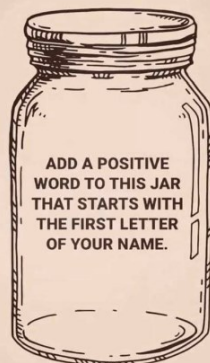
Not opening with a negative message.

This is a prayerful reminder. Many feel lonely or sad during the Holiday Season. And some dread a family situation that will remind them that they should feel lonely... when they're actually just alone.



WHY IT SEEMS TIME WENT SO FAST

To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com



- | | |
|-------------|----------|
| Sensational | Saturday |
| Smart | Sunday |
| Sincere | Smooth |
| Sure | Strong |
| Spiritual | Second |
| Son | Sensible |
| Strategic | Stamina |

**So NOW it's time to take a seat...
Clean yourself up... Enjoy!!!
DECEMBER is 1 of the 12 best months for loving, living & laughing...**

HEALTH WATCH



OLD BOAT

Joe kept pretty much to himself. One day Joe rented out his old boat to a group of out-of-towners who sank it. Joe spent all day trying to salvage as much stuff as he could and was out of touch all that day and most of the evening. Unbeknownst to him, his brother John's wife died suddenly. When he got back on shore he went into town to pick up a few things at the grocery store. A kind old neighbor woman mistook him for John and said, "I'm so sorry for your loss. You must feel terrible."

Joe, thinking she was talking about his boat replied, "Hell no! Fact is I'm sort of glad to be rid of her. She was a rotten old thing from the beginning. Her bottom was all shriveled up and she smelled like dead old fish. She was always holding water. She had a bad crack in the back and a pretty big hole in the front too. Every time I used her, her hole got bigger and she leaked like crazy. I guess what finally finished her off was when I rented her out to those four guys looking for a good time. I warned them that she wasn't very good, and smelled bad. But they wanted her anyway. The darn fools tried to get in her all at once, and she split right up the middle!"

The old woman fainted
~ Unknown John (... or Joe!)

DECEMBER

Daily Exercise Calms Emotions... Making Bodies Especially Resilient

You're not getting senile. You're exercising your right to forget!

I was having trouble with my computer, so I called my 13-year-old son to help me. He clicked a couple of buttons and fixed it. As he was walking back to his room, I asked him what the problem was. He said, "It was an 'ID Ten T' issue."

Not wanting to sound stupid, but curious in case I had the same problem again, I asked him what an 'ID Ten T' was.

"Write it down," he said.

So I did: ID10T....

He never was my favorite child anyway.

~ Unknown (*No issue...*)

A woman and her 12-year-old son were riding in a taxi in Detroit. It was raining and all the prostitutes were standing under awnings.

"Mom," said the boy, "what are all those women doing?"

"They're waiting for their husbands to get off work," she replied.

The taxi driver turns around and says, "Geez lady, why don't you tell him the truth? They're hookers, boy! They have sex with men for money."

The little boy's eyes get wide and he says, "Is that true Mom?"

His mother, glaring hard at the driver, answers "Yes."

After a few minutes the kid asks, "Mom, if those women have babies, what happens to them?"

She said, "Most of them become taxi drivers."

~ Unknown (*I swear I don't know...*) ~ Thanks Jay/CA

What's the best way to burn 1,000 calories?

Leave the pizza in the oven.

Why did the invisible man turn down the job offer?

He couldn't see himself doing it.

What do horses say when they fall?

I can't giddy up.

I'm only friends with 25 letters of the alphabet.

I don't know Y.

I went to buy a ticket at the airport. When the attendant asked "Where you going?" I said, "I'm going to New York, and the Baggage to California."

She politely said, "Sir we can't do that."

I replied, "That's what happened the last time I flew with you!"

I lost my job at the bank on my very first day. A woman asked me to check her balance, so I pushed her over.

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OVER A BARREL

In the days before CPR a drowning victim would be placed face down over a barrel and the barrel would be rolled back and forth in an effort to empty the lungs of water. It was rarely effective. If you are over a barrel you are in deep trouble .

THE MOPED & FERRARI

An elderly man on a Moped, looking about 100 years old, pulls up next to a doctor at a streetlight. The old man looks over at the sleek shiny car and asks, 'What kind of car ya got there, sonny?'

The doctor replies, 'A Ferrari GTO. It cost half a million dollars!'

'That's a lot of money,' says the old man. 'Why does it cost so much?'

'Because this car can do up to 320 miles an hour!' states the doctor proudly.

The Moped driver asks, 'Mind if I take a look inside?'

'No problem,' replies the doctor.

So the old man pokes his head in the window and looks around. Then, sitting back on his Moped, the old man says, 'That's a pretty nice car, all right... but I'll stick with my Moped!'

Just then the light changes, so the doctor decides to show the old man just what his car can do. He floors it, and within 30 seconds the speedometer reads 160 mph. Suddenly he notices a dot in his rear-view mirror. It seems to be getting closer! He slows down to see what it could be and suddenly *WHOOSHH...* something whips by him going much faster!

'What on earth could be going faster than my Ferrari?' the doctor asks himself.

He presses harder on the accelerator and takes the Ferrari up to 250 mph. Then, up ahead of him, he sees that it's the old man on the Moped! Amazed that the Moped could pass his Ferrari, he gives it more gas and passes the Moped at 275 mph. And he's feeling pretty good until he looks in his mirror and sees the old man gaining on him AGAIN!

Astounded by the speed of this old guy, he floors the gas pedal and takes the Ferrari all the way up to 320 mph. Not ten seconds later, he sees the Moped bearing down on him again! The Ferrari is flat out, and there's nothing he can do!

Suddenly, the Moped plows into the back of his Ferrari, demolishing the rear end. The doctor stops and jumps out and unbelievably the old man is still alive. He runs up to the banged-up old guy and says, 'I'm a doctor... is there anything I can do for you?'

The old man whispers, 'Unhook my suspenders from your side view mirror.'

The Golden Brick Road

How I Feel Affects Other People!!!

~ Sporty King

Haven't you ever had to be stronger than you thought you could be?

Why not focus on something that makes you smile? Someone else will see your smile, and that might help them smile for the person who sees their smile. It might not make your problems go away, but they won't take you out. What you focus on, you ferment.

Sooner or later you stop chasing life

and live it. There's a wonderful rhythm and pace to your existence, as well as a cycle.... In our younger days we strove to be involved in everything, trying hard to follow someone's lead toward our greatness. We challenged and dared ourselves to try new things and defy the odds. As we matured (at no particular age) we began to place value on different aspects of our lives, based on our experienced results from the involvement, greatness, challenges, dares and defiance. And we are even able to go back and thank those spokes on our cycle as early blessings toward a clearer picture of who we were to become, and what we had to do to get here. No regrets!

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How I feel affects other people!!!

~ Sporty King

Don't look to be accepted. Strive to remain exceptional.

I know you caught that I wrote "remain!" Too often we question our attire, manners, vocabulary, resume, views... giving someone else the power to determine our next step, instead of welcoming our next move. True progress is made when you step away from the 'rule.' And you don't always have to move forward. Sometimes stepping aside is another one of your best moves.

How I feel affects other people!!!

~ Sporty King

YOU'RE STILL HERE???
EVEN AFTER COMPLAINING YESTERDAY???

How I feel affects other people!!!

~ Sporty King

Be IN a child's life!!! Especially when you know you're just passing through!

How I feel affects other people!!!

~ Sporty King

I don't know if my happiest moment has happened yet. But I'm having a ball practicing!!!

How I feel affects other people!!!

~ Sporty King

We make excuses to excuse the way we let people treat us.

How I feel affects other people!!!

~ Sporty King

We always make choices about our reputation. Sometimes we control when that choice was made. Sometimes we don't!!!

How I feel affects other people!!!

~ Sporty King

Many people enjoy and admire your honesty, until you tell the truth about them. Stay Honest!!!

How I Feel Affects Other People!!!

~ Sporty King

Live with no regrets, or you're not living.

You, however, must be clear about sharing your vision so that you can be helped by people who can see and add to your journey.

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When I started my speaking business, I set out to be 'The Muhammad Ali

How I feel affects other people!!!

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It's your life. Who's playing the role of You, and who are your co-stars?

How I feel affects other people!!!

~ Sporty King

People who can't recreate your path need to get out of your way.

of Motivational Speaking.' As I understood my gift, I learned that he was 'The Sporty King of Boxing.' Who's the 'You of [What]?' Even as you try to be humanly humble, most of us love the song, "The Greatest Love of All." How many appreciate living the lyric,

"... Learning to love yourself is the greatest love of all...?" **Your name looks great on the marquee.**

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How I feel affects other people!!!

~ Sporty King

I believe me and I believe in me.

It's actually how you start your day. Try mumbling it to yourself throughout your day. After all, it IS 'your' day.

How I feel affects other people!!!

~ Sporty King

It's actually easy to give up. Give yourself credit if you haven't.

I know I still have times where I just feel like throwing in the towel, surrendering or wondering why things are so hard on me. Then I laugh and say, "Occupational Hazard" (which is one thing OH stands for), I'm a Motivational Speaker... what I do is help people see past the white flag. Thus, I'm

able to hear myself remind you to 'Trust your Track Record and Laugh at your Lack Record...' and I wring that towel out, swing it around like I'm cheering for the Spurs and thank God for being so wonderful in reminding me that Easy is not the street he's given me. I use my time to refocus on the path that makes OH also stand for Openly His.

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You won't always make waves. Yet most waves don't start alone. If everyone's making their ripples we'll flow better.

How I feel affects other people!!!

~ Sporty King

Go with the flow... and make ripples. Each of us is a key ingredient in the stew. The twists & turns you make add the flavor someone needs!!!

4 ... How I feel affects other people!!!



How I feel affects other people!!!
~ Sporty King
Keep holding on.
Hanging in ain't enough.
Many of the twists and turns come from jolts while you're moving forward, not necessarily looking down hoping you don't fall.

They fear that he has your back. Do you fear he doesn't? Then let FEAR = Faith Eventually Attracts Resources.

You're a champion and a habitual winner... when you remember to balance your success by holding on.

How I feel affects other people!!!
~ Sporty King
Don't hide behind God.
Hide in front of him. He distracts your enemies!

DECEMBER

(Deliver Excellence, Creativity & Exciting Moments Before Expecting Recognition)

There once was a bunch of tiny frogs who arranged a running competition. The goal was to reach the top of a very high tower. A big crowd had gathered around the tower to see the race and cheer on the contestants. The race began. Honestly, no one in crowd really believed that the tiny frogs would reach the top of the tower. You heard statements such as, "Oh, WAY too difficult!!!" "They will NEVER make it to the top." or, "Not a chance that they will succeed. The tower is too high!"

The tiny frogs began collapsing. One by one... except for those who in a fresh tempo were climbing higher and higher. The crowd continued to yell, "It is too difficult!!! No one will make it!"

More tiny frogs got tired and gave up. But ONE continued higher and higher and higher. It wouldn't give up!

At the end everyone else had given up climbing the tower except for the one tiny frog who after a big effort was the only one who reached the top! THEN all of the other tiny frogs naturally wanted to know how this one frog managed to do it?

A contestant asked the tiny frog how the one who succeeded had found the strength to reach the goal? It turned out that the winner was DEAF!!!!

The wisdom of this story is:
Never listen to other people's tendencies to be negative or pessimistic... because they take your most wonderful dreams and wishes away from you: the ones you have in your heart! Always think of the power words have. Because everything you hear and read will affect your actions! Therefore: ALWAYS be POSITIVE!

And above all: Be DEAF when people tell YOU that YOU cannot fulfill YOUR dreams!

Always think: I can do this!

~ Unknown (... and still climbing!)

THANK A TEACHER IN YOUR PRAYERS TODAY!!!

After being interviewed by the school administration, the prospective teacher said:

"Let me see if I've got this right. You want me to go into that room with all those kids, correct their disruptive behavior, observe them for signs of abuse, monitor their dress habits, censor their T-shirt messages, and instill in them a love for learning.

"You want me to check their backpacks for weapons, wage war on drugs and sexually transmitted diseases, and raise their sense of self-esteem and personal pride.

"You want me to teach them patriotism and good citizenship, sportsmanship and fair play and how to register to vote, balance a check-book, and apply for a job.

"You want me to check their heads for lice, recognize signs of antisocial behavior, and make sure that they all pass the final exams.

"You also want me to provide them with an equal education regardless of their handicaps, and communicate regularly with their parents in English, Spanish or any other language, by letter, telephone, newsletter, and report card.

"You want me to do all this with a piece of chalk, a blackboard, a bulletin board, a few books, a big smile*, and a starting salary that qualifies me for food stamps.

"You want me to do all this and then you tell me I CAN'T PRAY! Are you nuts?"

~ Author Well Known

*[Old Skool stuff... now you gotta do it with a lot more creativity and a screen]

TOUGH LOVE VS. SPANKING

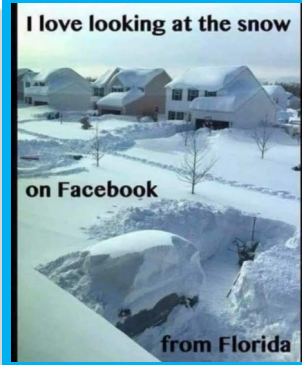
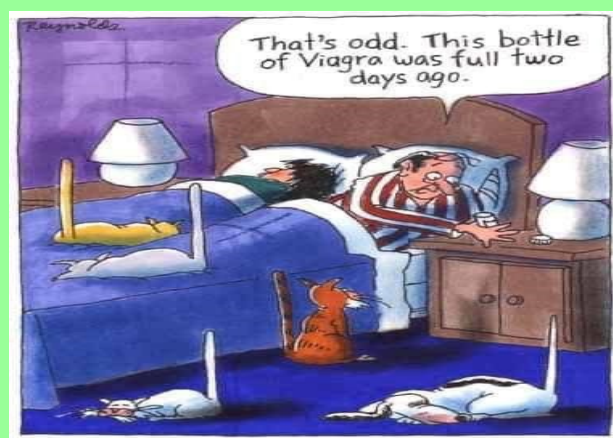
Most of America's populace thinks it very improper to spank children, so I have tried other methods to control our kids when they have one of "those moments." One that I found very effective is for me to just take the child for a car ride and talk. He or she usually calms down and stops misbehaving after our little car ride together. I've included the photo below of one of my sessions with our son in case you would like to use the technique.



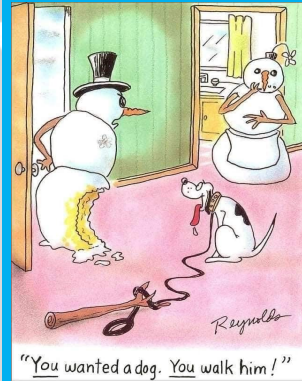
You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!

"TEACHERS DON'T TEACH FOR THE INCOME. TEACHERS TEACH FOR THE OUTCOME."
THANKING ALL TEACHERS FOR THEIR HARD WORK.

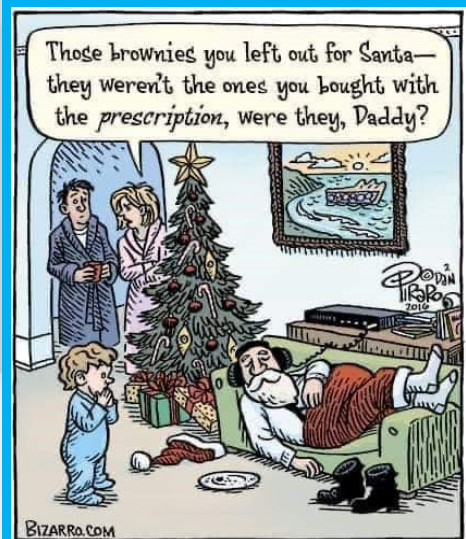


GOD NEVER GIVES YOU A DREAM THAT MATCHES YOUR BUDGET. HE'S NOT CHECKING YOUR BANK ACCOUNT, HE'S CHECKING YOUR FAITH



I think I need to lose a little weight. I tried to sit up in bed this morning and ended up rocking myself back to sleep.

I've reached the age where I appreciate a nice handrail 😂



... How I feel affects other people!!!

www.sporyking.com 708-805-9279 Spory@SporyKing.com



ONLINE BROADCASTS
FACEBOOK ... LINKEDIN ... YOUTUBE

Monday Morning Moment 8:00am EDT
 1-2 minute inspirational message.

GLUE (God's Love Undoes Everything)
 Wednesday 1:00pm EDT

30-45 minute interactive inspirational message.

GIFT (God Is For Today) Friday 11:00am EDT

8 - 12 minute sharing of my original poetry
 and how to use it to inspire others...
 and yourself.

HAPPY THIS YEAR!!!

I love you and I'll see you!!!

Happy LIFE Moments!!!

HAPPY BIRTHDATE ANNIVERSARY (TO YOU)!

My mother always said,
 "You have one BirthDAY.
 Every year after that is the
 Anniversary...."

Each year I change the greeting on
 MY Anniversary.

Here it is for those not listed on FB
 or LI. If you're on FB or LI with
 your DATE listed [Spoiler Alert]
 you'll receive this greeting:
*Celebrating you today is not unu-
 sual, yet it IS unavoidable.*

*Under no circumstances are you to
 think you're only worthy of being
 celebrated one day on a manmade
 calendar. In fact... should someone
 wish you a Happy Belated...
 tell them they're not late,
 you'll be this blessing all year.*



FLASHBACK EXIT POEMS FROM MY PAST

*In around 1975 my girlfriend's father bound this book
 of blank pages because he enjoyed the poetry I created
 for his daughter and she shared. I had almost forgotten
 about this book because the pages are handwritten and
 full (124). I'm so excited and warmed by how timeless
 some of the messages are and, more importantly,
 seeing/sharing my spiritual growth.*



APOLOGIZING

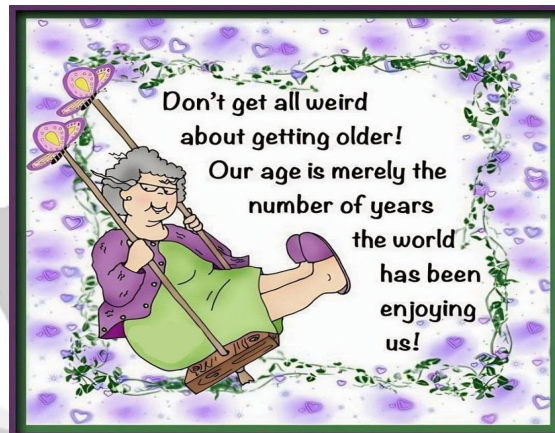
If I could explain myself
 to you completely,
 there would be nothing left
 for me to talk about...
 Only statements to quote
 No questions to ask
 No facts to find
 Just actions to accept
 Simply reasons to realize
 No surprises to spring
 Because about me
 you would know
 ... Everything

© 1978

LEAH

While writing so much poetry
 I'd be ashamed if I left you out
 Cause being considerate, thankful and happy
 Is what Christmas is all about.
 How could I pass up the chance
 To reflect upon and realize
 The guidance, care and understanding
 You've provided free of charge.
 And so this poem is but a small token
 Of the thanks I give to you.
 This poem is but a small tribute
 To my mother who's heart is true.
 There's no great need for thanks here
 I'm just giving you what you deserve
 Have a Happy Christmas
 a Merry New Year
 And a long rewarding life
 Drenched with joy, love and cheer

© 1976



2023



2024

♦ Everything is a repeat, or reenactment with new technology.

It's Tuesday! Be all the Tues you can – Too Happy...

Too Wonderful... Too Much... Two for the Show... To Be...

To the windows...

♦ You're where you need to be so that you can be more effective
 when you get where you're supposed to be.

♦ We all make good choices. Remember to see beyond yourself
 with your next choice.

♦ Life's not supposed to get easier. We're supposed to rise to the chal-
 lenge. And we do. Keep making steps, and let them be big in hindsight
 (where wisdom lives), and small in the moment (where we live).