

The Golden Brick Road

How I Feel Affects Other People!!!

JANUARY 2024

Reminding "Seasoned Citizens" (and you) to continue to laugh, learn and love their lives...

A teacher is marking off the attendance roll when she comes across the name 'Hijkm'. She says "I'm sorry I'm not sure how to pronounce this name" Then spells it out. A girl raises her hand and says...
That's me and it's pronounced
Noelle

WELCOME 2024
Hope you brought everything you need into this new Calendar 366.
Yepp, there's a *Leap Day* coming up next month.
Yet each day is another chance to celebrate whatever you'd like. Don't wait for the calendar to announce it.
HAPPY BIRTHDAY ☺



To those I offended in 2023, try to improve, so I don't have to do it again in 2024. 🎉

To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

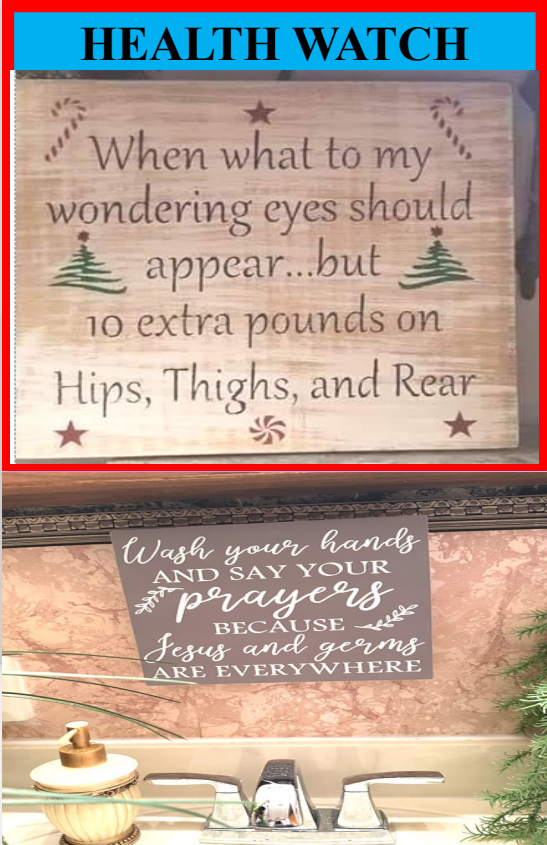
So NOW it's time to take a seat... Clean yourself up... Enjoy!!!
JANUARY is 1st of the 12 best months for loving, living & laughing...

"Strange, isn't it? Each man's life touches so many other lives. When he isn't around he leaves an awful hole, doesn't he?" (Clarence - George Bailey's guardian angel in "It's a Wonderful Life")

Never, ever forget that your life has a purpose and that you are deeply loved. Life can be so incredibly hard sometimes, but it is also very, very good, and you are here for a reason.

God has chosen you to be born at this particular time in history. You are made in His image, and you have a purpose. It is so good that you exist.
Things are going to be okay. Remember - God loves you! ❤️

CONFESION
An elderly man walks into a confessional. The following conversation ensues:
Man: 'I am 92 years old, have a wonderful wife of 70 years, many children, grandchildren, and great grandchildren. Yesterday, I picked up two college girls hitch-hiking. We went to a motel, where I had sex with each of them three times.'
Priest: 'Are you sorry for your sins?'
Man: 'What sins?'
Priest: 'What kind of a Catholic are you?'
Man: 'I'm Jewish.'
Priest: 'Why are you telling me all this?'
Man: 'I'm 92 years old... I'm telling everybody!'



JANUARY JOY:
Accepting, Needing, Understanding, And Rewarding Yourself

DONATION
Father O'Malley answers the phone.
'Hello, is this Father O'Malley?'
'It is!'
'This is the IRS. Can you help us?'
'I can!'
'Do you know a Ted Houlihan?'
'I do!'
'Is he a member of your congregation?'
'He is!'
'Did he donate \$10,000 to the church?'
'He will.'

You're not getting senile. You're exercising your right to forget!

Deathbed Gifts:

Morris Schwartz is on his deathbed, knows the end is near, and is with his nurse, his wife, his daughter and 2 sons.

"So," he says to them:

"Bernie, I want you to take the Beverly Hills houses."

"Sybil, take the apartments over in Los Angeles Plaza."

"Louie, I want you to take the offices over in City Center."

"Sarah, my dear wife, please take all the residential buildings downtown."

The nurse is just blown away by all this, and as Morris slips away, she says, "Mrs. Schwartz, your husband must have been such a hardworking man to have accumulated all this property."

Sarah replies, "Property? The schmuck has a paper route!"

~ Internet Jokester (*taking residential buildings uptown*) ~ Thanks Lou F/CX

All eyes were on the radiant bride as her father escorted her down the aisle. They reached the altar and the waiting groom. The bride kissed her father and placed something in his hand. The guests in the front pews responded with ripples of laughter. Even the priest smiled broadly. As her father gave her away in marriage, the bride gave him back his credit card.

Because they had no reservations at a busy restaurant, my elderly neighbor and his wife were told there would be a 45 minute wait for a table.

"Young man, we're both 90 years old," the husband said. "We may not have 45 minutes."

They were seated immediately.

Three friends from the local congregation were asked, "When you're in your casket, and friends and congregation members are mourning over you, what would you like them to say?"

Artie said, "I would like them to say I was a wonderful husband, a fine spiritual leader, and a great family man."

Eugene commented, "I would like them to say I was a wonderful teacher and servant of God who made a huge difference in people's lives."

Al said, "I'd like them to say, 'Look, he's moving!'"

~ Unknown (*So they say...*)

~ Thanks Thomas W/AL

Why we love children ...

1) NUDITY - I was driving with my three young children one warm summer evening when a woman in the convertible ahead of us stood up and waved. She was stark naked!

As I was reeling from the shock, I heard my 5-year-old shout from the back seat, 'Mom, that lady isn't wearing a seat belt!'

2) OPINIONS - On the first day of school, a first-grader handed his teacher a note from his mother. The note read, 'The opinions express-ed by this child are not necessarily those of his parents ..'

3) KETCHUP

A woman was trying hard to get the ketchup out of the jar. During her struggle the phone rang so she asked her 4-year-old daughter to answer the phone. 'Mommy can't come to the phone to talk to you right now. She's hitting the bottle.'

There was a very gracious lady who was mailing an old family Bible to her brother in another part of the country.

'Is there anything breakable in here?' asked the postal clerk.

'Only the Ten Commandments.' answered the lady.

*This was written by an 83 year old...
The last line says it all.*

Dear Bertha,

I'm reading more and dusting less. I'm sitting in the yard and admiring the view without fussing about the weeds in the garden. Spending more time with my family and friends and less time working. Whenever possible, life should be a pattern of experiences to savor, not to endure. I'm trying to recognize these moments now and cherish them.

I'm not "saving" anything; we use our good China and crystal for every special event such as losing a pound, getting the sink unstopped, or the first Amaryllis blossom. I wear my good blazer to the market. My theory is if I look prosperous, I can shell out \$28.49 for one small bag of groceries. I'm not saving my good perfume for special parties, but wearing it for clerks in the hardware store and tellers at the bank. "Someday" and "one of these days" are losing their grip on my vocabulary. If it's worth seeing or hearing or doing, I want to see and hear and do it now.

I'm not sure what others would've done had they known they wouldn't be here for the tomorrow that we all take for granted. I think they would have called family members and a few close friends They might have called a few former friends to apologize and mend fences for past squabbles. I like to think they would have gone out for a Chinese dinner or for whatever their favorite food was. I'm guessing; I'll never know.

It's those little things left undone that would make me angry if I knew my hours were limited. Angry because I hadn't written certain letters that I intended to write *one of these days*. Angry/sorry that I didn't tell my husband and parents often enough how much I truly love them. I'm trying very hard not to put off, hold back, or save anything that would add laughter and luster to our lives. And every morning when I open my eyes, I tell myself that it is special. Every day, every minute, every breath truly is a gift from God.

People say true friends must always hold hands, but true friends don't need to hold hands because they know the other hand will always be there.

I don't believe in Miracles. I rely on them. Life may not be the party we hoped for, but while we are here we might as well dance.

- Internet... (*Bertha's friend*)

The Golden Brick Road

How I feel affects other people!!!
~ Sporty King

You're SUPPOSED to have a lot going on. You're not supposed to think you can handle things the way you used to. The 'Down' Twins are "Slow It" and "Write It."

As we age we also gain new information which updates or pushes the old out. Do not get frustrated about what you forget. Even computers lose memory. The challenge is that, when we forget, we spend more time chastising ourselves or being embarrassed about forgetting ("stupid me... I can't believe I forgot that... my memory isn't good...") than we do trying to remember ("hmmm, I'm sure it was... it'll come back to me later..."). As you beat yourself down for forgetting you repress the thought even more, because your concentration is on THAT you can't remember instead of WHAT you'd like to remember.

Solution: just spend a few seconds believing it'll come back and (if it doesn't) move on.

Great Option: continue to enjoy The Golden Brick Road, which was created for Senior Citizens, yet expanded to inspire all ages (whose goal is to one day be a Senior). Have you noticed and enjoyed my monthly reminding slogan:

"I'm not getting senile. I'm exercising my right to forget."?

SLOW IT DOWN ... WRITE IT DOWN
*** ***** *** ***** ***

How I feel affects other people!!!
~ Sporty King

Don't look to be accepted. Strive to remain exceptional.

Sooner or later you stop chasing life and live it. There's a wonderful rhythm and pace to your existence, as well as a cycle.... In our younger days we strove to be involved in everything, trying hard to follow someone's lead toward our greatness. We challenged and dared ourselves to try new things and defy the odds. As we matured (at no particular age) we began to place value on different aspects of our lives, based on our experienced results from the involvement, greatness, challenges, dares and defiance. And we are even able to go back and thank those spokes on our cycle as early blessings toward a clearer picture of who we were to become, and what we had to do to get here. No regrets!

How I feel affects other people!!!
~ Sporty King

HOPE (Having Over-Powered Evil) Count your blessings and see.
© Ac-Firmations

How I feel affects other people!!!
~ Sporty King

HOPE (Having Over-Powered Evil) Evil can't beat you 1-on-1. Just to make it fair, let "them" go first.
© Ac-Firmations

How I feel affects other people!!!
~ Sporty King

EVIL One letter short of Devil. If you turn it around you'll get to LIVE Not just in the spelling.
© Ac-Firmations

How I feel affects other people!!!
~ Sporty King

Thought about complaining, then had a flashback. Oops, gotta go. Here comes another one.

How I feel affects other people!!!
~ Sporty King

Not many things go away based on your denying they exist.

How I feel affects other people!!!
~ Sporty King

Need a catchy theme for your next meeting? Want to make your message more memorable? Enjoy and choose from over 240 of my inspirational ACronym (AC-) affirmations (Firmations)! ~ Sporty King



In fact, depending upon what you woke up to this morning, you will receive that message differently. You will also emote differently. That's why it's important to maintain focus on who you are, so that your actions will cumulatively keep you in the Blessing Business. Understand and accept your

How I feel affects other people!!!
~ Sporty King

When, and where I am, impacts my receptivity.

How I feel affects other people!!!
~ Sporty King

Be good enough to win. Be smart enough to know that every win does not look like a victory.

emotional roller coaster so that it can become a path of patience and, ultimately, true trust in testimonies. *** ***

Your mindset is valuable. Be the visionary of what a win looks like for you. You know what you went through to take a step. *** ***

Your mindset is valuable. Be over-conscious of what goes in so you can be more appreciative of what comes out. *** ***

How I feel affects other people!!!
~ Sporty King

You have to start hearing how you sound.

How I feel affects other people!!!
~ Sporty King

When I focus on myself it doesn't mean I'm selfish. It means I understand the battle for my spirit needs me to strengthen from within!

When you take good care of yourself physically, mentally and spiritually you CAN take care of those you love by giving a filling portion of your wholeness... Not seeking to FIX them, yet making them a part of your well being.

How I feel affects other people!!!
~ Sporty King

IT'S OK TO TAKE A DETOUR IN YOUR LIFE, BUT DON'T STOP LIVING!!!

The actual joy in life are the twists and turns, bumps and bruises of your PATH (Put A Testimony Here)... and there... left... and right... day... and night... *** ***** ***

How I feel affects other people!!!
~ Sporty King

Which word is unclear? NO or WEAPON?

When you believe it, it can be very confusing to your perceived enemies. *** ***** ***

How I feel affects other people!!!
~ Sporty King

God doesn't get a day off. So as you strive to live God-like, rejoice at the demands on your time.

In fact, let me recreate the Proverb to being, "To whom LIFE is given, LIFE is required." Try not to stop and start your life, by recognizing that it has a flow that continues to get a feed from all directions. You've always multi-tasked, prioritized and made choices! And each time you gained access to your next step, and another chance to live LIFE (Lessons Intended For Everyone). The demand is that you continue to share.

4 ... How I feel affects other people!!!



<p><i>How I feel affects other people!!!</i> ~ Sporty King</p> <p>Beware the mental enslavement of ABSOLUTES! The ONLY thing ALL people have experienced is birth... yet they can NEVER tell you how they felt about it.</p>	<p><i>How I feel affects other people!!!</i> ~ Sporty King</p> <p>I'm as happy as the 10th car in a 9-car accident.</p>
<p><i>How I feel affects other people!!!</i> ~ Sporty King</p> <p>I didn't agree with every choice my mother made, but I learned to appreciate how strong she was to make them!!!</p>	<p>Appreciate your path at the highest level possible. I believe that is a level of inhaling the value invested in your development... sometimes (even often times) Unintentionally yet lovingly</p>

MORE FROM THE BLESSINGS CALLED KIDS

WHEN IS IT OKAY TO KISS SOMEONE?
When they're rich. ~ Pam, age 7
The law says you have to be eighteen, so I wouldn't want to mess with that. ~ Curt 7

IS IT BETTER TO BE SINGLE OR MARRIED?
It's better for girls to be single but not for boys. Boys need someone to clean up after them.
~ Anita 9 (*bless you child*)

WHAT DO MOST PEOPLE DO ON A DATE?
Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough.
~ Lynnett 8 (*isn't she a treasure*)
On the first date, they just tell each other lies and that usually gets them interested enough to go for a second date.
~ Martin 10

HOW CAN A STRANGER TELL IF TWO PEOPLE ARE MARRIED?
You might have to guess, based on whether they seem to be yelling at the same kids. ~ Derrick 8

WHAT IS THE RIGHT AGE TO GET MARRIED?
Twenty-three is the best age because you know the person FOREVER by then. ~ Camille 10
You got to find somebody who likes the same stuff. Like, if you like sports, she should like it that you like sports, and she should keep the chips and dip coming. ~ Alan 10
No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with. ~ Kristen 10

HOW WOULD YOU MAKE A MARRIAGE WORK?
Tell your wife that she looks pretty, even if she looks like a dump truck. ~ Ricky 10

HOW WOULD THE WORLD BE DIFFERENT IF PEOPLE DIDN'T GET MARRIED?
There sure would be a lot of kids to explain. ~ Kelvin 8

SUBJECT: RIDDLE.....

A young law student, having failed his law exam, goes up to his crusty old professor, who is renowned for his razor-sharp legal mind.
Student: "Sir, do you really understand everything about this subject?"
Professor: "Actually, I probably do. Otherwise I wouldn't be a professor, I?"
Student: "OK. So I'd like to ask you a question. If you can give me the answer, I will accept my mark as it is. If you can't give me the correct answer, however, you'll have to give me an "A."
Professor: "Hmmm, alright. What's the question?"
Student: "What is legal but not logical, logical but not legal, and neither nor legal?"
The professor wracks his famous brain, but just can't crack the answer. He gives up and changes the student's failing mark into an "A" as agreed, and the student goes away, very pleased.
The professor continues to wrack his brain over the question all afternoon, yet still can't get the answer. So finally he calls in a group of his brightest and tells them he has a really, really tough question to answer: "What is legal but not logical, logical but not legal, and neither logical nor legal?"
To the professor's surprise (and embarrassment), all the students raise their hands.
"All right," says the professor, and asks his favorite student to answer question.
"It's quite easy, sir." says the student. "You see, you are 75 years old married to a 30 year old woman, which is legal, but not logical. Your wife has a 22 year old lover, which is logical, but not legal. And your wife's lover failed his exam but you've just given him an "A," which is neither legal nor logical."
~ Unknown Student (... *and that's logical and legal!*)

THE PRIEST'S RETIREMENT

A leading local politician, and member of the congregation, was chosen to make the presentation and to give a little speech at the Priest's retirement dinner. However, he was delayed, so the Priest decided to say his own few words while they waited:

"I got my first impression of the parish from the first confession I heard here. I thought I had been assigned to a terrible place. The very first person who entered my confessional told me he had stolen a television set and, when questioned by the police, was able to lie his way out of it.

"He had stolen money from his parents; embezzled from his employer; had an affair with his boss's wife; had sex with his boss's 17-year-old daughter on numerous occasions, taken illegal drugs; had several homosexual affairs; was arrested several times for public nudity and gave VD to his sister. I was appalled that one person could do so many awful things. But as the days went on, I learned that my people were not all like that and I had, indeed, come to a fine parish full of good and loving people."

Just as the Priest finished his talk, the politician arrived full of apologies at being late. He immediately began to make the presentation and gave his talk:

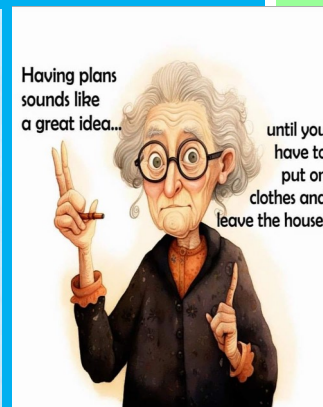
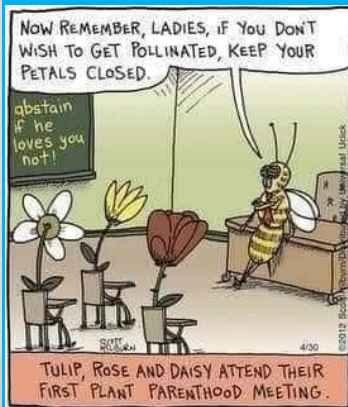
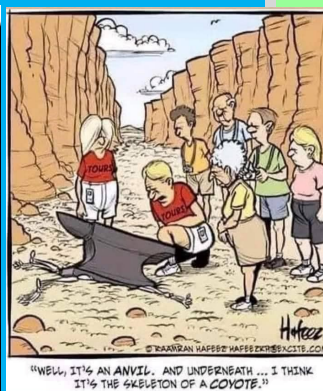
"I'll never forget the first day our parish Priest arrived," said the politician. "In fact, I had the honor of being the first person to go to him for confession."

Moral: Never, Never, Never Be Late
~ Internet Jokester (*On time...*)

Thanks Roberta L/Chi

You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!



A PESSIMIST sees a dark tunnel
 An OPTIMIST sees light at the end of the tunnel
 A REALIST sees a freight train
 The TRAIN driver sees 3 idiots standing on the tracks.

Research has shown that laughing for 2 minutes is just as healthy as a 20 minute jog. So now I'm sitting in the park laughing at all the joggers.



... How I feel affects other people!!!

www.sportyking.com 708-805-9279 Sporty@SportyKing.com



ONLINE BROADCASTS FACEBOOK ... LINKEDIN ... YOUTUBE

Monday Morning Moment 8:00am EDT
1-2 minute inspirational message.

GLUE (God's Love Undoes Everything)
Wednesday 1:00pm EDT

30-45 minute interactive inspirational message.

GIFT (God Is For Today) Friday 11:00am EDT
8 - 12 minute sharing of my original poetry
and how to use it to inspire others...

and yourself.

HAPPY THIS YEAR!!!

I love you and I'll see you!!!

Happy LIFE Moments!!!

HAPPY BIRTHDATE ANNIVERSARY (TO YOU)!

My mother always said,
"You have one BirthDAY.

Every year after that is the
Anniversary...."

Anniversary...."

Each year I change the greeting on
MY Anniversary.

Here it is for those not listed on FB
or LI. If you're on FB or LI with
your DATE listed [Spoiler Alert]

you'll receive this greeting:

*Celebrating you today is not unu-
sual, yet it IS unavoidable.*

*Under no circumstances are you to
think you're only worthy of being
celebrated one day on a manmade
calendar. In fact... should someone*

wish you a Happy Belated...

*tell them they're not late,
you'll be this blessing all year.*



FLASHBACK EXIT POEMS FROM MY PAST

*In around 1975 my girlfriend's father bound this book
of blank pages because he enjoyed the poetry I created
for his daughter and she shared. I had almost forgotten
about this book because the pages are handwritten and
full (124). I'm so excited and warmed by how timeless
some of the messages are and, more importantly,
seeing/sharing my spiritual growth.*



AWAKENED

In solitude
I have found a satisfaction
Often forgotten in public

I have observed my style
I have kept intact my form
And I have cherished my serenity.

Yet, realizing the necessity
For a companion,
I have often sought your company.

For it is in your grace
with your finesse
through your responsive nature
That I find myself whole again.

For, in your company
I have found a satisfaction
Often forgotten in solitude...

© 1979 Used to model clothing in fashion show

FASHION: THE VICIOUS CYCLE

Man makes the
CLOTHES
Make the man...

Sportily dress to play
I have witnessed the resurgence
Of the egotistically overcompetitive little boy
in myself

..Brash, Rough, Energetic, Macho..

And it suits me fine.
For, though boyish, I am still a man.

Elegantly dressed to dine
I have witnessed the resurgence of the
patiently composed gentleman in myself

..Mild, Calm, Reserved, Mannered..

And it suits me fine.
For, though gentle, I am still a man.

Comfortably robed to relax
I have witnessed the resurgence of the
romantically confident lover in myself

..Suave, Aggressive, Fluent, Natural..

And it suits me fine.
For, though at east, I am still a man.

Clothes do make the man
In that they help exhibit his versatility
they establish the mood
they maintain the atmosphere
And they project the personality

..Be it Sporty..

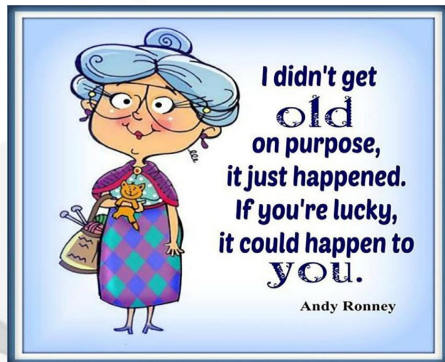
..Be it elegant..

..Be it Comfortable..

Clothes make the
MAN

Makes the clothes...

© 1979 Used to model clothing in fashion show

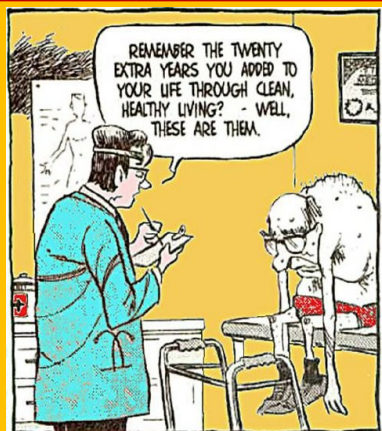


I am a strong person.
But once in a while,
I need someone to
hug me and tell me,
Everything is going
to be okay.

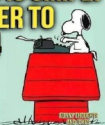
Happy & Grateful



Family's
Everything



MY NEW YEAR'S
RESOLUTION IS SIMPLY
TO REMEMBER TO
WRITE 2024
INSTEAD OF
2023.



When I look in the mirror
and see gray hair, tiny
wrinkles, and dimming
eyes I think, "They sure
don't make mirrors like
they used to."

I choked on a carrot this
afternoon and all I could think
was "I bet a donut wouldn't
have done this to me."