

The Golden Brick Road

How I Feel Affects Other People!!!

APRIL 2024

Reminding "Seasoned Citizens" (and you) to continue to laugh, learn and love their lives...

Why do eggs like April Fools' Day?

They love practical yolks.



RD

What do you call a hammer bought on April 1?

An April tool.



RD

Why was the donkey annoying his friend?

It was April Mules' Day.



RD

Babies born on March 31 are the easiest to prank on April Fools' Day.

They were literally born yesterday!



RD

To book Sporty to share his powerful and joy-filled message with your group: www.sportyking.com If you or someone you know would like to receive a copy of this newsletter by email, send request to Sporty@sportyking.com

So NOW it's time to take a seat... Clean yourself up... Enjoy!!!
APRIL is 3rd of the 12 best months for loving, living & laughing...

- Believe nothing and trust no one this April Fools' Day. So it's just like any other day.
- April Fools' Day is like a huge open mic night: Millions of people go out of their way to demonstrate how unfunny they are.
- What monster plays the most April Fools' jokes? Frankenstein.
- April Fools' Day is the favorite holiday of which animal? The silly goose!
- Did you hear about the guy who swapped the labels on the pumps at the gas station? It was an April Fuel's joke.
- Excuse me, sir. Do you think they named April Fools' Day in your honor?
- Which day is the worst to propose on? April Fools' Day.
- A couple of pranksters broke into the local police station and stole all the lavatory equipment. A spokesperson was quoted as saying, "We have absolutely nothing to go on."
- I don't always joke on April Fools' Day. Just kidding, I do.
- I'm going to pull an April Fools' Day prank on my landlord by not paying rent. Just kidding, rent isn't due today!
- Why was everyone so tired on April 1? Because they just finished a long 31-day March.
- What do you call a realistic prankster? A practical joker.
- Joke's on you, April Fools' Day. I can be fooled any day of the year.

HEALTH WATCH

©2014 Nate Fakes | www.nateramblings.com



Well, we just got married. ... If somebody has a sense of humor, it's gonna be an easier relationship to establish. ... So far, that's the case.

GREGG POPOVICH

on his relationship with Victor Wembanyama



NO JOKE!!!

My father never allowed me to wear my favorite player's name (in any sport) on my jersey. He said, "If you wear another man's name on your back they own you." Here I am in San Antonio, TX at a Spurs game with my custom-made jersey having never forgotten his guidance. So let's get quided along this month's **Golden Brick Road!!!** →

You're not getting senile. You're exercising your right to forget!

Even Moses had to write it down, and he had a whole 40 days of one-on-one tutoring from the best.

Welcoming Spring, here's a post I did on Face Book:

Forget 1-0-1... this is Landscaping: 100!!!

My first day of mowing the front lawn (getting my cardio in) and the splendor hit me! Not so hard that I lost my mind and tried to do the back too. That's for tomorrow's cardio.

It was first a video where, as I walked around my yard, I opened by stating, "I'm not being a Country Boy with a Green Thumb. I'm showing y'all I'm a City Boy with an Unseen Thumb and just how much I appreciate it... the Hand of God." I came back and posted these still-pictures with my commentary:



The green blades on your right were yellow flowers last week. They left and the white U-shaped white ones with yellow in the middle came up. But get ready to notice how the Unseen Thumb affects this scene... in the next picture.

Picture taken same day as last one. Not sure how much time in between yet noticed the grass color seeming different. Reminds me of perspective...

How you see things depends upon when you see them and from what angle...

Just went through and put some notes on this Unseen Thumb Hand of God Landscaping Company. Some plants are the same each year I've been here (since 2019) and some caught me by wonder. This is what life is about.

Have patience to know your landscape is being tended to. It won't even always look the same to you.



It's ok to have idols and mentors and messengers. Yet, it's also ok to see yourself as one. You are the star of your life regardless of the role you play in anyone else's. Embrace your role. Embrace your life.

How I feel affects other people!!!
It's your life. Who's playing (the role of) You, and who are your Co-Stars?

One day, when a seamstress was sewing while sitting close to a river, her thimble fell into the river. When she cried out, the Lord appeared and asked, "My dear child, why are you crying?" The seamstress replied that her thimble had fallen into the water and that she needed it to help her husband in making a living for their family. The Lord dipped His hand into the water and pulled up a golden thimble set with sapphires.

"Is this your thimble?" the Lord asked. The seamstress replied, "No."

The Lord again dipped into the river. He held out a golden thimble studded with rubies. "Is this your thimble?" the Lord asked. Again, the seamstress replied, "No."

The Lord reached down again and came up with a leather thimble. "Is this your thimble?" the Lord asked. The seamstress replied, "Yes."

The Lord was pleased with the woman's honesty and gave her all three thimbles to keep, and the seamstress went home happy.

Some years later, the seamstress was walking with her husband along the riverbank, and her husband fell into the river and disappeared under the water. When she cried out, the Lord again appeared and asked her, "Why are you crying?" "Oh Lord, my husband has fallen into the river!"

The Lord went down into the water and came up with Denzel Washington.

"Is this your husband?" the Lord asked. "Yes," cried the seamstress.

The Lord was furious. "You lied! That is an untruth!"

The seamstress replied, "Oh, forgive me, my Lord. It is a misunderstanding. You see, if I had said "no" to Denzel Washington, you would have come up with George Clooney. Then if I said "no" to him, you would have come up with my husband. Had I then said "yes," you would have given me all three. Lord, I'm not in the best of health and would not be able to take care of all three husbands, so THAT'S why I said "yes" to Denzel Washington.

And so the Lord let her keep him.

The moral of this story is:

Whenever a woman lies, it's for a good and honorable reason, and in the best interest of others.

That's our story, and we're sticking to it.

Signed, **Women**

New Drinking Warning Just Released

Vodka and ice will ruin your kidneys; Rum and ice will ruin your liver; Whiskey and ice will ruin your heart; Gin and ice will ruin your brain; Pepsi and ice will ruin your teeth. There you have it! ICE is flipping lethal. Warn all your friends: lay off the ice, just drink it straight. Share this immediately. You could save a life!!!

And don't forget what that damn thing did to the Titanic!!!

~ Warner Unknown (*but not on the rocks...*)

The Golden Brick Road

How I feel affects other people!!!
~ Sporty King

Grieving? Count each day, week, hour, moment... the healing process is self-paced and laced with question marks. Trust yourself and breathe!

Everyone heals at a different pace. That includes you! Please do not compare your recovery with someone else's. Their circumstances are different and (certainly) their sharing is. Some don't know where they really are in their process. All must be willing to comfortably know that you don't know... and have compassion.

← *****

How I feel affects other people!!!
~ Sporty King

I don't owe you as much for getting me out of a tough time as I appreciate you for not taking me to another.

Someone may pay your bill... yet require a higher return...
← *****

How I feel affects other people!!!
~ Sporty King

You're strong if you've stayed in an abusive relationship. Be strong enough to get out of it.

Someone who's afraid is already reciting enough stuff to keep themselves down and away from making a move toward victory. There are times where your empathy must clearly out-shine any trace of sympathy so that your support can help clear their path.

***** →

How I feel affects other people!!!
~ Sporty King

Don't support peoples' fears. Expand their imagination to overcome them.

Do you realize that also could mean a job you don't like? Now, don't read this and jump out. Read it and QUIT (Quench your Understanding that It's Time). Part of the strength you've shown has been your patience (aka goal setting). Time to start on your short term goal by believing you deserve better. Not in a haughty way, yet in a humble recognition of your growth appreciating the process you've gone through to survive one more day in a relationship that asked you not to grow. FLY (Fully Love You) Butterfly.

How I feel affects other people!!!
~ Sporty King

Just because you outgrow something doesn't mean you don't need it anymore. It's just time to add something else to your life.

I enjoy listening to the voices in my head. I don't regret any of my decisions or risks. Had I done different I could be dead already. So I stay the scenic route and thank God for my path.

← *****

How I feel affects other people!!!
~ Sporty King

I AM EXPENDABLE. When you recognize that, you'll enjoy more Moments.

Instead of fearing this affirmation, work toward moving forward while leaving shoes that don't need to be filled, yet a foot print on a path that helps others grow.
← *****

Have you ever played the game where the 1st person whispers

tally, or even closely, different opinions of who you are. That's because of the experience with which you've been brought into their lives to share. First be at peace with what they see based on what you've shared. Then choose what, when, why or how you'll share next (though not necessarily in that order).

How I feel affects other people!!!
~ Sporty King

You can't control how others say they see you. You can control how you define yourself.

the message into the 2nd's ear and by the time the 8th person is whispering into the 9th's ear the message has changed... which we don't find out until the last person repeats the [wrong] message out loud? When you are the Messenger your aim should be to deliver the right message... even if paraphrased into your words. Confirmation that you are understood is even more important to the original source of the message.

How I feel affects other people!!!
~ Sporty King

I don't focus on being liked. I focus on making sure my audience gets it right by looking for the sparks in eyes rather than smiles on faces.

How I Feel Affects Other People!!!
~ Sporty King

My expectation of God is what he gives me in the end... not how he treats me getting there.

How I feel affects other people!!!
~ Sporty King

Many BELIEVE "If it's for me God will give it to me." until they don't get something they want.

How I feel affects other people!!!
~ Sporty King

When you feel knocked down focus on what you can lift up. It's usually your spirit.

How I feel affects other people!!!
~ Sporty King

You are your message, and you've been sent here to reach someone.

How I feel affects other people!!!
~ Sporty King

Enjoy the quality of good that comes into your life because there'll usually be a quantity of bad.

How I feel affects other people!!!
~ Sporty King

"I love you." (I enjoy quoting God).

How I feel affects other people!!!
~ Sporty King

Ur tx n FB abbrevs cn bcum habit n hurt ur prof image. "alot" is NOT a word... even if you say or write it a lot.

Ur tx n FB abbrevs cn bcum habit n hurt ur prof image. "apart" means separated from... "a part" means included in.
←

4 ... How I feel affects other people!!!



THE FINAL INSPECTION

The [Service Member] stood and faced God,
 Which must always come to pass.
 He hoped his shoes were shining,
 Just as brightly as his brass.
 'Step forward now, [Service Member],
 How shall I deal with you?
 Have you always turned the other cheek?
 To My Church have you been true?'

The [Service Member] squared his shoulders and said,
 'No, Lord, I guess I ain't.
 Because those of us who carry guns,
 Can't always be a saint.
 I've had to work most Sundays,
 And at times my talk was tough.
 And sometimes I've been violent,
 Because the world is awfully rough.

But, I never took a penny,
 That wasn't mine to keep.
 Though I worked a lot of overtime,
 When the bills just got too steep.
 And I never passed a cry for help,
 Though at times I shook with fear.
 And sometimes, God, forgive me,
 I've wept unmanly tears.

I know I don't deserve a place,
 Among the people here.
 They never wanted me around,
 Except to calm their fears.
 If you've a place for me here, Lord,
 It needn't be so grand.
 I never expected or had too much,
 But if you don't, I'll understand.

There was a silence all around the throne,
 Where the saints had often trod.
 As the [Service Member] waited quietly,
 For the judgment of his God.
 'Step forward now, you [Service Member],
 You've borne your burdens well.
 Walk peacefully on Heaven's streets,
 You've done your time in Hell.'

~Author Unknown (Nation Thankful...)

**You know you're getting old
 when your vehicles heated seat
 is no longer for warmth... but
 instead for back pain.**

A Monk's Life

A young monk arrives at the monastery. He is assigned to helping the other monks in copying the old canons and laws of the church by hand. He notices, however, that all of the monks are copying from copies, not from the original manuscript. So, the new monk goes to the Old Abbot to question this, pointing out that if someone made even a small error in the first copy, it would never be picked up! In fact, that error would be continued in all of the subsequent copies.

The head monk, says, "We have been copying from the copies for centuries, but you make a good point, my son."

He goes down into the dark caves underneath the monastery where the original manuscripts are held as archives in a locked vault that hasn't been opened for hundreds of years. Hours go by and nobody sees the Old Abbot. So, the young monk gets worried and goes down to look for him. He sees him banging his head against the wall and wailing.

"We missed the R!" "We missed the R!" "We missed the R!"
 His forehead is all bloody and bruised and he is crying uncontrollably. The young monk asks the old abbot, "What's wrong, father?"

With a choking voice, the old Abbot replies, "The word was... CELEBRATE!"

~ Unknown (... R-R-R!)

NURSERY RHYMES UPDATED FOR THE 21ST CENTURY

Humpty Dumpty sat on a wall
 Humpty Dumpty had a great fall
 The structure of the wall was incorrect
 So he won ten grand with Claims Direct.

Jack and Jill went into town
 To fetch some chips and sweeties
 Now he can't keep his heart rate down
 And she's got diabetes.

~ Anonymous

Thanks Tommie W/Chi

Little boy tells his nursery teacher he found a dead cat.

"How did you know it was dead?" asks the teacher.

"Because I pissed in its ear & it didn't move" says the boy.

"You did what!?" shrieks the teacher.

"You know" explains the boy, "I leant over & went Pssst & it didn't move!"

Hundred bucks says there's a coyote under there!



which one does not belong?

53 15 81
 90 69 99

Answer on Page 5

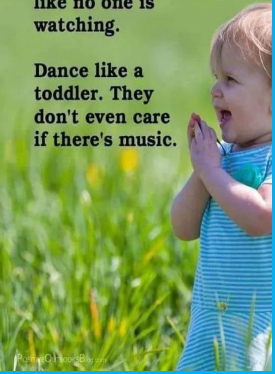
You're not getting senile. You're exercising your right to forget!

YOU ARE NOT ALONE! EVERYONE'S GOT SOME KIND OF CHALLENGE & VICTORY!



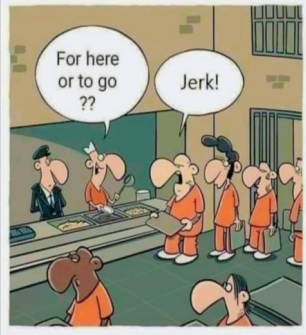
Forget dancing like no one is watching.

Dance like a toddler. They don't even care if there's music.



Politics can be a great compromise for Candidates or weapon of division for the public. I believe most candidates go in wanting to make change for the better. However, they meet so many who've already made trades or owe favors that it's hard to stay on track. Imagine having to keep a straight face or calm spirit while in chambers with some of the characters we see in the News. Now imagine what it's like going up against their seniority with a fair concern. Next, look at how we bicker about policies and conditions that need cooperation more than blame. Hmm... Pray for Everyone! It's not easy having people's lives in your hands...

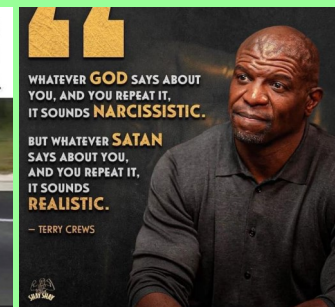
How I feel affects other people!!!
 - Sporty King
Pray for our politicians.
 It's not easy having people's lives in your hands.
Hopefully you voted or will!
In fact, if you didn't/don't, we need your prayers even more.



Doctor says I have to cut out drinking.



I've never tried to outrun a police car. But, if this shows up behind me, yeah, I'm taking my chances.

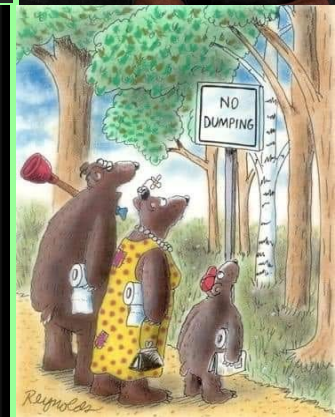


Not sure why "you've made your bed, now lie in it" is supposed to be a bad thing. It sounds pleasant. I'll even lie in a bed I didn't make.

Women only fart in front of men they love..
If you haven't heard her fart..
You don't have her heart.



A man walks into an enchanted forest and tries to cut down a talking tree. "You can't cut me down," the tree exclaims, "I'm a talking tree!" The man responds, "You may be a talking tree, but you will dialogue."



PUZZLE ANSWER FROM PAGE 4:
 Each of the six numbers is divisible by 3 except number 53. So the number 53 is the correct answer.
 ~ puzzlesandmore4u@gmail.com
 Meanwhile, that's not how I got it right. I figured out that when you added the digits together or left them alone, the numbers **6 or 9 would be involved** (1+5=6; 8+1=9)... while 5+3=8.
 Remember, it's not always how you get to 'right,' as much as it is that you do. And we have to allow ourselves the creative freedom to appreciate the journey. YOU will get there, as you have before.

... How I feel affects other people!!!

www.sportyking.com 708-805-9279 Sporty@SportyKing.com



ONLINE BROADCASTS
FACEBOOK ... LINKEDIN ... YOUTUBE

Monday **MIDDAY Moment** 3:00pm EDT
1-2 minute inspirational message.

GLUE (God's Love Undoes Everything)
Wednesday 1:00pm EDT

30-45 minute interactive inspirational message.

GIFT (God Is For Today) Friday 11:00am EDT

*8 - 12 minute sharing of my original poetry
and how to use it to inspire others...
and yourself.*

HAPPY THIS YEAR!!!

I love you and I'll see you!!!

Happy LIFE Moments!!!

Though I wish you April Showers to bring May Flowers, and a Happy Administrative Assistants Day (April 24)... Remember to never reduce celebration into Calendar Annuals, when you can celebrate LIFE Moments. Find and retain reasons to enjoy this gift of life as often as possible.

EVERY LIFE, A YOUNG LIFE

Does Mom lose her title as the years go by...

Can Dad no longer be someone's brother?

When God summons us to His home

It's not because we're old, young or "other."

For each of us starts the day anew

With memories of lessons, not regrets.

Today is another chance for me to be a part of your life

To let my memory help you pass another test.

It's called the test of time,

And we've all passed it.

Eventually, it passes us all

Though I'll not be there now when you call me, smile

For you were always there when I called

Every life is a young life

For we each wake to start a new day.

So let's rejoice and make the most of the time we share,

For our memories will never go away.

© 1998 Sporty King

Sometimes in life,
we just need a HUG.
No words. No advice.
Just a hug to make
you feel better.



Every New Year's Eve I tell myself, "Deborah, next year you're gonna stay away from wine!"



I'm lucky my name isn't Deborah!

THE ALPHABET GAME

Work your way through the alphabet giving someone's name for each pair of letters:

AB (Angela Bassett), BC (Barry Clark),

CD (Clyde Davis), DE (Donna Ellis)...

You don't have to actually know the person, but it's more fun if you do. Then create variations - make the pair men only, women only, children only, movie stars ... about positive messages:

AB (Always Believe), BC (Better Choices),

CD (Count Days), DE (Desire Excellence)...

The harder you make the challenge the more you do for your brain exercise and staying positive. But you must not focus on how hard it is ... focus on how much fun it is to celebrate each pair and why you thought of it.

Just think: A-Z, I celebrate being Me!

~ I don't remember where I found this...

How I feel affects other people!!!

~ Sporty King

**Growth, Reciprocity, Action,
Creativity, Excellence**

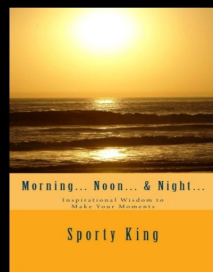
GRACE

It's the base of your business, and life.

**For with GRACE you systematically
move yourself into the light of success!!!**

© Morning... Noon... & Night...

How I feel affects other people!!!



This collection of over 100 of my inspirational quotes is sure to give you memorable lessons that you can apply and share in your daily dealing with destiny.

www.sportyking.com

